



SUPPORT FOR YOUNG PEOPLE. ANYTIME. ANYWHERE.

To: Local Educational Agency Leads, Directors of Nonpublic Schools
Route to: Principals, School Nurses, Staff Involved with Community Outreach, Students, Guardians and Parents
From: Liz Graham, Chief Executive Officer
180 Turning Lives Around/2NDFLOOR
Date: October 8, 2025
RE: October – Bullying Prevention Month - 2NDFLOOR app

Dear colleague,

October is Bullying Prevention Month, and unfortunately bullying continues to be a serious challenge affecting so many young people in New Jersey. To ensure every student knows they are not alone, please help us spread the word that 2NDFLOOR provides free, confidential, and anonymous support for NJ youth ages 10-24.

Through the 2NDFLOOR app, youth can chat 1:1 with a counselor or join a supportive conversation in our community board. It only takes a second to get professional and safe support with the 2NDFLOOR app!

The app is anonymous, confidential, free, and available 24/7/365. Youth can access the app at www.2NDFLOOR.org/download.

Help us spread the word that professional support
is only a tap away with the free

NJ youth ages 10-24 can visit 2NDFLOOR.org/download to access our helpline, chat confidentially with a counselor, and join community conversations any time, day or night.

