

NEW JERSEY VETERANS MEMORIAL HOME MENLO PARK CYCLE 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1/4/2026	1/5/2026	1/6/2026	1/7/2026	1/8/2026	1/9/2026	1/10/2026
Assorted Juice Rice Krispies or Farina Pancakes/Butter Fruit Topping Banana Coffee/Tea/Milk	Assorted Juice Special K or Oatmeal Scrambled Egg Ham & Cheese on a bun Coffee/Tea/Milk	Assorted Juice Raisin Bran or Grits Scrambled Eggs Hash Browns Banana Coffee/Tea/Milk	Apple Juice Cheerios or Farina/Prunes French Toast Bacon Butter/Syrup Coffee/Tea/Milk	Assorted Juice Corn Flakes or Oatmeal Fried Egg/ Sausage Patty Bagel/Cream Chz/Jelly Banana Coffee/Tea/Milk	Assorted Juice Assorted Cereals or Grits 3-Cheese Omelets Toast/Butter/Jelly Coffee/Tea/Milk	Assorted Juice Bran Flakes or Farina Boiled Egg Fresh Corn Bread Butter Coffee/Tea/Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Sliced Italian Sausage Over Tri-Color Pasta Garlic Bread Roll Garden Salad Pears Coffee/Tea/Milk	Tomato Soup Grilled Cheese w/Tomato Sweet Potato Fries Pickels Ambrosia Coffee/Tea/Milk/	Salisbury Steak Mashed Potatoes/Gravy Carrots Assorted Pies Coffee/Tea/Milk	Chicken Parm/Marinara Over Spaghetti Cucumber/Tom Salad Dinner Roll /Butter Peaches Coffee/Tea/Milk	Turkey A La King Over Egg Noodles V-8 Juice Brownie Coffee/Tea/Milk	Fish and Chip Platter Malt Vinegar/ketchup Lemon Coleslaw Sherbet Coffee/Tea/Milk	Baked Ziti w/Meat Sauce Caesar Salad Garlic Bread Dinner Roll Assorted Fruit Coffee/Tea/Milk
Lunch Substitute	Lunch Substitute	Lunch Substitute	Lunch Substitute	Lunch Substitute	Lunch Substitute	Lunch Substitute
Pierogies & Onions Red Cabbage/Garden	Chicken Fingers Sweet Potato Fries/Hon Must	Broccoli & Cheese Quiche Carrots	Lemon Pepper Sole/Bkd Swt Pot Butter/Tom Salad	Grilled Chicken Quesadilla Beans/ Salsa/ SC	BBQ PORK RIBS Coleslaw/Fries	Hot Pastrami Sandwich/Fries Caesar Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cream of Mushroom Chicken Filet Sandwich Lett/Tom/On 3 Bean Salad Frozen Yogurt Coffee/Tea/Milk	Vegetable Herb Crusted Cod fish/Lemon Rice Pilaf Fresh Zucchini & Squash Fruit Cocktail Coffee/Tea/Milk	Manhattan Clam Chowder Veal Cutlet Sandwich On Kaiser Roll Broccoli Red & Green Grapes Coffee/Tea/Milk	Split Pea Pepper Steak Steamed White Rice Assorted Puddings Coffee/Tea/Milk	Chicken Noodle Soup 2 Hot Dogs On Bun W Kraut BBQ Baked Bean Ketchup/ Must Carrot/Raisin Salad Fresh Fruit Soda/Coffee/Tea/Mil k	Beef Barley soup Stuffed Cabbage Tomato Sauce Fresh Mashed Pot Mandarin Oranges Coffee/Tea/Milk	Minestrone Herd Roasted Chicken Mixed Vegetables Rice &Red Beans Assort Danish Coffee/Tea/Milk
Dinner Substitute	Dinner Substitute	Dinner Substitute	Dinner Substitute	Dinner Substitute	Dinner Substitute	Dinner Substitute
Meat Lasagna 3 Bean Salad	Philly Cheesesteak Sand w/Onions Peppers	Cottage Cheese & Fruit Wheat Bread/butter	Oriental Chicken Salad Dinner Roll /Butter	Grilled Ham & Cheese W/BBQ Baked Beans	Garden Burger w/Cheese L/T/O Bag od Chips	Sloppy Joe Kaiser Roll/veg mixed
Sandwich of the Day	Sandwich of the Day	Sandwich of the Day	Sandwich of the Day	Sandwich of the Day	Sandwich of the Day	Sandwich of the Day
Liverwurst & Onion	Roast Beef & Swiss	Egg Salad	Turkey & Cheese	Tuna Fish Salad	Chicken Salad	Pepperoni & Provolone

We offer the Sandwich of the Day, Ham and Cheese Sandwich, Tuna Fish Sandwich, Pizza, Hot Dogs, Grilled Cheese, Peanut Butter and Jelly Sandwich, Cream Cheese and Jelly Sandwich, Cheese Sandwich, or a Hamburger as an alternative item for Lunch and Dinner, instead of the Main Meal or Substitute

Menu Planning Meeting First Wednesday of the month in Water Edge Dining Room 1:30pm