



May 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 First Day of Asian Pacific American Heritage Month	2	3	4	5 Cinco De Mayo	6
7	8	9	10	11	12	13
14 Mother's Day	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29 Memorial Day	30	31	 NEW JERSEY DEPARTMENT OF ENVIRONMENTAL PROTECTION		

May Challenge:

This month, make it a habit to taste and smell food to check for signs of spoilage before discarding - don't just rely on the date label. Most date labels are not indicators of safety. Instead, they specify when a product is at maximum quality or flavor. Because of this misconception about date labels, food that is still safe to eat is often thrown away. For more information about date labels, visit <https://www.nj.gov/dep/dshw/food-waste/>.

