The term "transition services" means a coordinated set of activities for a child with a disability that—
(A) is designed to be within a results-oriented process, that is focused on improving the academic and functional
achievement of the child with a disability to facilitate the child's movement from school to post-school activities,
including post-secondary education, vocational education, integrated employment (including supported employment),
continuing and adult education, adult services, independent living, or community participation; (B) is based on the
individual child's needs, taking into account the child's strengths, preferences, and interests; and (C) includes
instruction, related services, community experiences, the development of employment and other post-school adult living
objectives, and, when appropriate, acquisition of daily living skills and functional vocational evaluation.
20 U.S.C. §1401(34)

“Beginning at Age 14” Transition Statement
Beginning with the IEP in place for the school year when the student will turn age 14, or younger if determined
appropriate by the IEP team, one of the components that must be included in the IEP are strategies and/or
activities that are consistent with the student’s strengths, interests, and preferences, and are intended to assist the
student in developing or attaining postsecondary goals. The following pages of this document contain examples of
activities/strategies that can be used to assist students who are unsure of their future plans to further identify and
clarify their preferences and interests for the development of postsecondary goals. These sample activities
/strategies are identified by an asterisk (*).

Another component of the IEP that must be included in the “beginning at age 14” transition statement is a
statement of any needed interagency linkages and responsibilities. Sample interagency linkages are included at the end
of this document.

“Beginning at Age 16” Statement of Transition Services
Beginning with the IEP in place for the school year when the student will turn age 16, or younger if determined
appropriate by the IEP team, the IEP must include a statement of transition services. The statement of transition
services includes a multi-year plan of strategies/activities that will assist the student to prepare for post-secondary
activities such as post-secondary education, vocational training, integrated employment (including supported
employment), continuing and adult education, adult services, independent living, and community participation. The “beginning at age 16” statement of transition services does not replace the “beginning at age 14” transition statement, but rather builds upon it to form a complete plan for the future.

For each activity/strategy specified in the “beginning at age 16” statement of transition services, IEP teams should
specify the expected date of implementation, (i.e. Spring 2011, Fall 2012). The dates of implementation can be
from the date of the IEP meeting to any date prior to the student’s expected date of high school graduation. The
person or agency responsible for arranging, providing and/or implementing each activity/strategy should also be
specified, and responsibilities should be shared among IEP meeting participants (student, parent, school staff, etc.).

The following pages contain examples of activities/strategies that can be used to assist students to prepare for their
desired post-school goals. The activities/strategies are organized by the seven areas contained in the
“age 16” statement of transition services; instruction, related services, community experiences, employment, post-
school adult living, daily living skills, and functional vocational evaluation. Whenever spaces are included in a
sample activity, provide information needed to individualize the activity to the needs of the student.
### Sample Transition Activities/Strategies

#### INSTRUCTION

1. Use the following tools/methods to gather information regarding (the student's) desired post-secondary educational involvement: ____________________________________________

2. Visit the following college campuses and meet with student support services: ____________________________________________________________

5. Enroll in career awareness course entitled ______________________ in the __ grade*

6. Enroll in adult living course entitled ______________________ in the __ grade*

7. Tour post-school occupational training programs*

8. Obtain, complete, and submit applications to the following colleges: _____________

9. Obtain, complete, and submit applications for tuition assistance

10. Learn about Section 504 of the Rehabilitation Act

11. Explore admission requirements for enrollment at Vocational/Technical School

12. Learn about the process for accessing apartments for rent

13. Obtain information on continuing and adult education opportunities

14. Learn about the Americans with Disabilities Act by attending a workshop at _____________

15. Learn about students' rights under IDEA and N.J.A.C. 6A:14


17. Enroll in Internship/Apprenticeship program in the __ grade

18. Participate in the following extra curricular activities: ____________________________

19. Enroll in the following Adult/Continuing Education courses: _________________________

20. Enroll in the following Community College Courses: _____________________________

21. Enroll in “parenting” classes in the __ grade

22. Learn about time management strategies

23. Enroll in SAT prep course in the __ grade

24. Learn about community agencies that provide services and support to people with disabilities by ____________________________

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### RELATED SERVICES

1. Determine if (the student) is likely to need transportation assistance, a type of therapy, or other related service after graduating high school*

2. Obtain a driving evaluation from ________________________________

3. Explore county transportation options


5. Obtain sources of support for coping with difficult life situations

6. Visit the community mental health agency ____________________ located at ________________________________________________________

7. Identify potential post-school providers of recreation therapy

8. Identify potential post-school providers of occupational therapy and potential funding sources

9. Visit potential post-school providers of physical therapy

10. Learn about potential post-school providers of speech therapy

11. (If student is receiving SSI) Write a Plan for Achieving Self-Support (PASS) and submit to SSA to set aside income and/or resources for transportation to and from a job
**COMMUNITY EXPERIENCES**

1. Use the following tools/methods to collect information regarding (the student)'s desired post-secondary community involvement: *
2. Investigate participation in social/recreation events sponsored by ______________ *
3. Learn about and visit potential places in the community to shop for food, clothes, etc.*
4. Investigate participation on the community sports team for ________________ *
5. Tour apartments for rent*
6. Investigate participation in community civic organization (Lions Club, Rotary, etc.)*
7. Investigate opportunities for socialization training in the community
8. Visit and investigate the youth volunteer program at the library
9. Visit and learn about youth volunteer program at the hospital
10. Visit the community theater group to learn about participating
11. Visit and learn about the community symphonic organization
12. Investigate participation in the community arts council
13. Visit and learn about the community horticultural club
14. Visit and learn about the community historical preservation society

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1. Use the following tools/methods to collect information regarding (the student)’s desired employment and career interests for adult life beyond college and/or post-secondary vocational training: ____________________________  
2. Participate in the career fair to learn about careers*  
3. Participate in career awareness program in the __ grade*  
4. Enroll in the community-based career exploration program in the __ grade*  
5. Work towards obtaining a license to become a ________________________  
6. Explore possible summer employment through the county One-Stop Career Center located at: ____________________________  
7. Meet with the following Supported Employment agencies to evaluate their services: ____________________________  
8. Obtain a part-time job (volunteer or paid) in a career field of interest through participation in a Structured Learning Experience  
9. Learn about the County One-Stop Career Center [http://lwd.dol.state.nj.us/labor/wnjpin/findjob/onestop/services.html](http://lwd.dol.state.nj.us/labor/wnjpin/findjob/onestop/services.html)  
10. Enroll in the youth apprenticeship program for _______________________________  
11. (If student is receiving SSI) Learn about social security work incentives at [www.ssa.gov/redbook/index.html](http://www.ssa.gov/redbook/index.html)  
12. (If student is receiving SSI) Learn about and write a Plan for Achieving Self-Support (PASS) and submit to Social Security to set aside income and/or resources for a job coach and/or for starting a business ([www.ssa.gov/online:ssa-545.html](http://www.ssa.gov/online/ss-545.html))  
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# POST SCHOOL ADULT LIVING

1. Use the following tools/methods to collect information regarding (the student)'s desired residential life beyond high school and a residential post-secondary educational setting: ________________________________

2. Learn about a personal planning process*

3. Join and participate in the following community recreation/health center: ________ *

4. Prepare for tests that are required for obtaining a driver's license

5. Register to vote and learn about the election process

6. Register for the draft and learn about public service obligations/opportunities

7. Obtain assistance to complete tax return from ________________________________

8. Explore insurance issues/needs by meeting with ______________________________

9. Explore guardianship issues and estate planning by attending a presentation sponsored by ________________________________

10. Learn about managing/maintaining/performing simple repairs on a home and obtaining modifications/accommodations

11. Contact the Center for Independent Living for information/training on self-advocacy  

12. Learn about ways to purchase/lease a car and maintain a vehicle/obtain modifications

13. Open a bank account and manage finances/budget/bills

14. Apply for credit/debit cards and manage personal debt

15. Learn about expectations for eating in restaurants

16. Obtain information on managing personal health

17. Meet with social worker to discuss interpersonal skill development

18. Plan for a vacation/leisure activities

19. Learn about consumer skills/rights and responsibilities

20. Obtain information about financial planning and investing

21. Contact the NJ Commission for the Blind and Visually Impaired to obtain training on independent living

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# DAILY LIVING SKILLS

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<tbody>
<tr>
<td>1.</td>
<td>Meet with and interview adults with disabilities and their families who are receiving residential supports*</td>
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<td>2.</td>
<td>Visit and tour a variety of adult housing options with supports*</td>
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<td>3.</td>
<td>Visit community agencies that provide daily living skills training to adults</td>
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<td>4.</td>
<td>Obtain a list of agencies that provide residential supports in this county</td>
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<td>5.</td>
<td>Contact DDD case manager to be placed on the residential services waiting list</td>
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<td>6.</td>
<td>Develop a network of informal supports (friends, neighbors, etc.)</td>
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<td>7.</td>
<td>Explore the possible use of technology and adaptive assistance</td>
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<td>8.</td>
<td>Develop emergency procedures for use at home</td>
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<td>Manage daily time schedule</td>
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**FUNCTIONAL VOCATIONAL EVALUATION**

1. Use the following tools/methods to collect functional information regarding (the student)'s vocational interests and abilities: __________________________________*  

2. Use existing functional information about (the student) to develop functional assessments*  

3. Participate in community-based situational vocational assessment program*  

4. Develop a vocational profile based on functional information*  

5. Provide opportunities for job sampling in the community in the ___ grade*  

6. Contact agencies that provide functional vocational assessments in the community*  

7. Meet with employers to develop a situational vocational assessment site in the community related to (the student)’s interest in the field of ____________________ *  

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**Sample Interagency Linkages**

1. Contact the NJ Division of Disability Services for information and referral assistance at 1-888-285-3036 or on the web at [www.state.nj.us/humanservices/dds](http://www.state.nj.us/humanservices/dds)

2. Obtain, complete, and submit applications to gain admittance to specialized disability support programs offered by the following colleges or universities: ________________

3. Obtain and complete a referral form for the NJ Division of Vocational Rehabilitation Services (DVRS), and submit the completed form to the local DVRS office located at ________________

4. After submitting the referral form, follow up with the local DVRS office to schedule an intake appointment for (the student) to meet with a DVRS counselor to complete the written application for services

5. After (the student) has been determined eligible for DVRS services and is ready to consider specific services to be provided upon graduation, schedule an appointment for (the student) to meet with a DVRS counselor to develop an Individualized Plan for Employment (IPE)

6. Contact the Center for Independent Living (CIL) to establish eligibility and develop an independent living plan. The phone number is ________________

   (Call 732-571-3703 or visit [www.njsile.org](http://www.njsile.org) to locate the nearest CIL)


   Obtain, complete, and submit an application for eligibility with the County Paratransit System. The phone number is _________________ To determine area provider, visit [http://www.njtransit.com/tm/tm_servlet.srv?hdnPageAction=ParaTransitTo](http://www.njtransit.com/tm/tm_servlet.srv?hdnPageAction=ParaTransitTo)

8. Apply for eligibility with the local Community Mental Health Center. The phone number is ________________ (To locate area providers, call 1-800-382-6717 or visit [http://www.state.nj.us/humanservices/dmhs/news/publications/mhs/index.html](http://www.state.nj.us/humanservices/dmhs/news/publications/mhs/index.html)

9. Obtain, complete, and submit an application for eligibility with the New Jersey Division of Developmental Disabilities (DDD). The phone number is ________________

   (To determine area provider, call 1-800-832-9173 or visit [http://www.state.nj.us/humanservices/ddd/staff/cso/index.html](http://www.state.nj.us/humanservices/ddd/staff/cso/index.html)

10. Apply for Supplemental Security Income (SSI) from the Social Security Administration. To learn more about applying for benefits for children under 18 years old, visit [www.socialsecurity.gov/applyfordisability/child.htm](http://www.socialsecurity.gov/applyfordisability/child.htm)

11. Contact the NJ Commission for the Blind and Visually Impaired to obtain complete, and submit an application for eligibility. The phone number is 973-648-3333. (Visit [www.state.nj.us/humanservices/cbvi](http://www.state.nj.us/humanservices/cbvi) for more information)