



SUPPORT FOR YOUNG PEOPLE. ANYTIME. ANYWHERE.

To: Local Educational Agency Leads, Directors of Nonpublic Schools
Route to: Principals, School Nurses, Staff Involved with Community Outreach, Students, Guardians and Parents
From: Liz Graham, Chief Executive Officer
180 Turning Lives Around/2NDFLOOR
Date: October 2, 2024
RE: Bullying Prevention & Awareness - 2ND FLOOR app

Dear colleague,

October is National Bullying Prevention and Awareness Month, and at 2NDFLOOR we understand that some New Jersey youth are experiencing in-person bullying and cyberbullying at an alarming rate.

The new 2NDFLOOR app was developed to meet the urgent need for youth mental health support in New Jersey, and it consists of one-on-one chat and call functions that allow youth to connect to counselors any time, day or night, to discuss any issue that they are facing.

Please help spread the word that ***'it only takes a second'*** to get professional support. The 2NDFLOOR app is anonymous, confidential, free, and available 24/7/365. Youth can access the app at www.2NDFLOOR.org/download.



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Please help spread the word that it only takes a second to get professional support with the

2NDFLOOR APP

NJ youth ages 10-24 can visit 2NDFLOOR.org/download to access our helpline, chat confidentially with a counselor, and join community conversations **any time, day or night.**

**2ND
FLOOR**

