Keeping Babies & Children in Mind
Professional Training and Support for the Promotion of Infant and Early Childhood Mental Health

ANNOUNCING WORKSHOPS IN INFANT AND EARLY CHILDHOOD MENTAL HEALTH

During the Autumn of 2015 in select counties, the Center for Autism and Early Childhood Mental Health at Montclair State University will be offering a series of trainings for professionals who work with infants, toddlers, young children and their families (pregnancy through age eight).

Trainings will be offered at no cost

Staff from all sectors of public and private infant/child/school and family programs are invited to attend, including: home visiting, family and childcare providers, Early Head Start/Head Start, Early Intervention, preschools, Federally Qualified Health Centers, Parent Linking Program, Project TEACH, Family Success Centers, elementary schools, child welfare offices, and faith based communities.

All attendees will receive professional education and training in evidence-based practices which support the emotional, social and neurological foundations for all development and learning. Included in the training series are topics on promoting infant and early childhood mental health (IECMH), understanding and responding to trauma, supporting children and family strengths, and utilizing reflective practices and self-care.

OVERVIEW: Infants, toddlers and young children are in particular need of support and guidance, especially when involved in stressful situations, or when events cause them to feel confused, sad, afraid, alone or hurt. The Keeping Babies and Children in Mind trainings promote awareness about the unique social and emotional development of our youngest children, the importance of reflective caregiving and parenting towards building resilience, and the centrality of forming relationships and social connections in practice. This training meets specific requirements of the newly adopted NJ Association for Infant Mental Health Competency Guidelines & Endorsement System (www.nj-aimh.org).

To find out more information, including HOW TO REGISTER, please visit: http://www.montclair.edu/cehs/academics/centers-and-institutes/autism/iecmh-training-project/

Please also contact us at (973) 655 - 6685

Funded by the NJ DEPARTMENT OF CHILDREN & FAMILIES (DCF)
The Department of Children and Families (DCF) recognizes that the key to promoting positive development in young children includes helping caregivers and parents understand the adverse effects of traumatic events on young children. Effective Infant and Early Childhood Mental Health (IECMH) education has been shown to improve maternal and child health, family functioning and stability, and child and family well-being; and prevent child neglect and abuse. With support from the Race to the Top Early Learning Challenge grant, DCF has allocated funding for IECMH professional education/training and coaching to build local staff knowledge and capacity, and implement evidence-based practices that support positive social-emotional well-being and address the mental health needs of infants/young children and their families. The goal is to assist children and their families to effectively cope with the stress of traumatic events (such as Superstorm Sandy), promote positive early childhood development, and buffer the negative impacts by strengthening families and building resilience.
KEEPING BABIES & CHILDREN IN MIND (KBCM)
Infant and Early Childhood Mental Health Training Project

Autumn 2015 training schedule

List of counties where training is being offered

Burlington
Camden
Essex
Gloucester/Salem
Hunterdon/Somerset
Mercer
Morris
Passaic
Sussex/Warren
(Please scroll down through the list below to see locations and dates of the training in each county)

BURLINGTON County

WHERE: NJ DCF Division of Child Protection and Permanency, Burlington East Local Office
100 Lucas Drive, Lumberton, NJ 08048

WHEN: WED., Oct. 14th, 1:30 – 4:30 pm  Workshop #1 of 7: What Happens Early Matters
Mon., Oct. 26th, 1:30 – 4:30 pm  Workshop #2 of 7: Infant and Early Childhood Development
WED., Nov. 4th, 1:30 – 4:30 pm  Workshop #3 of 7: The Language of Behavior
Mon., Nov. 23rd, 1:30 – 4:30 pm  Workshop #4 of 7: Early Stress & the Power of Meaningful Connections
Mon., Nov. 30th, 1:30 – 4:30 pm  Workshop #5 of 7: Relationship-based Practices
Mon., Dec. 7th, 1:30 – 4:30 pm  Workshop #6 of 7: How Culture Shapes Social Emotional Development
Mon., Dec. 14th, 1:30 – 4:30 pm  Workshop #7 of 7: Reflective Practices: Caring for Ourselves
**CAMDEN County**

**WHERE:**
Southern NJ Perinatal Cooperative, Camden Office, 3rd Floor Conference Room, **808 Market Street, Camden NJ 08102**
Camden County One Stop, Suite 105 (Auditorium), **2600 Mount Ephraim Avenue, Camden NJ 08104**

**WHEN:**
- **Tue., Oct. 13th** from 1:15 – 4:15 pm
- **Tue., Oct. 27th** from 1:15 – 4:15 pm
- **THU., Nov. 5th** from 1:15 – 4:15 pm
- **Tue., Nov. 24th** from 1:15 – 4:15 pm
- **Tue., Dec. 1st** from 1:15 – 4:15 pm
- **Tue., Dec. 8th** from 1:15 – 4:15 pm
- **Tue., Dec. 15th** from 1:15 – 4:15 pm

**Workshop #1 of 7:** What Happens Early Matters  (**SNJPC**)

**Workshop #2 of 7:** Infant and Early Childhood Development  (**One Stop**)

**Workshop #3 of 7:** The Language of Behavior  (**SNJPC**)

**Workshop #4 of 7:** Early Stress & the Power of Meaningful Connections  (**SNJPC**)

**Workshop #5 of 7:** Relationship-based Practices  (**SNJPC**)

**Workshop #6 of 7:** How Culture Shapes Social Emotional Development  (**One Stop**)

**Workshop #7 of 7:** Reflective Practices: Caring for Ourselves  (**SNJPC**)

---

**ESSEX County**

**WHERE:** Bethel Family & Youth Resource Center Inc.,
**65 Pierce Street, Newark NJ 07103**

**WHEN:**
- **Fri., Oct. 9th** from 1:00 – 4:00 pm
- **Fri., Oct. 23rd** from 1:00 – 4:00 pm
- **Fri., Nov. 6th** from 1:00 – 4:00 pm
- **Fri., Nov. 13th** from 1:00 – 4:00 pm
- **Fri., Dec. 4th** from 1:00 – 4:00 pm
- **Fri., Dec. 11th** from 1:00 – 4:00 pm
- **Fri., Dec. 18th** from 1:00 – 4:00 pm

**Workshop #1 of 7:** What Happens Early Matters

**Workshop #2 of 7:** Infant and Early Childhood Development

**Workshop #3 of 7:** The Language of Behavior

**Workshop #4 of 7:** Early Stress & the Power of Meaningful Connections

**Workshop #5 of 7:** Relationship-based Practices

**Workshop #6 of 7:** How Culture Shapes Social Emotional Development

**Workshop #7 of 7:** Reflective Practices: Caring for Ourselves

---

**GLOUCESTER / SALEM County**

**WHERE:** NJ DCF Division of Child Protection and Permanency, Gloucester East Local Office
**309 Fries Mill Road, Echo Plaza, Unit 10, Sewell, NJ 08080-9283**

**WHEN:**
- **Tues., Oct. 13th**, 9:00 am – 12:00 pm
- **Tues., Oct. 27th**, 9:00 am – 12:00 pm
- **THUR., Nov. 5th**, 9:00 am – 12:00 pm
- **Tues., Nov. 24th**, 9:00 am – 12:00 pm
- **Tues., Dec. 1st**, 9:00 am – 12:00 pm
- **Tues., Dec. 8th**, 9:00 am – 12:00 pm
- **Tues., Dec. 15th**, 9:00 am – 12:00 pm

**Workshop #1 of 7:** What Happens Early Matters

**Workshop #2 of 7:** Infant and Early Childhood Development

**Workshop #3 of 7:** The Language of Behavior

**Workshop #4 of 7:** Early Stress & the Power of Meaningful Connections

**Workshop #5 of 7:** Relationship-based Practices

**Workshop #6 of 7:** How Culture Shapes Social Emotional Development

**Workshop #7 of 7:** Reflective Practices: Caring for Ourselves
**HUNTERDON / SOMERSET County**

**WHERE:** NJ DCF Division of Child Protection and Permanency, Hunterdon Local Office  
84 Park Avenue, 1st Floor, Flemington, NJ 08822

**WHEN:**  
Mon., Oct. 19th, 1:30 – 4:30 pm  
Mon., Oct. 26th, 1:30 – 4:30 pm  
Mon., Nov. 9th, 1:30 – 4:30 pm  
Mon., Nov. 16th, 1:30 – 4:30 pm  
Mon., Nov. 23rd, 1:30 – 4:30 pm  
Mon., Nov. 30th, 1:30 – 4:30 pm  
Mon., Dec. 7th, 1:30 – 4:30 pm  

**Workshop #1 of 7:** What Happens Early Matters  
**Workshop #2 of 7:** Infant and Early Childhood Development  
**Workshop #3 of 7:** The Language of Behavior  
**Workshop #4 of 7:** Early Stress & the Power of Meaningful Connections  
**Workshop #5 of 7:** Relationship-based Practices  
**Workshop #6 of 7:** How Culture Shapes Social Emotional Development  
**Workshop #7 of 7:** Reflective Practices: Caring for Ourselves

---

**MERCER County**

**WHERE:** Shiloh Baptist Church, 340 Reverend S. Howard Woodson Jr. Way, Trenton NJ 08618

**WHEN:**  
Wed., Oct. 14th 9:30 am – 12:30 pm  
Wed., Oct. 21st 9:30 am – 12:30 pm  
Wed., Oct. 28th 9:30 am – 12:30 pm  
Wed., Nov. 4th 9:30 am – 12:30 pm  
Wed., Nov. 11th 9:30 am – 12:30 pm  
Wed., Dec. 2nd 9:30 am – 12:30 pm  
Wed., Dec. 9th 9:30 am – 12:30 pm  

**Workshop #1 of 7:** What Happens Early Matters  
**Workshop #2 of 7:** Infant and Early Childhood Development  
**Workshop #3 of 7:** The Language of Behavior  
**Workshop #4 of 7:** Early Stress & the Power of Meaningful Connections  
**Workshop #5 of 7:** Relationship-based Practices  
**Workshop #6 of 7:** How Culture Shapes Social Emotional Development  
**Workshop #7 of 7:** Reflective Practices: Caring for Ourselves

---

**MORRIS County**

**To Be Announced**

**WHERE:** Father Connolly Parish Center  
37 North Essex Street, Dover, NJ 07801

**WHEN:**  
Tue., Oct. 20th 9:30 am – 12:30 pm  
Tue., Oct. 27th 9:30 am – 12:30 pm  
Tue., Nov. 3rd 9:30 am – 12:30 pm  
Tue., Nov. 10th 9:30 am – 12:30 pm  
Tue., Nov. 24th 9:30 am – 12:30 pm  
Tue., Dec. 1st 9:30 am – 12:30 pm  
Tue., Dec. 8th 9:30 am – 12:30 pm  

**Workshop #1 of 7:** What Happens Early Matters  
**Workshop #2 of 7:** Infant and Early Childhood Development  
**Workshop #3 of 7:** The Language of Behavior  
**Workshop #4 of 7:** Early Stress & the Power of Meaningful Connections  
**Workshop #5 of 7:** Relationship-based Practices  
**Workshop #6 of 7:** How Culture Shapes Social Emotional Development  
**Workshop #7 of 7:** Reflective Practices: Caring for Ourselves
PASSAIC County

WHERE: New Jersey Community Development Corp., Rogers Building, 2nd Floor 32 Spruce Street, Paterson, NJ 07501

WHEN:  
Tue., Oct. 13th from 4:00 – 7:00 pm  Workshop #1 of 7: What Happens Early Matters  
Tue., Oct. 20th from 4:00 – 7:00 pm  Workshop #2 of 7: Infant and Early Childhood Development  
Tue., Oct. 27th from 4:00 – 7:00 pm  Workshop #3 of 7: The Language of Behavior  
Tue., Nov. 3rd from 4:00 – 7:00 pm  Workshop #4 of 7: Early Stress & the Power of Meaningful Connections  
Tue., Nov. 10th from 4:00 – 7:00 pm  Workshop #5 of 7: Relationship-based Practices  
Tue., Nov. 24th from 4:00 – 7:00 pm  Workshop #6 of 7: How Culture Shapes Social Emotional Development  
Tue., Dec. 1st from 4:00 – 7:00 pm  Workshop #7 of 7: Reflective Practices: Caring for Ourselves

SUSSEX / WARREN County

WHERE:  
Project Self-Sufficiency (PSS), 127 Mill Street, Newton, NJ 07860  
Newton Medical Center (NMC), 175 High Street, Newton, NJ 07860

WHEN:  
Wed., Oct. 7th 6:00 – 9:00 pm  Workshop #1 of 7: What Happens Early Matters (PSS)  
Wed., Oct. 14th 6:00 – 9:00 pm  Workshop #2 of 7: Infant and Early Childhood Development (PSS)  
Wed., Oct. 28th 6:00 – 9:00 pm  Workshop #3 of 7: The Language of Behavior (NMC)  
Wed., Nov. 4th 6:00 – 9:00 pm  Workshop #4 of 7: Early Stress & the Power of Meaningful Connections (PSS)  
Wed., Nov. 11th 6:00 – 9:00 pm  Workshop #5 of 7: Relationship-based Practices (PSS)  
Wed., Nov. 18th 6:00 – 9:00 pm  Workshop #6 of 7: How Culture Shapes Social Emotional Development (PSS)  
Wed., Dec. 2nd 6:00 – 9:00 pm  Workshop #7 of 7: Reflective Practices: Caring for Ourselves (NMC)