# The HighScope Preschool Curriculum



The HighScope Curriculum integrates socialemotional learning content with other academic areas and gives children daily opportunities to practice skills such as emotional self-regulation and problem-solving. Teachers further support social development by helping children learn how to resolve interpersonal conflicts.



### A comprehensive approach that supports lifetime benefits for families and children

### A reliable and effective research-based curriculum that meets

- State early learning standards
- The Head Start Child Development and Early Learning Framework
- NAEYC developmentally appropriate practice guidelines

#### Adults apply intentional teaching practices by

- Planning developmentally appropriate activities
- Supporting and extending children's learning
- Providing materials that reflect children's interests and home culture
- Actively engaging children through direct experiences in pursuit of shared learning goals



Children's interests and choices are at the heart of HighScope programs. By making plans and following through on their intentions, children are taking the first step in the learning process and constructing their own knowledge through interactions with the world around them.

### A Framework for Understanding and Supporting Children's Learning

The Key Developmental Indicators (KDIs) form the curriculum content for children ages three to five years. All together they define the knowledge children are acquiring as they interact with materials, people, ideas, and events.

Α.	Approaches to Learning		
	1. Initiative	3. Engagement	5. Use of resources
	2. Planning	4. Problem solving	6. Reflection
В.	Social and Emotional Dev	elopment	
	7. Self-identity	10. Empathy	13. Cooperative play
	8. Sense of competence	11. Community	14. Moral development
	9. Emotions	12. Building relationships	15. Conflict resolution
С.	Physical Development and	d Health	
	16. Gross-motor skills	18. Body awareness	20. Healthy behavior
	17. Fine-motor skills	19. Personal care	
D.	Language, Literacy, and C	Communication	
	21. Comprehension	25. Alphabetic knowledge	29. Writing
	22. Speaking	26. Reading	30. English language learning
	23. Vocabulary	27. Concepts about print	(if applicable)
	24. Phonological awareness	28. Book knowledge	
Ε.	Mathematics		
	31. Number words and	34. Shapes	38. Patterns
	symbols	35. Spatial awareness	39. Data analysis
	32. Counting	36. Measuring	
	33. Part-whole relationships	37. Unit	
<b>F</b> .	Creative Arts		
	40. Art	42. Movement	44. Appreciating the arts
	41. Music	43. Pretend play	
G.	Science and Technology		
	45. Observing	48. Predicting	51. Natural and physical world
	46. Classifying	49. Drawing conclusions	52. Tools and technology
	47. Experimenting	50. Communicating ideas	
Н.	Social Studies		
	53. Diversity	55. Decision making	57. History
	54. Community roles	56. Geography	58. Ecology

HighScope's KDIs work seamlessly with **COR Advantage** an observation-based tool for assessing child development at all stages from birth to kindergarten, with distinct and well-defined criteria that are easy to apply. See coradvantage.org for more information.



# HIGHSCOPE ®

# The HighScope Approach — Designed and Research-Validated to Have a Lifelong Positive Effect

- The HighScope Curriculum is a high quality, developmentally based program, founded on a philosophy of "active participatory learning," in which children and adults are engaged, interactive partners in the learning process.
- In HighScope programs, learning occurs in a play-based environment where children and adults work together to develop children's knowledge and skills in problem solving, decision making, and dependence, and to promote their sense of curiosity, persistence, and creativity. Educational materials and the learning environment build on children's interests, accommodate different developmental and ability levels, and reflect the diversity of children's family and community backgrounds.
- In HighScope programs, knowledgeable and intentional teachers scaffold early learning by supporting children's current level of understanding and gently extending their thinking and reasoning to the next level.
- There is a growing awareness among educators, policymakers, parents, and the general public that social and emotional learning is equally, if not more, important than early academics in determining school readiness. The HighScope Curriculum fully integrates academic and social-emotional learning in its curriculum content (key developmental indicators) and assessment (COR Advantage), addressing all domains of development: approaches to learning; social and emotional development; physical development and health; language, literacy, and communication (including English language learners); mathematics, science; social studies; and the creative arts. These domains are aligned with Common Core State Standards, the Head Start Child Development and Early Learning Framework and Early Head Start Essential Domains, state early childhood learning standards, and the standards and recommendations of professional educational organizations.
- The number and scope of state-funded early childhood programs has grown. With a few exceptions, state governments have invested in preschool programs aimed at serving at-risk children. Many states have already or are in the process of instituting universal preschool and full-day preschool. In addition to traditional, classroom-based preschool programs, states are also funding community-based initiatives with a birth-K focus. The HighScope Curriculum is appropriate for use in all of these settings and has an important role in state-funded early childhood programs.

#### **Preschool Curriculum**

- Overview
- How We Teach
- What We Teach
- Research That Supports our Approach

#### Infant-Toddler Curriculum

- Overview
- How We Teach
- What We Teach

Following is a list of HighScope Preschool Curriculum materials and HighScope online professional development opportunities.

## HIGHSCOPE.

HighScope Preschool Curriculum Materials	Price	Catalog Number	Notes/ Recommendations
HighScope Preschool Curriculum Set This new set of nine books is a comprehensive curriculum resource that helps teachers, administrators, and early education students build effective programs around young children's active learning. Written in practical terms, it presents the latest research information on how young children develop and learn, updated curriculum content in eight key areas, and intentional teaching strategies for child development programs.	\$189.95	P1415SET	Manual required for implementation of the HighScope Preschool Curriculum
<b>Essentials of Active Learning</b> This practical guide presents a comprehensive and user-friendly introduction to the HighScope Preschool Curriculum, covering early childhood theory and research, teaching practices, curriculum content, and professional development. The book's appealing format offers examples, checklists, photos, child and teacher anecdotes, and thoughtful questions and hands-on exercises to help both experienced and new teachers reflect on their beliefs and practices.	\$30.00	P1423	Recommended for every teacher
<b>The Intentional Teacher: Choosing the Best Strategies for Young Children's Learning (Rev. ed.)</b> How do preschoolers learn and develop? What are the best ways to support learning in the early years? This revised edition of <i>The Intentional Teacher</i> guides teachers to balance both child-guided and adult-guided learning experiences that respond to children's interests and focus on what they need to learn to be successful in school and life. Intentional teaching does not happen by chance. This book will help teachers apply their knowledge of children and of content to make thoughtful, intentional use of both child-guided and adult-guided experiences. Co-published with NAEYC.	\$30.00	P1426	Fundamental Resource
Lesson Plans for the First 30 Days This appealing guide puts 30 days of ready-to-use HighScope lesson plans right at your fingertips! For teachers new to HighScope, there are six weeks of user-friendly plans that build on children's developing skills and model the HighScope active participatory learning approach. Teachers experienced with HighScope will find the book a ready source of new ideas.	\$34.95	P1418	Fundamental Resource
Numbers Plus Preschool Mathematics Curriculum The Numbers Plus Preschool Mathematics Curriculum is a comprehensive set of detailed plans for small- and large-group early childhood mathematics activities, with ideas for extending learning throughout the program day. What's special about Numbers Plus is that children's mathematical learning is sequenced within activities — each activity has a built-in progression so children of different developmental and ability levels can participate together and have a positive and meaningful learning experience.	\$274.95	P1377SET	
Setting Up the Preschool Classroom This book is designed to help preschool teachers arrange and equip their classroom or center, including the outdoor play space. In addition to explaining the principles of designing active learning preschool settings, it provides helpful strategies, detailed lists of equipment and materials, and sample classroom layouts to guide teachers in designing an entirely new learning environment or in making improvements to an existing space.	\$25.95	P1383	

\*Highlighted items are recommended for purchase in addition to the curriculum and fundamental resources.

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HighScope Preschool Curriculum Materials	Price	Catalog Number	Notes/ Recommendations
<b>50 Large-Group Activities for Active Learners</b> Large-group time brings children and adults together for companionship, information-sharing, and the enjoyment of participating in a group. This book presents 50 engaging large-group activities that stimulate children's creativity, help them learn skills and concepts, introduce them to a wide range of new and thought- provoking experiences.	\$25.95	P1316	Fundamental Resource
Small-Group Times to Scaffold Early Learning This book presents 52 small-group activities based on five curriculum content areas: language, literacy, and communication, mathematics, science and technology, the creative arts (art and music), and physical development and health.	\$25.95	P1370	Fundamental Resource
Small-Group Times for Active Learners DVD In sequences from a variety of HighScope settings, this program illustrates sources of ideas for small-group time, types of materials to use and how to organize them, and strategies teachers employ to support the individual ways in which children use materials throughout small-group time and in follow-up activities.	\$39.95	P1339	Fundamental Resource
<b>From Message to Meaning</b> This book describes the benefits of using a daily message board at greeting time, guides teachers through the process of creating messages, and offers strategies for making the message board an engaging and interactive experience for children.	\$19.95	P1355	Fundamental Resource
The Daily Routine DVD Following a consistent yet flexible daily routine gives children the sense of security they need to make choices, take risks, and become active learners. Drawing upon a variety of HighScope settings, this DVD shows how adults observe children and support and extend their learning from greeting time through group times, the plan- do-review sequence, transitions, and other parts of the daily routine.	\$39.95	P1341	Fundamental Resource
<b>Daily Routine Cards</b> The Daily Routine Cards are a set of 21 easy-to-read pictures with time-of-day names that identify the parts of a typical preschool classroom day. Use of these cards allows children to easily read the <i>Daily Routine Card</i> sequence and anticipate what happens next.	\$24.95	PC1001	
<b>Tasty Talk: 40 Mealtime Conversations</b> You can make snack and mealtimes important learning times for preschool children! <i>Tasty Talk: 40 Mealtime</i> <i>Conversation Starters</i> puts ideas for conversation and simple games at your fingertips so you can get children thinking, talking, reflecting, and sharing on a variety of subjects while enjoying a snack or meal. In addition to helping boost children's literacy and social skills, these ideas can help children engage with other key curriculum content through playful talk with adults and other children.	\$14.95	P1357	

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HighScope Preschool Curriculum Materials	Price	Catalog Number	Notes/ Recommendations
I Know What's Next! Preschool Transitions This book provides guidelines that help teachers understand transitions from the child's point of view, along with a host of strategies, songs, games, and other experiences that are useful for particular transitions.	\$19.95	P1366	Fundamental Resource
You're Not My Friend Anymore! You're Not My Friend Anymore! expands on HighScope's six-step problem-solving approach with a series of 21 scenarios based on real-life parent and teacher interactions with young children.	\$15.95	P1389	Fundamental Resource
I Want All the Turns! Supporting Children in Resolving Problems and Conflicts DVD This three-part DVD shows unstaged examples of preschoolers who are developing essential communication, empathy, and negotiating skills. The problem-solving process they are learning — with their teachers' guidance and support — fosters social, language, and cognitive abilities they will use throughout their lives.	\$95.00	P1421	Fundamental Resource
I Belong: Active Learning for Children With Special Needs While current teaching practices in the field of special education are often based on correcting children's "deficits," the HighScope educational model builds on and maximizes children's strengths and abilities, recognizing each child's individual needs and developmental differences. <i>I Belong</i> includes practical strategies and real-life examples of the authors' applications and adaptations of the HighScope Preschool Curriculum in a variety of preschool settings serving children with special needs.	\$25.95	P1348	Applications and adaptions for serving children with special needs
Letter Links Online Subscription With Letter Links: Alphabet Learning With Children's Names This two-year online subscription complements the English and Spanish <i>Letter Links: Alphabet Learning With</i> <i>Children's Names</i> books, enabling you to create a nametag for each child in your group, select a letter-linked picture, and print these out in various sizes and combinations quickly and easily.	\$44.95	P1374SET	
Fee, Fie, Phonemic Awareness This book focuses on phonemic awareness — the ability to recognize the smallest sound units that make up words — identified by reading experts as an essential skill that prepares children for reading.	\$25.95	P1190	Fundamental Resource
<b>Rhythmically Moving 1 (CD)</b> Music for students of all ages. Includes suggestions for use with <i>Teaching Movement &amp; Dance: A Sequential</i> <i>Approach to Rhythmic Movement</i> .	\$15.95	M2401	Fundamental Resource
<b>Rhythmically Moving 2 (CD)</b> Music for students of all ages. Includes suggestions for use with <i>Teaching Movement &amp; Dance: A Sequential</i> <i>Approach to Rhythmic Movement</i> .	\$15.95	M2402	Fundamental Resource
Wheel of Learning/Key Developmental Indicator Card Handy laminated reference card containing the HighScope preschool key developmental indicators (KDIs) on one side and the wheel of learning on the other.	\$3.95	P1397	Fundamental Resource

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HighScope Preschool Curriculum Materials	Price	Catalog Number	Notes/ Recommendations
KDI Scaffolding Cards The 58 scaffolding charts in this set, one for each KDI, are organized by the eight content areas of HighScope's Preschool Curriculum. Each scaffolding chart contains examples of what young children at three developmental levels (earlier, middle, and later) might do and say as they engage with each KDI, with corresponding examples of how adults can support and gently extend learning at each level as they play and interact with children through the program day.	\$64.95	P1422	
<b>Preschool PQA Starter Pak</b> The Preschool PQA is a rating instrument designed to evaluate the quality of early childhood programs and identify staff training needs.	\$27.95	P1203SET	Fundamental Resource
Adult-Child Interaction DVD In supportive early childhood settings, adults' nurturing relationships with children serve as the foundation for learning. Through this DVD, you'll gain strategies for interacting with children while participating as partners in children's play, conversing with children, and encouraging learning in curriculum content areas through adult scaffolding.	\$39.95	P1381	Fundamental Resource
Bringing Active Learning Home: Workshops for Preschool Parents Parent workshops can help parents bring active learning home to their children! The 27 workshops contained in this book, a part of the Teachers' Idea Series, help family members learn about and appreciate the importance of active learning by experiencing it the way their children do.	\$30.00	P1425	Fundamental Resource
Making the Most of Plan-Do-Review This book includes support strategies for the plan-do-review process, including practical tips and suggestions, tried-and-true games and experiences for children, answers to frequently asked questions, real-life examples, sample notes to parents, a parent workshop plan, and planning and recall sheets to use with children.	\$25.95	P1152	
Something From Nothing: Using Everyday Materials With Preschoolers This book focuses on open-ended materials that you can find in your everyday environment, materials that are often free or available at a very low cost. Each chapter contains information on where to find the materials, where to add them to your classroom, and how to use them.	\$19.95	P1417	
<b>English-Spanish, Large and Small Classroom Area Sign Set</b> This set of colorful signs features easy-to-see, simple pictures and area names that identify each part or interest area of the classroom in English and Spanish. Organizing the classroom into clear work-and-play areas helps children find materials they need and to return them after use. Set includes 10 large cards and 2 sets of 10 small cards per package.	\$48.00	PC1006SET	
Subtotal Preschool	\$1297.80		

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### Check our website for dates, registration, and current pricing. highscope.org

# HIGHSCOPE .

		Notes/
Professional Development Online Training Options — Preschool	Price	Recommendations
<ul> <li>Planning and Recall: Why and How</li> <li>Planning and recall bracket work time and when taken together form the signature segment of HighScope's daily routine, plan-do-review. In this course you will learn: <ul> <li>The benefits of planning and recall times.</li> <li>How to plan and recall with children.</li> <li>How planning and recall are similar and different.</li> <li>How planning and recall changes over time.</li> <li>To create your own planning and recall experiences based on children's interests.</li> </ul> </li> <li>This course includes one welcome week and three weeks of instruction. Participants should plan on spending about two hours per week to do the assignments (total of six clock hours).</li> </ul>	\$140.00	Fundamental Resource
<ul> <li>How to Support Active Learners During Work Time</li> <li>In a HighScope classroom, work time — the "do" part of plan-do-review — is when children carry out their plans, play, and solve problems. In this workshop you will learn: <ul> <li>The "basics" of work time, including work time "do's and dont's."</li> <li>That work time is a time for active learning.</li> <li>What children do at work time, including the four types of play they engage in.</li> <li>How adults support children at work time, including strategies for supporting and scaffolding children's learning.</li> </ul> </li> <li>This course includes one welcome week and three weeks of instruction. Participants should plan on spending about one hour per week to do the assignments (total of three clock hours).</li> </ul>	\$75.00	Fundamental Resource
Large-Group Time This workshop will help you transform your large-group time (also called circle time) into a fun and meaningful part of your day. Learn how to bring children and adults together for action songs, cooperative games and projects, movement activities, storytelling, and more. You will learn how to implement shared control during large-group time, the format for an appropriate large-group time, and how to develop appropriate large-group time activities and plans. Workshop includes one welcome week and three weeks of instruction. Participants should plan on spending about two hours per week to do the assignments (total of six clock hours).	\$140.00	Fundamental Resource
<ul> <li>Scaffolding Children's Learning at Small-Group Time</li> <li>In the HighScope approach, teachers and children explore new materials, new experiences, and new ideas during small-group time. In this workshop you will learn: <ul> <li>How children learn "content" through active learning small-group times.</li> <li>To scaffold (provide differentiated learning) within each activity to maximize each child's learning experience.</li> <li>To plan for the three components of a HighScope small-group time.</li> <li>Lots of activity ideas.</li> </ul> </li> <li>This course includes one welcome week and three weeks of instruction. Participants should plan on spending about two hours per week to do the assignments (total of six clock hours).</li> </ul>	\$140.00	Fundamental Resource

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Professional Development Online Training Options — Preschool	Price	Notes/ Recommendations
Creating Meaningful Lesson Plans Lesson planning is a critical component in supporting children's learning and development. This workshop will help you to learn how to plan appropriate activities based on curriculum content, child development, and children's interests. You will learn how to plan for each segment of the daily routine. <i>This course includes one welcome week and three weeks of instruction. Participants should plan on spending about one hour per week to do the assignments (total of three clock hours).</i>	\$75.00	Fundamental Resource
All About the Numbers Plus Preschool Mathematics Curriculum This online workshop will introduce you to the importance of math learning for preschool children and use of the <i>Numbers Plus Preschool Mathematics Curriculum</i> . You will learn about important math concepts in the number sense and operations, geometry, measurement, algebra, and data analysis. You will learn how to scaffold children's math learning using specific interaction strategies. We will also discuss how to add materials to your classroom to support children's math learning. During the workshop you will use activities from the <i>Numbers Plus Preschool Mathematics</i> <i>Curriculum</i> . <i>Workshop includes one welcome week and six weeks of instruction (total of 12 training hours)</i> .	\$250.00	Fundamental Resource
Subtotal Preschool Online Training	\$820.00	

For more information on HighScope's Professional Development options, customized onsite training, or certification, please call 800.587.5639.

### Join the HighScope Membership Association

HighScope wants to be your first source of information on early childhood issues. We want you to think of us when you need resource materials and professional development. We encourage you to join the free HighScope Membership Association where you will receive our popular newsletter, *Extensions*, as well as gain access to our full library of web clips. Visit highscope.org to join. Membership is free!