NEW JERSEY ARMY NATIONAL GUARD

NJ ARMY NATIONAL GUARD
PSYCHOLOGICAL HEALTH PROGRAM:
NEW EMBEDDED BEHAVIORAL HEALTH PROGRAM

PEOPLE | READINESS | RESILIENCE | STRONGER TOGETHER

PROGRAM MISSION



To increase accessibility to behavioral health support, psychoeducation briefings, while directly supporting units by reducing barriers to care and strengthening overall unit readiness and mental wellness.

PROGRAM BENEFITS

- To **increase overall** Readiness
- Decrease behavioral health related hospitalizations
- Enhance coping strategies for managing stress
- Strengthen leadership through mental health training
- Provide greater awareness and understanding of behavioral health issues
- Foster a supportive environment, where soldiers feel safe to seek help and support

SERVICES OFFERED

- BEHAVIORAL HEALTH
- EDUCATION/ UNIT BRIEFINGS
- INDIVIDUAL SUPPORT
- COMMUNITY RESOURCE REFERRALS/ EDUCATION
- CRISIS INTERVENTION
- TRAINING AND ENGAGEMENT OF UNIT SUICIDE INTERVENTION OFFICER (SIO)

INTRODUCING CPT ASA PARIS

Dr Asa Paris is a Licensed Clinical Social Worker (LCSW) and Licensed Clinical Drug and Alcohol Counselor (LCADC) in New Jersey, as well as in both New York and Pennsylvania.

He brings more than three decades of experience, in adult corrections, beginning as a corrections police officer in 1991 and culminating in 2025 as correctional police deputy warden.

Dr Paris is a trauma focus, cognitive behavioral psychotherapist, and addiction specialist in private practice, serving both adolescents and adults.

PLEASE CONTACT CPT KEVIN BALL

PROGRAM DIRECTOR

Call/Text: 609-864-0126 | Email: kevin.m.ball13.mil@army.mil

AVAILABLE FOR WEEKEND VISITS TO ALL UNITS, CONFIDENTIAL SUPPORT, MUST SCHEDULE AHEAD!