

WATERBODY SPECIFIC







ADVISORIES

Lake Carasaljo at Lakewood






Ocean County

WATERBODY SPECIFIC ADVISORIES

Also see statewide advisories below

Fish Identification	Species	General Population <u>EAT NO MORE THAN:</u>	High Risk Population <u>EAT NO MORE THAN:</u>	<i>New</i> -New Advisory <i>Revised</i> - Advisory changed <i>Update</i> - New data-No change in advisory
	Largemouth Bass	One meal per week	One meal per month	
	Pumpkinseed Sunfish	No restrictions	One meal per week	
	Chain Pickerel	One meal per week	One meal per month	
	Brown Bullhead	No restrictions	One meal per week	

STATEWIDE FRESHWATER ADVISORIES

Species	General Population Eat No More Than	High-Risk Individuals Eat No More Than
 Trout - (Brown, Brook Rainbow and Hybrid)	One meal per week	One meal per week
 Smallmouth Bass	One meal per week	One meal per month
 Sunfish (bluegill and redbreast)	No restrictions	One meal per week
 Yellow Bullhead	No restrictions	One meal per month
 Common Carp	One meal per month	Do Not Eat

** Important Consumption Reminders **

- (1) High-Risk Individuals include infants, children, pregnant women, nursing mothers and women of childbearing age.
- (2) One meal is defined as an eight-ounce serving
- (3) Eat only the fillet portions of the fish. Use proper trimming techniques to remove fat, and cooking methods that allow juices to drain from the fish (e.g., baking broiling, frying or grilling, and steaming). See text for full description.
- (4) Sunfish includes bluegill, pumpkinseed, and the redbreast sunfish species.
- (5) **No Harvest** means no taking or attempting to take any blue crabs from these waters.

Notes: Not all fish species available were collected and/or analyzed from all waterways

June 2018