


# JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>NEW JERSEY DEPARTMENT OF ENVIRONMENTAL PROTECTION</b>				1 First Day of Pride Month	2	3
4	5	6	7	8	9	10
11	12	13	14 Flag Day	15	16	17
18 Father's Day	19 Juneteenth	20	21	22	23	24
25	26	27	28	29 Eid al-Adha	30	



## June Challenge:

- This month practice self care with products made from food scraps!
- Coffee grounds and olive oil make an amazing body scrub.
  - Rinsing your hair with rice water promotes hair growth.
  - Overripe avocados and honey make a rejuvenating face mask!
  - Egg whites can be used to strengthen hair and treat acne.