2021 New Jersey Student Health Survey

# ELECTRONIC VAPOR

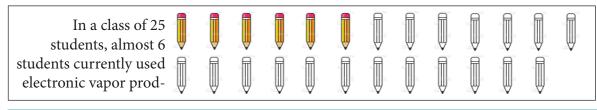
Despite downward trends in cigarette smoking among youths, a dramatic increase in electronic vapor product use has led to an increase in overall tobacco product use for high school students.<sup>(1)</sup> Among high school students nationwide in 2021, 36% <sup>(2)</sup> had ever used an electronic vapor product while 18% currently used an electronic vapor product.<sup>(3)</sup> 5% of students nationwide use electronic vapor products daily.<sup>(2)</sup>

# 22%

of students currently used an electronic vapor product (on at least 1 day during the 30 days before the survey)

# 2-Year\* Linear Trend: No Change

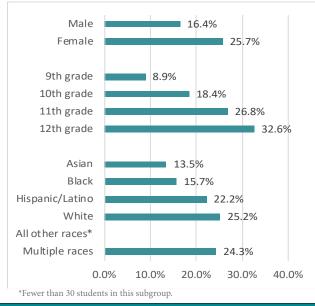
\*10-Year trend data unavailable. Electronic vapor questions were added in 2015.



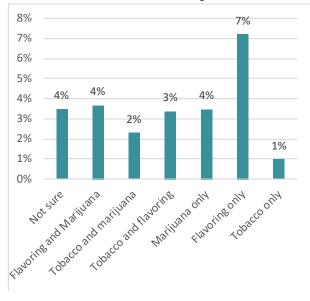
### New Jersey Student Health Survey Highlights

- Ever Used E-Vapor Product: 36% ever used an electronic vapor product.
- *Current E-Vapor Use*: 22% used an electronic vapor product on one or more of the past 30 days.
- *Frequent E-Vapor Use*: 7% frequently used electronic vapor products on at least 20 of the past 30 days.
- *Purchased themselves*: 31% bought e-vapor products themselves.

#### Current Electronic Vapor Use by Demographic



Contents of Electronic Vapor Product



## NJSHS 10-Year Trend Analysis: 2019-2021 Electronic Vapor Use

Percentage of	2019	2021 T			end Analysis 2019-2021		
Ever used an e	45%		36%				
Currently usec	28%		22%				
Currently used frequently	6%		7%				
Currently used daily	4%		5%				
Increase in nega- tive behavior	Decrease in neg- ative behavior	Increase in a positive behavior	Decrease in a po tive behavior			·	Trend not reported by CDC
Trend analysis was performed by the CDC on data from 2011 to 2021 to determine which differences across years were sta- tistically significant. For questions not asked in all survey years, the trend analysis was performed from 2021 back to the last							

consecutive year in which the question was asked.

## Additional New Jersey Student Health Survey Findings

- 22% of students currently smoked cigarettes or used electronic vapor products on at least one day during the 30 days before the survey.
- 41% of female students have ever used an electronic vapor product as compared to 32% of males.
- All frequencies of e-vapor use (current, frequently, daily) increased with grade. Daily use increased from 2% of 9th grade students to 9% of 12th grade students.

#### Definitions

- Examples given for electronic vapor products are e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens (such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo)
- Current e-vapor use is defined as use on at least one day during the 30 days before the survey.
- Frequent e-vapor use is defined as use on 20 or more days during 30 days before the survey.
- Daily e-vapor use is defined as use on all 30 days during the 30 days before the survey.
- Locations for purchase listed: convenience store, supermarket, discount store, or gas station.

#### Resources

- ReachNJ -- Facing Addiction Taskforce: 1-844-ReachNJ (New Jersey's 24/7 Addiction Helpline), https://nj.gov/humanservices/reachnj/
- New Jersey Prevention Network: <u>https://www.njpn.org</u>
- Parent-To-Parent: <u>http://www.parent2parentnj.org/index.php</u>
- Rutgers -- SECD Lab: <u>https://www.secdlab.org/</u>
- Partnership for Drug-Free Kids: <u>https://drugfree.org/</u>