

NEW JERSEY VETERANS MEMORIAL HOME MENLO PARK CYCLE 1						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1/4/2026	1/5/2026	1/6/2026	1/7/2026	1/8/2026	1/9/2026	1/10/2026
Assorted Juice	Assorted Juice	Assorted Juice	Apple Juice	Assorted Juice	Assorted Juice	Assorted Juice
Rice Krispies or Farina	Special K or Oatmeal	Raisin Bran or Grits	Cheerios or Farina/Prunes	Corn Flakes or Oatmeal	Assorted Cereals or Grits	Bran Flakes or Farina
Pancakes/Butter Fruit Topping	Scrambled Egg Ham & Cheese on a bun	Scrambled Eggs Hash Browns	French Toast Bacon	Fried Egg/ Sausage Patty Bagel/Cream Chz/Jelly	3-Cheese Omelets Toast/Butter/Jelly	Boiled Egg Fresh Corn Bread
Banana		Banana	Butter/Syrup	Banana	Coffee/Tea/Milk	Butter
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk		Coffee/Tea/Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Sliced Italian Sausage Over Tri-Color Pasta	Tomato Soup Grilled Cheese w/Tomato	Salisbury Steak Mashed Potatoes/Gravy	Chicken Parm/Marinara Over Spaghetti	Turkey A La King Over Egg Noodles	Fish and Chip Platter Malt Vinegar/ketchup	Baked Ziti w/Meat Sauce
Garlic Bread Roll	Sweet Potato Fries	Carrots	Cucumber/Tom Salad	V-8 Juice	Lemon	Caesar Salad
Garden Salad	Pickels	Assorted Pies	Dinner Roll /Butter	Brownie	Coleslaw	Garlic Bread Dinner Roll
Pears	Ambrosia	Coffee/Tea/Milk	Peaches	Coffee/Tea/Milk	Sherbet	Assorted Fruit
Coffee/Tea/Milk	Coffee/Tea/Milk/		Coffee/Tea/Milk		Coffee/Tea/Milk	Coffee/Tea/Milk
Lunch Substitute	Lunch Substitute	Lunch Substitute	Lunch Substitute	Lunch Substitute	Lunch Substitute	Lunch Substitute
Pierogies & Onions Red Cabbage/Garden	Chicken Fingers Sweet Potato Fries/Hon Must	Broccoli & Cheese Quiche Carrots	Lemon Pepper Sole/Bkd Swt Pot Butter/Tom Salad	Grilled Chicken Quesadilla Beans/ Salsa/ SC	BBQ PORK RIBS Coleslaw/Fries	Hot Pastrami Sandwich/Fries Caesar Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cream of Mushroom Chicken Filet Sandwich Lett/Tom/On 3 Bean Salad Frozen Yogurt Coffee/Tea/Milk	Vegetable Herb Crusted Cod fish/Lemon Rice Pilaf Fresh Zucchini & Squash Fruit Cocktail Coffee/Tea/Milk	Manhattan Clam Chowder Veal Cutlet Sandwich On Kaiser Roll Broccoli Red & Green Grapes Coffee/Tea/Milk	Split Pea Pepper Steak Steamed White Rice Assorted Puddings Coffee/Tea/Milk	Chicken Noodle Soup 2 Hot Dogs On Bun W Kraut BBQ Baked Bean Ketchup/ Must Carrot/Raisin Salad Fresh Fruit Soda/Coffee/Tea/Mil k	Beef Barley soup Stuffed Cabbage Tomato Sauce Fresh Mashed Pot Mandarin Oranges Coffee/Tea/Milk	Minestrone Herd Roasted Chicken Mixed Vegetables Rice &Red Beans Assort Danish Coffee/Tea/Milk
Dinner Substitute	Dinner Substitute	Dinner Substitute	Dinner Substitute	Dinner Substitute	Dinner Substitute	Dinner Substitute
Meat Lasagna 3 Bean Salad	Philly Cheesesteak Sand w/Onions Peppers	Cottage Cheese & Fruit Wheat Bread/butter	Oriental Chicken Salad Dinner Roll /Butter	Grilled Ham & Cheese W/BBQ Baked Beans	Garden Burger w/Cheese L/T/O Bag od Chips	Sloppy Joe Kaiser Roll/veg mixed
Sandwich of the Day	Sandwich of the Day	Sandwich of the Day	Sandwich of the Day	Sandwich of the Day	Sandwich of the Day	Sandwich of the Day
Liverwurst & Onion	Roast Beef & Swiss	Egg Salad	Turkey & Cheese	Tuna Fish Salad	Chicken Salad	Pepperoni & Provolone

We offer the Sandwich of the Day, Ham and Cheese Sandwich, Tuna Fish Sandwich, Pizza, Hot Dogs, Grilled Cheese, Peanut Butter and Jelly Sandwich, Cream Cheese and Jelly Sandwich, Cheese Sandwich, or a Hamburger as an alternative item for Lunch and Dinner, instead of the Main Meal or Substitute

Menu Planning Meeting First Wednesday of the month in Water Edge Dining Room 1:30pm