Bamboo is a popular sustainable material. Its cultivation requires no pesticides. It grows very fast, shooting out of the ground at an average of 1.5 inches per hour and it does not require re-cultivation as it regenerates from the root. While being durable, bamboo is also biodegradable and 100% compostable, making it a great sustainable building material.

In order for a material to be considered sustainable it has to be:

- Natural
- Renewable
- Harmless and Non-toxic

Purchase high quality consumer products made from Bamboo and Green Your Life!

- Flooring
- Furniture and work tops
- Kitchen utensils, chopping boards, cutlery, chopsticks, serving trays and storage jars
- Sports equipment such as skateboards, snowboards and bike frames
- Bathroom necessities – towels, toothbrushes, cotton buds and hairbrushes
- Cases for mobile phones
- Re-usable items like coffee cups, flasks, drinking straws, plates, and bowls
- Items of clothing like t-shirts, underwear and socks
- Toilet paper and kitchen towels

Learn more about sustainable building materials by visiting the Rutgers Center for Green Building at: rcgb.rutgers.edu/