

# Self-Management Handout 9: Resources and References

This handout provides additional resources and research to support student self-management and social and emotional learning (SEL) broadly. Many of these resources were used to develop the content of this module. You may want to refer to this handout for resources as you create your action plan with Handout 8.

For more information about New Jersey Department of Education’s (NJDOE’s) SEL efforts, contact NJDOE Office of Student Support Services at [SchoolClimate@doe.nj.gov](mailto:SchoolClimate@doe.nj.gov).

## Resources Supporting Teaching Strategies to Support Student Self-Management

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## General Resources Supporting Social and Emotional Learning

The [Collaborative for Academic, Social, and Emotional Learning](about:blank) ([https://casel.org](https://casel.org/)) is a leader in SEL.

* Key resources are the [*CASEL Guides*](https://casel.org/guide/) (<https://casel.org/guide/>), which outline SEL programs with the most rigorous research base for preschool through high school.

The [Center on Great Teachers and Leaders](http://www.gtlcenter.org/sel-school) (<https://gtlcenter.org/sel-school>) has an “SEL School” that provides tools and strategies to integrate SEL with college and career readiness standards and teacher evaluation systems.

* One tool referenced is [*Teaching the Whole Child: Instructional Practices that Support Social-Emotional Learning in Three Teacher Evaluation Frameworks*](https://gtlcenter.org/sites/default/files/TeachingtheWholeChild.pdf) (https://gtlcenter.org/sites/default/files/TeachingtheWholeChild.pdf).

[Edutopia](http://www.edutopia.org/social-emotional-learning) (<https://www.edutopia.org/social-emotional-learning>) provides an online learning hub for SEL research, videos, and classroom materials.

[The National Clearinghouse on Supportive School Discipline](http://supportiveschooldiscipline.org/learn/reference-guides/social-and-emotional-learning-sel) (<https://supportiveschooldiscipline.org/learn/reference-guides/social-and-emotional-learning-sel>) reviews SEL research, tools, and strategies, and examples of SEL in schools.

The [ASCD Whole Child](http://www.wholechildeducation.org/) (<http://www.wholechildeducation.org/>) initiative provides a variety of tools and resources to help educators learn about and implement SEL in school.

The [Aspen Institute National Commission on Social, Emotional, and Academic Development](https://www.aspeninstitute.org/programs/national-commission-on-social-emotional-and-academic-development/) (<https://www.aspeninstitute.org/programs/national-commission-on-social-emotional-and-academic-development/>) provides a variety of tools and resources to support SEL.

* A resource referenced is [A Sampling of the Literature on Social, Emotional, and Academic Development](https://assets.aspeninstitute.org/content/uploads/2017/01/SEAD-ReadingLists01.27.2017.pdf) (https://assets.aspeninstitute.org/content/uploads/2017/01/SEAD-ReadingLists01.27.2017.pdf).

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