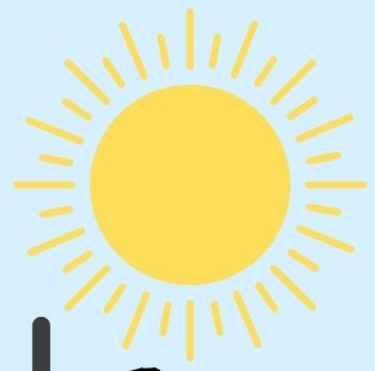




NEW JERSEY
DEPARTMENT OF
ENVIRONMENTAL
PROTECTION

JULY



S	M	T	W	T	F	S
						1
2	3	4 Independence Day	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31				ERASE FOOD WASTE NEW JERSEY	



July Challenge:

Follow these tips to help avoid food waste this BBQ season:

- Purchase and prepare only what you plan to eat.
- Freeze any unused hotdog and hamburger buns while they are still fresh to be toasted at a later date.
- Blend uneaten fruits and vegetables into breakfast smoothies.
- Repurpose unutilized proteins and save any other leftovers for another meal.