

WHAT IS HOFNOD?

Hooked On Fishing—Not On Drugs

is a unique, nationally recognized drug prevention program of the Future Fisherman Foundation (F3). It is presented by trained instructors at the grassroots level in lessons that are geared towards K-12 students.

The goal of New Jersey's program is to support schools, faith- and community-based youth organizations interested in providing outdoor recreational opportunities like fishing, learning about and appreciating natural resources as an alternative to tobacco, drug and alcohol use.

NJDEP Division of Fish & Wildlife seeks to partner with youth organizations willing to provide **on-going** and sustained engagement in HOFNOD activities throughout the year or program cycle.



Fishing is an outdoor recreational activity that can be started at any age and by any person regardless of gender, physical size or athletic ability. It can be enjoyed with family and/or friends and allows all participants to be treated as equals. Fishing can foster positive social behaviors and life skills. And there is no better way to introduce a young person to fishing than through the "Hooked On Fishing—Not On Drugs" (HOFNOD) program.

*"Give a man a fish and you feed him for a day.
Teach a man to fish and you feed him for a lifetime."
-Chinese Proverb-*

This is an excellent program for helping young people develop a positive sense of self-worth by:

- building self-esteem and confidence;
- developing critical thinking and problem-solving skills;
- nurturing activities for young people instead of the pitfalls of drug and alcohol use;
- fostering opportunities to learn about fresh water & marine careers

During the program, students learn about:

- freshwater and marine environments;
- outdoor ethics and stewardship of their local environment and water resources;
- respect for themselves and others;
- how, when and where to fish; and
- preparing and cooking their catch.

Adult-led sessions provide students with hands-on experiences and incorporates peer teaching and mentoring in the process. Guest experts can be used to teach classes on fly tying and fly casting, spearfishing, SCUBA diving, kayaking and boating safety.

Available funding through Division of Fish & Wildlife can be requested to offset the cost of staff training and materials, fishing and program gear, and transportation for youth fishing trips.

The core message of the program is that you don't need to use tobacco, alcohol or drugs to have fun! "Hooked On Fishing—Not On Drugs" has been a huge success nationally. It's the type of program that not only will help reduce drug and alcohol use in youth, but will also bring families closer, by giving them something they can all participate in together.

The mission of the New Jersey Division of Fish and Wildlife is to protect and manage the State's fish and wildlife to maximize their long-term biological, recreational and economic values for all New Jerseyans.

Agency Goals

- To maintain New Jersey's rich variety of fish and wildlife species at stable, healthy levels and to protect and enhance the many habitats on which they depend.
- To educate New Jerseyans on the values and needs of our fish and wildlife and to foster a positive human/wildlife co-existence.
- To maximize the recreational and commercial use of New Jersey's fish and wildlife for both present and future generations.

For more information about how to get hooked, call 908-637-4125 or e-mail Liz.Jackson@dep.state.nj.us.

You may also visit us on the web at www.njfishandwildlife.com



Established in 1986, the Future Fisherman Foundation unites the sportfishing industry and a nationwide network of state outdoor educators, national conservation groups and youth organizations dedicated to introducing America's youth to angling and the outdoors. These efforts help people of all ages have safe and enjoyable fishing experiences that foster conservation ethics. For more information, visit www.futurefisherman.org.

HOW CAN I GET INVOLVED?

The "Hooked On Fishing—Not On Drugs" program is flexible enough to be offered in different ways, such as:

- a weekly enrichment activity in summer youth programs;
- an on-going educational PE activity during school time or in afterschool settings;
- integrated into school curricula; or
- as a year-round supplemental program by community-based youth organizations.



HOFNOD Facilitators

Facilitators train and support Group Leaders in using the HOFNOD program with youth. HOFNOD Facilitators attend in-depth training in aquatic natural resources and using the environment as a context for teaching and learning. Through training sessions, prospective facilitators become versed in **how to teach and engage youth** in fishing and hands-on conservation education that ultimately fosters appreciation for their local environment. Facilitators receive a kit chock full of teaching materials and supplies. Facilitators are also compensated for workshops they lead.

HOFNOD Group Leaders

Group leaders are affiliated with community-based youth organizations to engage them at the grass-roots level in a multi-session approach in a HOFNOD program. During a 1-day training, leaders experience the program by sampling lessons, learning about habitat and aquatic resources, doing hands-on field investigations and learning or improving on their fishing skills. Group leaders have the opportunity to request small grants for program support.

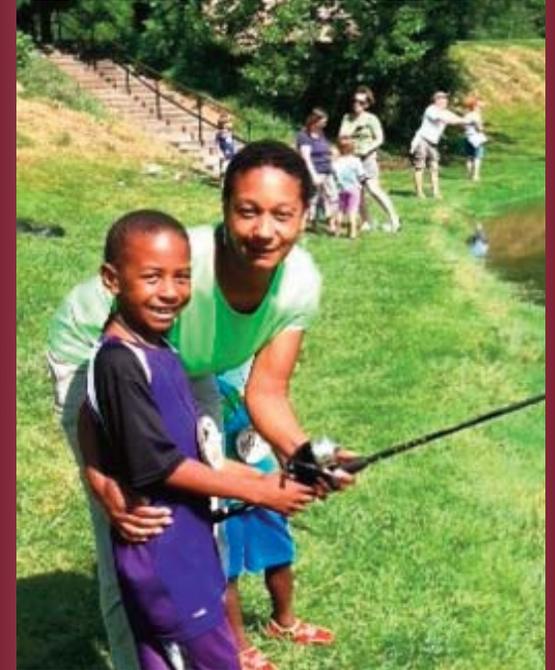
To learn more about the program, visit njfishandwildlife.com/hofnodnj.htm



HOFNOD Program
Pequest Natural Resource Education Center
605 Pequest Road, Oxford NJ 07863

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NEW JERSEY HOOKED ON FISHING- NOT ON DRUGS



NJDEP Division of Fish & Wildlife is dedicated to developing youth fishing programs in every county in New Jersey.