TRAILS OF MT. PAUL AT KITTATINNY VALLEY STATE PARK
Mt. Paul is a 1,170 acre parcel of New Jersey State Park lands managed by Kittatinny Valley State Park. There are 10 official trails within Mt. Paul. Trails are primarily for hiking and mountain biking.

**Blue Trail**
- Blue • 0.75 miles • Multi-use
- Moderate • Trail connects to Lancer Street on west side of park
- **Trailhead** Lancer Street
- **Description** Travels west across the park and connects to Green and Highlands trails. It travels across mostly flat forested terrain and ends at the western boundary of the park on Lancer Street.

**Charcoal Trail**
- Black • 0.4 miles • Multi-use
- Easy • Flat and winding two-track
- **Trailhead** Yellow Trail or White Trail.
- **Description** Charcoal Trail is a short two-track through flat forested terrain.

**Green Trail**
- Green • 1.3 miles • Multi-use
- Moderate • Hillside trail west of lake
- **Trailhead** Small parking pull out on west side of gravel access road approximately 0.3 miles from Ridge Road.
- **Description** Green Trail begins as a grass and dirt two-track and heads south along a hillside. The trail passes through densely forested terrain.

**Highlands Trail**
- Teal • 2 miles • Multi-use
- **Trailhead** Packing areas at Ridge Road or Split Rock Mountain Trailhead.
- **Description** Highlands Trail traverses Mt. Paul on single-track through densely forested terrain.

**Lake Trail**
- Orange • 0.65 miles • Multi-use
- Easy • Follows lake edge
- **Trailhead** Along northwestern side of Stony Brook Lake.
- **Description** Lake Trail follows the edge of Stony Brook Lake. Along the south side, the trail passes the outlet dam and ends when it meets the gravel access road.

**Red Trail**
- Red • 0.5 miles • Multi-use
- Moderate • Short trail along drainage
- **Trailhead** Highlands Trail or Yellow Trail. Red Trail heads southwest on single-track for 0.2 miles following a small drainage. The trail makes a sharp turn to the east and crosses boulder covered terrain.

**Split Rock Trail**
- Red • 1.2 miles • Multi-use
- Moderate • Hilly natural trail
- **Description** Gravel road near Russia Road gate.
- **Trailhead** Gravel road east of Stony Brook Lake.
- **Description** White Trail travels along the broad ridgeline on the eastern boundary of the park. As the trail leaves the Stony Brook creek drainage, it climbs 300 feet through forested terrain and then flattens for much of its route. Passing Charcoal Trail, it continues southwest to end at Sparta Mountain Road.

**Yellow Trail**
- Yellow • 1.2 miles • Multi-use
- Moderate • Hillside trail south and east of lake
- **Trailhead** Gravel access road east of Stony Brook Lake. Yellow Trail travels south and gradually ascends a hillside on a woods road. As it continues to the south, the trail gains a broad hilltop and passes many of the other trails in the park, including Blue, Violet, Charcoal and Red. The trail ends when it intersects with Charcoal Trail.