

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Jersey High School Survey
Trend Analysis Report

Question	Prevalence					2001	2003	2005	Linear Change	Quadratic Change
	1991	1993	1995	1997	1999					
Total										
Injury and Violence										
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet						86.9		86.3	No	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else						15.0		8.4	Yes	
Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days						30.4		27.5	No	
Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days						13.0		9.6	Yes	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days						13.1		10.5	No	
Percentage of students who carried a gun on one or more of the past 30 days						4.8		2.3	Yes	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days						6.8		3.1	Yes	
Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days						9.4		4.4	Yes	

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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
Total											
Injury and Violence											
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months						11.2		8.0		No	
Percentage of students who were in a physical fight one or more times during the past 12 months						34.6		30.7		Yes	
Percentage of students who were injured in a physical fight and had to be treated by a doctor or nurse one or more times during the past 12 months						6.4		4.0		Yes	
Percentage of students who were in a physical fight on school property one or more times during the past 12 months						13.2		10.1		Yes	

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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
Total											
Tobacco Use											
Percentage of students who ever tried cigarette smoking, even one or two puffs						63.0		49.0		Yes	
Percentage of students who smoked a whole cigarette for the first time before age 13 years						21.5		8.6		Yes	
Percentage of students who smoked cigarettes on one or more of the past 30 days						29.4		19.8		Yes	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days						14.9		7.0		Yes	
Among students who are current smokers, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days						13.2		6.3		Yes	

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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
Total											
Alcohol and Other Drug Use											
Percentage of students who had at least one drink of alcohol on one or more days during their life						83.4		79.1			Yes
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years						32.5		20.1			Yes
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days						55.7		46.5			Yes
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days						32.6		27.2			Yes
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days						5.0		3.7			No
Percentage of students who used marijuana one or more times during their life						41.1		35.8			No
Percentage of students who tried marijuana for the first time before age 13 years						9.2		4.6			Yes
Percentage of students who used marijuana one or more times during the past 30 days						24.9		19.9			No
Percentage of students who used marijuana on school property one or more times during the past 30 days						5.2		3.4			No
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life						8.5		5.7			No

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Alcohol and Other Drug Use										
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days						4.2		2.0		Yes
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life						12.7		10.1		No
Percentage of students who used heroin one or more times during their life						3.8		1.4		Yes
Percentage of students who used methamphetamines one or more times during their life						7.7		2.6		Yes
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life						4.7		2.4		Yes
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life						3.2		0.9		Yes
Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months						28.8		32.6		Yes

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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
Total											
Sexual Behaviors											
Percentage of students who ever had sexual intercourse						47.4		44.2			No
Percentage of students who had sexual intercourse for the first time before age 13 years						7.6		4.8			Yes
Percentage of students who had sexual intercourse with four or more people during their life						16.8		11.6			Yes
Percentage of students who had sexual intercourse with one or more people during the past three months						36.1		32.8			No
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse						26.6		21.8			No
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse						63.7		71.2			Yes
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse						12.9		15.5			No

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Question	Prevalence					2001	2003	2005	Linear Change	Quadratic Change
	1991	1993	1995	1997	1999					
Total										
Weight Management and Dietary Behaviors										
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)*						14.6		15.4	No	
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)*						10.1		11.4	No	
Percentage of students who described themselves as slightly or very overweight						28.8		30.8	No	
Percentage of students who were trying to lose weight						46.4		45.5	No	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days						58.9		63.2	Yes	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days						44.7		40.4	Yes	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days						12.0		10.0	No	
Percentage of students who took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days						11.1		5.0	Yes	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Weight Management and Dietary Behaviors										
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days						5.2		3.8		No
Percentage of students who drank 100% fruit juices one or more times during the past seven days						86.5		84.5		No
Percentage of students who ate fruit one or more times during the past seven days						85.1		82.5		No
Percentage of students who ate green salad one or more times during the past seven days						72.7		68.9		No
Percentage of students who ate potatoes one or more times during the past seven days						71.1		63.0		Yes
Percentage of students who ate carrots one or more times during the past seven days						49.3		46.4		No
Percentage of students who ate other vegetables one or more times during the past seven days						84.2		81.8		No
Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days						25.9		16.8		Yes
Percentage of students who drank three or more glasses per day of milk during the past seven days						12.4		10.8		No

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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
Total											
Physical Activity											
Percentage of students who exercised or participated in physical activity that made them sweat and breathe hard for 20 minutes or more on three or more of the past seven days						65.6		66.6		No	
Percentage of students who participated in physical activity that did not make them sweat or breathe hard for 30 minutes or more on five or more of the past seven days						28.5		28.4		No	
Percentage of students who had not participated in at least 20 minutes of vigorous physical activity on three or more of the past seven days and had not participated in at least 30 minutes of moderate physical activity on five or more of the past seven days						29.7		28.4		No	
Percentage of students who had not participated in any vigorous or moderate physical activity during the past seven days						8.9		6.7		No	
Percentage of students who watched three or more hours per day of TV on an average school day						40.7		35.8		Yes	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school						92.4		90.9		No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school						66.5		60.7		No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Physical Activity										
Among students enrolled in physical education (PE) class, the percentage who actually exercised or played sports more than 20 minutes during an average PE class						71.9		76.7	No	
Percentage of students who played on one or more sports teams during the past 12 months						59.0		61.8	No	

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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
Females											
Injury and Violence											
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet						84.3		81.2		No	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else						10.1		6.1		Yes	
Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days						29.0		27.2		No	
Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days						9.5		7.5		No	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days						5.5		3.7		No	
Percentage of students who carried a gun on one or more of the past 30 days						1.4		0.3		No	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days						3.0		0.9		Yes	
Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days						9.2		4.4		Yes	

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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
Females											
Injury and Violence											
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months						7.0		5.4		No	
Percentage of students who were in a physical fight one or more times during the past 12 months						24.8		24.8		No	
Percentage of students who were injured in a physical fight and had to be treated by a doctor or nurse one or more times during the past 12 months						3.5		2.4		No	
Percentage of students who were in a physical fight on school property one or more times during the past 12 months						7.8		6.1		No	

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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
Females											
Tobacco Use											
Percentage of students who ever tried cigarette smoking, even one or two puffs						63.3		49.8		Yes	
Percentage of students who smoked a whole cigarette for the first time before age 13 years						18.4		7.2		Yes	
Percentage of students who smoked cigarettes on one or more of the past 30 days						28.9		20.6		Yes	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days						13.8		7.4		Yes	
Among students who are current smokers, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days						6.8		3.8		No	

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Question	Prevalence Survey Year									Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005				
Females												
Alcohol and Other Drug Use												
Percentage of students who had at least one drink of alcohol on one or more days during their life						85.0		81.1			No	
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years						27.1		18.6			Yes	
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days						54.8		49.0			No	
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days						28.3		27.8			No	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days						2.9		3.1			No	
Percentage of students who used marijuana one or more times during their life						37.2		33.5			No	
Percentage of students who tried marijuana for the first time before age 13 years						4.8		2.1			Yes	
Percentage of students who used marijuana one or more times during the past 30 days						21.7		17.8			No	
Percentage of students who used marijuana on school property one or more times during the past 30 days						2.3		1.8			No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life						6.0		5.0			No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Alcohol and Other Drug Use										
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days						1.6		1.9	No	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life						10.4		8.7	No	
Percentage of students who used heroin one or more times during their life						2.1		0.9	No	
Percentage of students who used methamphetamines one or more times during their life						5.8		2.0	Yes	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life						2.2		1.4	No	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life						0.8		0.1	No	
Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months						22.0		27.0	Yes	

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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
Females											
Sexual Behaviors											
Percentage of students who ever had sexual intercourse						42.2		44.0		No	
Percentage of students who had sexual intercourse for the first time before age 13 years						3.2		2.7		No	
Percentage of students who had sexual intercourse with four or more people during their life						10.7		9.8		No	
Percentage of students who had sexual intercourse with one or more people during the past three months						34.4		34.6		No	
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse						15.7		19.0		No	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse						57.0		64.7		No	
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse						16.1		18.0		No	

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Question	Prevalence					2001	2003	2005	Linear Change	Quadratic Change
	1991	1993	1995	1997	1999					
Females										
Weight Management and Dietary Behaviors										
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)*						13.7		13.1	No	
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)*						6.1		8.2	No	
Percentage of students who described themselves as slightly or very overweight						34.9		36.9	No	
Percentage of students who were trying to lose weight						65.3		61.3	No	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days						67.3		70.8	No	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days						59.0		55.7	No	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days						15.3		13.2	No	
Percentage of students who took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days						14.3		6.7	Yes	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Weight Management and Dietary Behaviors										
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days						6.1		5.7	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days						84.8		83.2	No	
Percentage of students who ate fruit one or more times during the past seven days						87.2		85.6	No	
Percentage of students who ate green salad one or more times during the past seven days						78.5		77.3	No	
Percentage of students who ate potatoes one or more times during the past seven days						70.6		62.2	Yes	
Percentage of students who ate carrots one or more times during the past seven days						47.8		46.5	No	
Percentage of students who ate other vegetables one or more times during the past seven days						86.2		83.6	No	
Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days						22.9		16.3	Yes	
Percentage of students who drank three or more glasses per day of milk during the past seven days						7.1		7.1	No	

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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
Females											
Physical Activity											
Percentage of students who exercised or participated in physical activity that made them sweat and breathe hard for 20 minutes or more on three or more of the past seven days						56.2		59.5		No	
Percentage of students who participated in physical activity that did not make them sweat or breathe hard for 30 minutes or more on five or more of the past seven days						24.7		24.8		No	
Percentage of students who had not participated in at least 20 minutes of vigorous physical activity on three or more of the past seven days and had not participated in at least 30 minutes of moderate physical activity on five or more of the past seven days						37.7		34.7		No	
Percentage of students who had not participated in any vigorous or moderate physical activity during the past seven days						10.2		8.3		No	
Percentage of students who watched three or more hours per day of TV on an average school day						37.2		33.8		No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school						92.5		89.7		No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school						66.9		61.0		No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Physical Activity										
Among students enrolled in physical education (PE) class, the percentage who actually exercised or played sports more than 20 minutes during an average PE class						64.5		72.7	Yes	
Percentage of students who played on one or more sports teams during the past 12 months						52.7		54.6	No	

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	1991	1993	1995	1997	1999	2001	2003	2005			
Males											
Injury and Violence											
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet						89.0		89.8		No	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else						19.7		10.7		Yes	
Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days						31.7		27.7		No	
Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days						16.4		11.6		Yes	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days						20.7		17.3		No	
Percentage of students who carried a gun on one or more of the past 30 days						8.2		4.3		Yes	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days						10.5		5.3		Yes	
Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days						9.7		4.5		Yes	

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	1991	1993	1995	1997	1999	2001	2003	2005			
Males											
Injury and Violence											
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months						15.2		10.5		No	
Percentage of students who were in a physical fight one or more times during the past 12 months						44.7		36.5		Yes	
Percentage of students who were injured in a physical fight and had to be treated by a doctor or nurse one or more times during the past 12 months						9.2		5.6		Yes	
Percentage of students who were in a physical fight on school property one or more times during the past 12 months						18.7		14.0		Yes	

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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
Males											
Tobacco Use											
Percentage of students who ever tried cigarette smoking, even one or two puffs						62.7		48.3		Yes	
Percentage of students who smoked a whole cigarette for the first time before age 13 years						24.8		10.1		Yes	
Percentage of students who smoked cigarettes on one or more of the past 30 days						29.7		19.0		Yes	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days						15.7		6.6		Yes	
Among students who are current smokers, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days						19.4		9.1		Yes	

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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
Males											
Alcohol and Other Drug Use											
Percentage of students who had at least one drink of alcohol on one or more days during their life						81.8		77.1		No	
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years						37.6		21.6		Yes	
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days						56.5		43.9		Yes	
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days						36.9		26.6		Yes	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days						6.9		4.4		No	
Percentage of students who used marijuana one or more times during their life						44.9		38.1		No	
Percentage of students who tried marijuana for the first time before age 13 years						13.6		7.1		Yes	
Percentage of students who used marijuana one or more times during the past 30 days						28.0		22.0		No	
Percentage of students who used marijuana on school property one or more times during the past 30 days						8.1		5.1		No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life						11.0		6.4		No	

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Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
Males											
Alcohol and Other Drug Use											
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days						6.9		2.1		Yes	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life						15.0		11.5		No	
Percentage of students who used heroin one or more times during their life						5.5		1.8		Yes	
Percentage of students who used methamphetamines one or more times during their life						9.6		3.3		Yes	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life						7.3		3.5		Yes	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life						5.6		1.7		Yes	
Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months						35.5		38.2		No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Jersey High School Survey
Trend Analysis Report

Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
Males											
Sexual Behaviors											
Percentage of students who ever had sexual intercourse						52.6		44.4			Yes
Percentage of students who had sexual intercourse for the first time before age 13 years						12.0		7.0			Yes
Percentage of students who had sexual intercourse with four or more people during their life						23.2		13.6			Yes
Percentage of students who had sexual intercourse with one or more people during the past three months						37.7		30.8			No
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse						36.9		25.0			Yes
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse						70.0		78.8			No
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse						9.2		12.5			No

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Jersey High School Survey
Trend Analysis Report

Question	Prevalence					2001	2003	2005	Linear Change	Quadratic Change
	1991	1993	1995	1997	1999					
Males										
Weight Management and Dietary Behaviors										
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)*						15.5	17.7		No	
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)*						14.0	14.6		No	
Percentage of students who described themselves as slightly or very overweight						22.6	24.8		No	
Percentage of students who were trying to lose weight						27.6	29.9		No	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days						50.7	55.7		Yes	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days						30.3	25.2		Yes	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days						8.8	6.9		No	
Percentage of students who took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days						7.9	3.3		Yes	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Jersey High School Survey
Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Weight Management and Dietary Behaviors										
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days						4.2		1.9	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days						88.3		85.7	No	
Percentage of students who ate fruit one or more times during the past seven days						83.0		79.4	No	
Percentage of students who ate green salad one or more times during the past seven days						67.0		60.6	Yes	
Percentage of students who ate potatoes one or more times during the past seven days						71.7		63.8	Yes	
Percentage of students who ate carrots one or more times during the past seven days						50.8		46.3	No	
Percentage of students who ate other vegetables one or more times during the past seven days						82.2		80.1	No	
Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days						29.0		17.4	Yes	
Percentage of students who drank three or more glasses per day of milk during the past seven days						17.6		14.6	No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Jersey High School Survey
Trend Analysis Report

Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
Males											
Physical Activity											
Percentage of students who exercised or participated in physical activity that made them sweat and breathe hard for 20 minutes or more on three or more of the past seven days						75.1		73.7		No	
Percentage of students who participated in physical activity that did not make them sweat or breathe hard for 30 minutes or more on five or more of the past seven days						32.1		32.1		No	
Percentage of students who had not participated in at least 20 minutes of vigorous physical activity on three or more of the past seven days and had not participated in at least 30 minutes of moderate physical activity on five or more of the past seven days						21.6		22.0		No	
Percentage of students who had not participated in any vigorous or moderate physical activity during the past seven days						7.5		5.2		No	
Percentage of students who watched three or more hours per day of TV on an average school day						44.2		37.7		Yes	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school						92.4		92.1		No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school						66.0		60.3		No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Jersey High School Survey
Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Physical Activity										
Among students enrolled in physical education (PE) class, the percentage who actually exercised or played sports more than 20 minutes during an average PE class						79.7		80.6	No	
Percentage of students who played on one or more sports teams during the past 12 months						65.4		69.1	No	