



STATE OF NEW JERSEY

DEPARTMENT OF EDUCATION

A Memo from the New Jersey Department of Education

Date: February 22, 2023
To: Local Educational Agency Leads, Administrators of Approved Private Schools for Students with Disabilities
Route To: District Directors of Special Education, Teachers, Child Study Team Members
From: Kathy Ehling, Assistant Commissioner
Division of Educational Services
Deadline: March 3, 2023

Professional Development Opportunity on Addressing Anxiety and Challenging Behaviors in Preschool and Elementary Students

The Office of Special Education Learning Resource Center Network, in collaboration with William Paterson University, is pleased to offer three free 90-minute online trainings to address anxiety and challenging behaviors in young children. Parts one and two of the series will discuss any rise in anxiety among children caused by the COVID-19 pandemic. Coping strategies for teachers and parents to assist their students will also be shared. Part three will discuss the relationship between anxiety and challenging behaviors and provide seven strategies to support young students in the preschool and elementary school setting. Training sessions will be held after school hours to accommodate educator schedules.

Who Should Apply?

Teachers and other school professionals from grades PK-6 who support students with challenging behaviors. Please register early for these free trainings as space is limited.

Schedule of Trainings

1. March 08, 2023, 4 p.m. to 5:30 p.m.
2. March 29, 2023, 4 p.m. to 5:30 p.m.
3. April 19, 2023, 4 p.m. to 5:30 p.m.

Registration Link

To apply, please visit the [DOE calendar of events](#) page and complete the registration form.

Contact Information

For additional information, please email lrcnsat@doe.nj.gov.

c: Members, State Board of Education
NJDOE Staff
Statewide Parent Advocacy Network
Garden State Coalition of Schools
NJ LEE Group