

In-Home Recovery Program
Training and Technical Assistance Scope of Work

1. Introductory Training: Providing in-home substance use treatment and parent/child dyadic therapy to parents involved in child protective service system (if necessary)

The contractor will provide an introductory training on the provision of in-home substance use treatment and parent-child dyadic therapy for the In-Home Recovery Program (IHRP) staff and Ocean County Department of Children and Families. The training, which will take place for a period of 24 to 28 hours via zoom, will provide an introduction to the basic constructs and techniques which inform the Family Based Recovery program. Modules will address the theoretical framework, guiding programmatic principles, substance use treatment interventions and the provision of parent/child dyadic therapy.

The contractor will provide training materials including training binders, manuals and supplies.

Estimated Cost: \$9,000 - \$10,000

2. Ongoing Technical Assistance(TA) and In-State TA Training

Phase 1: Months 0-3 post training

I. Reflective Consultation for Clinical Staff and Site Supervisor:

- a. Two certified consultants (1-parent/child, 1 substance use) will provide weekly clinical consultation phone calls with IHRP teams. Total weekly phone time is 2.5 hours.
 - The site supervisor will have one 30-minute call per week.
 - Each team, including the supervisor, will have one 60-minute phone call per week.
 - Both consultants will review in advance of the call clinical treatment notes, and model-specific tools and measures that have been administered.
 - Consultants will be prepared to facilitate and lead model-related discussions based on materials received.
- b. Consultants will be available by email for questions that need to be addressed sooner than the consultation call.

II. Training In-State TAs

- a. TAs will have weekly phone calls/trainings with consultants. Areas of focus:
 - Model fidelity
 - Areas to be addressed during consultation calls with team
 - Review case summaries, tools and measures together to identify areas to be addressed
- b. TA will participate in consultants calls with teams

Phase 2: Months 3-6 post training

- I. Consultation and TA training continues as outlined in Phase 1 with In-State TAs transitioning to primary consultants.

Phase 3: Months 7-12 post training

I. Model Fidelity Support and Guidance

- a. Certified consultants will provide monthly consultation to In-State TAs and IHRP supervisor.
- b. The contractor will provide training to In-State TAs on how to conduct the IHRP Introductory Training sessions.

Estimated Cost: \$20,000

3. Reflective Practice Support and Training

IHRP clinicians and supervisor will obtain training on reflective practice.

- I. Two certified consultants will provide groups to IHRP staff
 - a. Two groups will be created
 - b. Held monthly for two hours
 - c. Start in Phase II

- II. Areas of focus will be:
 - a. Explore the parallel process: child and families' emotional experiences and staff's emotional response to family
 - b. Increase capacity to maintain a curious stance with families.
 - c. Provide opportunity to discuss challenges in providing relationally based treatment.
 - d. Provide opportunity to receive and give support to others doing similar work.

Estimated Cost: \$2,400