

Building Better Schools From the Inside Out

Using social-emotional learning strategies to support the improvement of academic standards.

Presenters: Paul O'Neill and Holly Niemiec

Share what you know!

- On a sticky note, please write one example of social-emotional learning in the classroom.



Who is Paul O'Neill?

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Who is Holly Niemiec?



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Session Goals

- Develop strategies to increase empathy and coping skills which can be used to enhance the learning culture for all students
- Determine how the five core competencies of SEL can be used to enhance the mastery of academic standards

What are the SEL Core Competencies?



Highlights of Self-Awareness

Identifying emotions

Self-efficacy

Recognizing strengths

Self-confidence

Accurate self-perception

Highlights of Responsible Decision-Making

Identifying problems

Analyzing situations

Solving problems

Evaluating

Reflecting

Ethical responsibility

Highlights of Relationship Skills

Communication

Social engagement

Relationship-building Teamwork

Highlights of Social Awareness

Perspective-taking

Empathy

Appreciating diversity

Respect for others

Merging Curriculum and Core Competencies

- The following slides will highlight the SEL Core Competencies and connections to academic curriculum.



Self-Awareness

- “Know your strengths and limitations, with a well-grounded sense of confidence, optimism, and a ‘growth mindset’” ~ www.casel.org
- Connections to the New Jersey State Learning Standards:
 - ELA, Math & Science

Self-Management

- “Effectively manage stress, control impulses, and motivate yourself to set and achieve goals.” ~ www.casel.org
- Connections to the New Jersey State Learning Standards:
 - ELA, Math & Physical Education

Social Awareness

- “Understand the perspectives of others and empathize with them, including those from diverse backgrounds and cultures.” ~www.casel.org
- Connections to the New Jersey State Learning Standards:
 - ELA
 - Social Studies
 - World Language

Relationship Skills

- “Communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.” ~ www.casel.org
- Connections to the New Jersey State Learning Standards:
 - ELA & Social Studies

Responsible Decision-Making

- “Make constructive choices about personal behavior and social interactions based on ethical standards, safety, and social norms.” ~ www.casel.org
- Connections to the New Jersey State Learning Standards:
 - Physical Education
 - ELA

Connect and Reflect

- Collaborate with your colleagues
- Create a visual (Flipgrid, poster, digital graphic, or video) that highlights how SEL can be embedded in all areas of teaching and learning.
- Share your visual