

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Jersey High School Survey Trend Analysis Report

| Question | Prevalence Survey Year | | | | | | | | Linear Change | Quadratic Change |
|---|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Total | | | | | | | | | | |
| Injury and Violence | | | | | | | | | | |
| Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet | | | | | | 86.9 | | 86.3 | No | |
| Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else | | | | | | 15.0 | | 8.4 | Yes | |
| Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days | | | | | | 30.4 | | 27.5 | No | |
| Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days | | | | | | 13.0 | | 9.6 | Yes | |
| Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days | | | | | | 13.1 | | 10.5 | No | |
| Percentage of students who carried a gun on one or more of the past 30 days | | | | | | 4.8 | | 2.3 | Yes | |
| Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days | | | | | | 6.8 | | 3.1 | Yes | |
| Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days | | | | | | 9.4 | | 4.4 | Yes | |

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|--|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Total | | | | | | | | | | |
| Injury and Violence | | | | | | | | | | |
| Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months | | | | | | 11.2 | | 8.0 | No | |
| Percentage of students who were in a physical fight one or more times during the past 12 months | | | | | | 34.6 | | 30.7 | Yes | |
| Percentage of students who were injured in a physical fight and had to be treated by a doctor or nurse one or more times during the past 12 months | | | | | | 6.4 | | 4.0 | Yes | |
| Percentage of students who were in a physical fight on school property one or more times during the past 12 months | | | | | | 13.2 | | 10.1 | Yes | |

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|---|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Total | | | | | | | | | | |
| Tobacco Use | | | | | | | | | | |
| Percentage of students who ever tried cigarette smoking, even one or two puffs | | | | | | 63.0 | | 49.0 | Yes | |
| Percentage of students who smoked a whole cigarette for the first time before age 13 years | | | | | | 21.5 | | 8.6 | Yes | |
| Percentage of students who smoked cigarettes on one or more of the past 30 days | | | | | | 29.4 | | 19.8 | Yes | |
| Percentage of students who smoked cigarettes on 20 or more of the past 30 days | | | | | | 14.9 | | 7.0 | Yes | |
| Among students who are current smokers, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days | | | | | | 13.2 | | 6.3 | Yes | |

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| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Total | | | | | | | | | | |
| Alcohol and Other Drug Use | | | | | | | | | | |
| Percentage of students who had at least one drink of alcohol on one or more days during their life | | | | | | 83.4 | | 79.1 | Yes | |
| Percentage of students who had their first drink of alcohol other than a few sips before age 13 years | | | | | | 32.5 | | 20.1 | Yes | |
| Percentage of students who had at least one drink of alcohol on one or more of the past 30 days | | | | | | 55.7 | | 46.5 | Yes | |
| Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days | | | | | | 32.6 | | 27.2 | Yes | |
| Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days | | | | | | 5.0 | | 3.7 | No | |
| Percentage of students who used marijuana one or more times during their life | | | | | | 41.1 | | 35.8 | No | |
| Percentage of students who tried marijuana for the first time before age 13 years | | | | | | 9.2 | | 4.6 | Yes | |
| Percentage of students who used marijuana one or more times during the past 30 days | | | | | | 24.9 | | 19.9 | No | |
| Percentage of students who used marijuana on school property one or more times during the past 30 days | | | | | | 5.2 | | 3.4 | No | |
| Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life | | | | | | 8.5 | | 5.7 | No | |

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|---|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Total | | | | | | | | | | |
| Alcohol and Other Drug Use | | | | | | | | | | |
| Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days | | | | | | 4.2 | | 2.0 | Yes | |
| Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life | | | | | | 12.7 | | 10.1 | No | |
| Percentage of students who used heroin one or more times during their life | | | | | | 3.8 | | 1.4 | Yes | |
| Percentage of students who used methamphetamines one or more times during their life | | | | | | 7.7 | | 2.6 | Yes | |
| Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life | | | | | | 4.7 | | 2.4 | Yes | |
| Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life | | | | | | 3.2 | | 0.9 | Yes | |
| Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months | | | | | | 28.8 | | 32.6 | Yes | |

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|---|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Total | | | | | | | | | | |
| Sexual Behaviors | | | | | | | | | | |
| Percentage of students who ever had sexual intercourse | | | | | | 47.4 | | 44.2 | No | |
| Percentage of students who had sexual intercourse for the first time before age 13 years | | | | | | 7.6 | | 4.8 | Yes | |
| Percentage of students who had sexual intercourse with four or more people during their life | | | | | | 16.8 | | 11.6 | Yes | |
| Percentage of students who had sexual intercourse with one or more people during the past three months | | | | | | 36.1 | | 32.8 | No | |
| Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse | | | | | | 26.6 | | 21.8 | No | |
| Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse | | | | | | 63.7 | | 71.2 | Yes | |
| Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse | | | | | | 12.9 | | 15.5 | No | |

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|--|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Total | | | | | | | | | | |
| Weight Management and Dietary Behaviors | | | | | | | | | | |
| Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)* | | | | | | 14.6 | | 15.4 | No | |
| Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)* | | | | | | 10.1 | | 11.4 | No | |
| Percentage of students who described themselves as slightly or very overweight | | | | | | 28.8 | | 30.8 | No | |
| Percentage of students who were trying to lose weight | | | | | | 46.4 | | 45.5 | No | |
| Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days | | | | | | 58.9 | | 63.2 | Yes | |
| Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days | | | | | | 44.7 | | 40.4 | Yes | |
| Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days | | | | | | 12.0 | | 10.0 | No | |
| Percentage of students who took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days | | | | | | 11.1 | | 5.0 | Yes | |

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|--|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Total | | | | | | | | | | |
| Weight Management and Dietary Behaviors | | | | | | | | | | |
| Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days | | | | | | 5.2 | | 3.8 | No | |
| Percentage of students who drank 100% fruit juices one or more times during the past seven days | | | | | | 86.5 | | 84.5 | No | |
| Percentage of students who ate fruit one or more times during the past seven days | | | | | | 85.1 | | 82.5 | No | |
| Percentage of students who ate green salad one or more times during the past seven days | | | | | | 72.7 | | 68.9 | No | |
| Percentage of students who ate potatoes one or more times during the past seven days | | | | | | 71.1 | | 63.0 | Yes | |
| Percentage of students who ate carrots one or more times during the past seven days | | | | | | 49.3 | | 46.4 | No | |
| Percentage of students who ate other vegetables one or more times during the past seven days | | | | | | 84.2 | | 81.8 | No | |
| Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days | | | | | | 25.9 | | 16.8 | Yes | |
| Percentage of students who drank three or more glasses per day of milk during the past seven days | | | | | | 12.4 | | 10.8 | No | |

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|---|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Total | | | | | | | | | | |
| Physical Activity | | | | | | | | | | |
| Percentage of students who exercised or participated in physical activity that made them sweat and breathe hard for 20 minutes or more on three or more of the past seven days | | | | | | 65.6 | | 66.6 | No | |
| Percentage of students who participated in physical activity that did not make them sweat or breathe hard for 30 minutes or more on five or more of the past seven days | | | | | | 28.5 | | 28.4 | No | |
| Percentage of students who had not participated in at least 20 minutes of vigorous physical activity on three or more of the past seven days and had not participated in at least 30 minutes of moderate physical activity on five or more of the past seven days | | | | | | 29.7 | | 28.4 | No | |
| Percentage of students who had not participated in any vigorous or moderate physical activity during the past seven days | | | | | | 8.9 | | 6.7 | No | |
| Percentage of students who watched three or more hours per day of TV on an average school day | | | | | | 40.7 | | 35.8 | Yes | |
| Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school | | | | | | 92.4 | | 90.9 | No | |
| Percentage of students who attended physical education (PE) classes daily in an average week when they were in school | | | | | | 66.5 | | 60.7 | No | |

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|--|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Total | | | | | | | | | | |
| Physical Activity | | | | | | | | | | |
| Among students enrolled in physical education (PE) class, the percentage who actually exercised or played sports more than 20 minutes during an average PE class | | | | | | 71.9 | | 76.7 | No | |
| Percentage of students who played on one or more sports teams during the past 12 months | | | | | | 59.0 | | 61.8 | No | |

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|---|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Females | | | | | | | | | | |
| Injury and Violence | | | | | | | | | | |
| Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet | | | | | | 84.3 | | 81.2 | No | |
| Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else | | | | | | 10.1 | | 6.1 | Yes | |
| Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days | | | | | | 29.0 | | 27.2 | No | |
| Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days | | | | | | 9.5 | | 7.5 | No | |
| Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days | | | | | | 5.5 | | 3.7 | No | |
| Percentage of students who carried a gun on one or more of the past 30 days | | | | | | 1.4 | | 0.3 | No | |
| Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days | | | | | | 3.0 | | 0.9 | Yes | |
| Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days | | | | | | 9.2 | | 4.4 | Yes | |

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|--|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Females | | | | | | | | | | |
| Injury and Violence | | | | | | | | | | |
| Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months | | | | | | 7.0 | | 5.4 | No | |
| Percentage of students who were in a physical fight one or more times during the past 12 months | | | | | | 24.8 | | 24.8 | No | |
| Percentage of students who were injured in a physical fight and had to be treated by a doctor or nurse one or more times during the past 12 months | | | | | | 3.5 | | 2.4 | No | |
| Percentage of students who were in a physical fight on school property one or more times during the past 12 months | | | | | | 7.8 | | 6.1 | No | |

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|---|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Females | | | | | | | | | | |
| Tobacco Use | | | | | | | | | | |
| Percentage of students who ever tried cigarette smoking, even one or two puffs | | | | | | 63.3 | | 49.8 | Yes | |
| Percentage of students who smoked a whole cigarette for the first time before age 13 years | | | | | | 18.4 | | 7.2 | Yes | |
| Percentage of students who smoked cigarettes on one or more of the past 30 days | | | | | | 28.9 | | 20.6 | Yes | |
| Percentage of students who smoked cigarettes on 20 or more of the past 30 days | | | | | | 13.8 | | 7.4 | Yes | |
| Among students who are current smokers, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days | | | | | | 6.8 | | 3.8 | No | |

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|---|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Females | | | | | | | | | | |
| Alcohol and Other Drug Use | | | | | | | | | | |
| Percentage of students who had at least one drink of alcohol on one or more days during their life | | | | | | 85.0 | | 81.1 | No | |
| Percentage of students who had their first drink of alcohol other than a few sips before age 13 years | | | | | | 27.1 | | 18.6 | Yes | |
| Percentage of students who had at least one drink of alcohol on one or more of the past 30 days | | | | | | 54.8 | | 49.0 | No | |
| Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days | | | | | | 28.3 | | 27.8 | No | |
| Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days | | | | | | 2.9 | | 3.1 | No | |
| Percentage of students who used marijuana one or more times during their life | | | | | | 37.2 | | 33.5 | No | |
| Percentage of students who tried marijuana for the first time before age 13 years | | | | | | 4.8 | | 2.1 | Yes | |
| Percentage of students who used marijuana one or more times during the past 30 days | | | | | | 21.7 | | 17.8 | No | |
| Percentage of students who used marijuana on school property one or more times during the past 30 days | | | | | | 2.3 | | 1.8 | No | |
| Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life | | | | | | 6.0 | | 5.0 | No | |

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| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Females | | | | | | | | | | |
| Alcohol and Other Drug Use | | | | | | | | | | |
| Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days | | | | | | 1.6 | | 1.9 | No | |
| Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life | | | | | | 10.4 | | 8.7 | No | |
| Percentage of students who used heroin one or more times during their life | | | | | | 2.1 | | 0.9 | No | |
| Percentage of students who used methamphetamines one or more times during their life | | | | | | 5.8 | | 2.0 | Yes | |
| Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life | | | | | | 2.2 | | 1.4 | No | |
| Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life | | | | | | 0.8 | | 0.1 | No | |
| Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months | | | | | | 22.0 | | 27.0 | Yes | |

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| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Females | | | | | | | | | | |
| Sexual Behaviors | | | | | | | | | | |
| Percentage of students who ever had sexual intercourse | | | | | | 42.2 | | 44.0 | No | |
| Percentage of students who had sexual intercourse for the first time before age 13 years | | | | | | 3.2 | | 2.7 | No | |
| Percentage of students who had sexual intercourse with four or more people during their life | | | | | | 10.7 | | 9.8 | No | |
| Percentage of students who had sexual intercourse with one or more people during the past three months | | | | | | 34.4 | | 34.6 | No | |
| Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse | | | | | | 15.7 | | 19.0 | No | |
| Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse | | | | | | 57.0 | | 64.7 | No | |
| Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse | | | | | | 16.1 | | 18.0 | No | |

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| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Females | | | | | | | | | | |
| Weight Management and Dietary Behaviors | | | | | | | | | | |
| Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)* | | | | | | 13.7 | | 13.1 | No | |
| Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)* | | | | | | 6.1 | | 8.2 | No | |
| Percentage of students who described themselves as slightly or very overweight | | | | | | 34.9 | | 36.9 | No | |
| Percentage of students who were trying to lose weight | | | | | | 65.3 | | 61.3 | No | |
| Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days | | | | | | 67.3 | | 70.8 | No | |
| Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days | | | | | | 59.0 | | 55.7 | No | |
| Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days | | | | | | 15.3 | | 13.2 | No | |
| Percentage of students who took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days | | | | | | 14.3 | | 6.7 | Yes | |

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| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Females | | | | | | | | | | |
| Weight Management and Dietary Behaviors | | | | | | | | | | |
| Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days | | | | | | 6.1 | | 5.7 | No | |
| Percentage of students who drank 100% fruit juices one or more times during the past seven days | | | | | | 84.8 | | 83.2 | No | |
| Percentage of students who ate fruit one or more times during the past seven days | | | | | | 87.2 | | 85.6 | No | |
| Percentage of students who ate green salad one or more times during the past seven days | | | | | | 78.5 | | 77.3 | No | |
| Percentage of students who ate potatoes one or more times during the past seven days | | | | | | 70.6 | | 62.2 | Yes | |
| Percentage of students who ate carrots one or more times during the past seven days | | | | | | 47.8 | | 46.5 | No | |
| Percentage of students who ate other vegetables one or more times during the past seven days | | | | | | 86.2 | | 83.6 | No | |
| Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days | | | | | | 22.9 | | 16.3 | Yes | |
| Percentage of students who drank three or more glasses per day of milk during the past seven days | | | | | | 7.1 | | 7.1 | No | |

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|---|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Females | | | | | | | | | | |
| Physical Activity | | | | | | | | | | |
| Percentage of students who exercised or participated in physical activity that made them sweat and breathe hard for 20 minutes or more on three or more of the past seven days | | | | | | 56.2 | | 59.5 | No | |
| Percentage of students who participated in physical activity that did not make them sweat or breathe hard for 30 minutes or more on five or more of the past seven days | | | | | | 24.7 | | 24.8 | No | |
| Percentage of students who had not participated in at least 20 minutes of vigorous physical activity on three or more of the past seven days and had not participated in at least 30 minutes of moderate physical activity on five or more of the past seven days | | | | | | 37.7 | | 34.7 | No | |
| Percentage of students who had not participated in any vigorous or moderate physical activity during the past seven days | | | | | | 10.2 | | 8.3 | No | |
| Percentage of students who watched three or more hours per day of TV on an average school day | | | | | | 37.2 | | 33.8 | No | |
| Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school | | | | | | 92.5 | | 89.7 | No | |
| Percentage of students who attended physical education (PE) classes daily in an average week when they were in school | | | | | | 66.9 | | 61.0 | No | |

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New Jersey High School Survey Trend Analysis Report

| Question | Prevalence Survey Year | | | | | | | | Linear Change | Quadratic Change |
|--|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Females | | | | | | | | | | |
| Physical Activity | | | | | | | | | | |
| Among students enrolled in physical education (PE) class, the percentage who actually exercised or played sports more than 20 minutes during an average PE class | | | | | | 64.5 | | 72.7 | Yes | |
| Percentage of students who played on one or more sports teams during the past 12 months | | | | | | 52.7 | | 54.6 | No | |

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| Question | Prevalence Survey Year | | | | | | | | Linear Change | Quadratic Change |
|---|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Males | | | | | | | | | | |
| Injury and Violence | | | | | | | | | | |
| Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet | | | | | | 89.0 | | 89.8 | No | |
| Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else | | | | | | 19.7 | | 10.7 | Yes | |
| Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days | | | | | | 31.7 | | 27.7 | No | |
| Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days | | | | | | 16.4 | | 11.6 | Yes | |
| Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days | | | | | | 20.7 | | 17.3 | No | |
| Percentage of students who carried a gun on one or more of the past 30 days | | | | | | 8.2 | | 4.3 | Yes | |
| Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days | | | | | | 10.5 | | 5.3 | Yes | |
| Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days | | | | | | 9.7 | | 4.5 | Yes | |

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| Question | Prevalence Survey Year | | | | | | | | Linear Change | Quadratic Change |
|--|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Males | | | | | | | | | | |
| Injury and Violence | | | | | | | | | | |
| Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months | | | | | | 15.2 | | 10.5 | No | |
| Percentage of students who were in a physical fight one or more times during the past 12 months | | | | | | 44.7 | | 36.5 | Yes | |
| Percentage of students who were injured in a physical fight and had to be treated by a doctor or nurse one or more times during the past 12 months | | | | | | 9.2 | | 5.6 | Yes | |
| Percentage of students who were in a physical fight on school property one or more times during the past 12 months | | | | | | 18.7 | | 14.0 | Yes | |

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| Question | Prevalence Survey Year | | | | | | | | Linear Change | Quadratic Change |
|---|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Males | | | | | | | | | | |
| Tobacco Use | | | | | | | | | | |
| Percentage of students who ever tried cigarette smoking, even one or two puffs | | | | | | 62.7 | | 48.3 | Yes | |
| Percentage of students who smoked a whole cigarette for the first time before age 13 years | | | | | | 24.8 | | 10.1 | Yes | |
| Percentage of students who smoked cigarettes on one or more of the past 30 days | | | | | | 29.7 | | 19.0 | Yes | |
| Percentage of students who smoked cigarettes on 20 or more of the past 30 days | | | | | | 15.7 | | 6.6 | Yes | |
| Among students who are current smokers, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days | | | | | | 19.4 | | 9.1 | Yes | |

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| Question | Prevalence Survey Year | | | | | | | | Linear Change | Quadratic Change |
|---|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Males | | | | | | | | | | |
| Alcohol and Other Drug Use | | | | | | | | | | |
| Percentage of students who had at least one drink of alcohol on one or more days during their life | | | | | | 81.8 | | 77.1 | No | |
| Percentage of students who had their first drink of alcohol other than a few sips before age 13 years | | | | | | 37.6 | | 21.6 | Yes | |
| Percentage of students who had at least one drink of alcohol on one or more of the past 30 days | | | | | | 56.5 | | 43.9 | Yes | |
| Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days | | | | | | 36.9 | | 26.6 | Yes | |
| Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days | | | | | | 6.9 | | 4.4 | No | |
| Percentage of students who used marijuana one or more times during their life | | | | | | 44.9 | | 38.1 | No | |
| Percentage of students who tried marijuana for the first time before age 13 years | | | | | | 13.6 | | 7.1 | Yes | |
| Percentage of students who used marijuana one or more times during the past 30 days | | | | | | 28.0 | | 22.0 | No | |
| Percentage of students who used marijuana on school property one or more times during the past 30 days | | | | | | 8.1 | | 5.1 | No | |
| Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life | | | | | | 11.0 | | 6.4 | No | |

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| Question | Prevalence Survey Year | | | | | | | | Linear Change | Quadratic Change |
|---|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Males | | | | | | | | | | |
| Alcohol and Other Drug Use | | | | | | | | | | |
| Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days | | | | | | 6.9 | | 2.1 | Yes | |
| Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life | | | | | | 15.0 | | 11.5 | No | |
| Percentage of students who used heroin one or more times during their life | | | | | | 5.5 | | 1.8 | Yes | |
| Percentage of students who used methamphetamines one or more times during their life | | | | | | 9.6 | | 3.3 | Yes | |
| Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life | | | | | | 7.3 | | 3.5 | Yes | |
| Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life | | | | | | 5.6 | | 1.7 | Yes | |
| Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months | | | | | | 35.5 | | 38.2 | No | |

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| Question | Prevalence Survey Year | | | | | | | | Linear Change | Quadratic Change |
|---|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Males | | | | | | | | | | |
| Sexual Behaviors | | | | | | | | | | |
| Percentage of students who ever had sexual intercourse | | | | | | 52.6 | | 44.4 | Yes | |
| Percentage of students who had sexual intercourse for the first time before age 13 years | | | | | | 12.0 | | 7.0 | Yes | |
| Percentage of students who had sexual intercourse with four or more people during their life | | | | | | 23.2 | | 13.6 | Yes | |
| Percentage of students who had sexual intercourse with one or more people during the past three months | | | | | | 37.7 | | 30.8 | No | |
| Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse | | | | | | 36.9 | | 25.0 | Yes | |
| Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse | | | | | | 70.0 | | 78.8 | No | |
| Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse | | | | | | 9.2 | | 12.5 | No | |

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| Question | Prevalence Survey Year | | | | | | | | Linear Change | Quadratic Change |
|--|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Males | | | | | | | | | | |
| Weight Management and Dietary Behaviors | | | | | | | | | | |
| Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)* | | | | | | 15.5 | | 17.7 | No | |
| Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)* | | | | | | 14.0 | | 14.6 | No | |
| Percentage of students who described themselves as slightly or very overweight | | | | | | 22.6 | | 24.8 | No | |
| Percentage of students who were trying to lose weight | | | | | | 27.6 | | 29.9 | No | |
| Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days | | | | | | 50.7 | | 55.7 | Yes | |
| Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days | | | | | | 30.3 | | 25.2 | Yes | |
| Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days | | | | | | 8.8 | | 6.9 | No | |
| Percentage of students who took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days | | | | | | 7.9 | | 3.3 | Yes | |

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|--|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Males | | | | | | | | | | |
| Weight Management and Dietary Behaviors | | | | | | | | | | |
| Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days | | | | | | 4.2 | | 1.9 | No | |
| Percentage of students who drank 100% fruit juices one or more times during the past seven days | | | | | | 88.3 | | 85.7 | No | |
| Percentage of students who ate fruit one or more times during the past seven days | | | | | | 83.0 | | 79.4 | No | |
| Percentage of students who ate green salad one or more times during the past seven days | | | | | | 67.0 | | 60.6 | Yes | |
| Percentage of students who ate potatoes one or more times during the past seven days | | | | | | 71.7 | | 63.8 | Yes | |
| Percentage of students who ate carrots one or more times during the past seven days | | | | | | 50.8 | | 46.3 | No | |
| Percentage of students who ate other vegetables one or more times during the past seven days | | | | | | 82.2 | | 80.1 | No | |
| Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days | | | | | | 29.0 | | 17.4 | Yes | |
| Percentage of students who drank three or more glasses per day of milk during the past seven days | | | | | | 17.6 | | 14.6 | No | |

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|---|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Males | | | | | | | | | | |
| Physical Activity | | | | | | | | | | |
| Percentage of students who exercised or participated in physical activity that made them sweat and breathe hard for 20 minutes or more on three or more of the past seven days | | | | | | 75.1 | | 73.7 | No | |
| Percentage of students who participated in physical activity that did not make them sweat or breathe hard for 30 minutes or more on five or more of the past seven days | | | | | | 32.1 | | 32.1 | No | |
| Percentage of students who had not participated in at least 20 minutes of vigorous physical activity on three or more of the past seven days and had not participated in at least 30 minutes of moderate physical activity on five or more of the past seven days | | | | | | 21.6 | | 22.0 | No | |
| Percentage of students who had not participated in any vigorous or moderate physical activity during the past seven days | | | | | | 7.5 | | 5.2 | No | |
| Percentage of students who watched three or more hours per day of TV on an average school day | | | | | | 44.2 | | 37.7 | Yes | |
| Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school | | | | | | 92.4 | | 92.1 | No | |
| Percentage of students who attended physical education (PE) classes daily in an average week when they were in school | | | | | | 66.0 | | 60.3 | No | |

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| Question | Prevalence Survey Year | | | | | | | | Linear Change | Quadratic Change |
|--|---------------------------|------|------|------|------|------|------|------|------------------|---------------------|
| | 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | | |
| Males | | | | | | | | | | |
| Physical Activity | | | | | | | | | | |
| Among students enrolled in physical education (PE) class, the percentage who actually exercised or played sports more than 20 minutes during an average PE class | | | | | | 79.7 | | 80.6 | No | |
| Percentage of students who played on one or more sports teams during the past 12 months | | | | | | 65.4 | | 69.1 | No | |