

# Self-Management Handout 6: Academic Integration Lesson Planning Tool

## **Directions:**

Use this template or another lesson planning tool to integrate self-management within an academic lesson.

Refer to Handout 5b to review the learning objectives related to self-management sub-competencies. Refer as needed to the New Jersey academic standards and SEL competencies to ensure alignment in your lesson planning.

Discuss your ideas with your grade-level or department team to identify ways to create consistent structures to integrate self-management into your lessons.

## **Instructional Design**

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| **Content:** | **Lesson Duration:** |

### Description of Lesson Activities (Notes/considerations for differentiating instruction, behavior management, and assessment).

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**SEL Competency, Sub-Competency, and Indicator:**

Which SEL indicator do you plan to focus on as the **learning objective** of this lesson?

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| **Teacher-Led Elements** (Which specific parts of the lesson will focus on and support the development or application of the SEL indicator?) | **Student-Led Elements** (How will students actively learn or apply the SEL indicator in a culturally responsive manner?) | **SEL-Academic Connection** (How will the SEL indicator you selected ultimately support engagement in academic activities?) | **Assessment** (How will you formatively assess the SEL indicator? What are the specific components of the formative assessment?) |
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