

## State of New Jersey

Governor's Council on Alcoholism and Drug Abuse PO Box 345 Trenton, NJ 08625-0345

RESOLUTION

Recognizing the Month of September, 2017 as "Suicide Prevention Awareness Month" in New Jersey

## October 18, 2017

WHEREAS, #BeThe1To is the National Suicide Prevention Lifeline message for 2017 National Suicide Prevention Month and beyond, which helps spread the word about actions we can all take to prevent suicide; and

WHEREAS, "Take a minute, save a life" is the theme for 2017 National Suicide Prevention Week, which includes World Suicide Prevention Day September 10<sup>th</sup>; and

WHEREAS, according to the CDC, each year more than 41,000 individuals die by suicide, 10<sup>th</sup> leading cause of death among adults, 2<sup>nd</sup> leading cause of death in ages 10-24, leaving behind thousands of friends and family members to navigate the tragedy of their loss; and

WHEREAS, we shall not tolerate stigma associated with mental health and addiction disorders, knowing that suicidal thoughts can affect anyone regardless of age, gender or background, with risk factors that include family history, substance abuse, history of trauma and abuse, prolonged stress, age, and isolation; and

WHEREAS, a Youth Suicide Prevention Advisory Council and an Adult Suicide Prevention Advisory Council have been established to address suicide prevention here in New Jersey; and

WHEREAS, suicide is preventable, and New Jersey provides many suicide prevention resources, including the NJ Suicide Prevention Hopeline, National Suicide Prevention Lifeline, Vet2Vet, and Cop2Cop.

**NOW THEREFORE BE IT RESOLVED** that the Governor's Council on Alcoholism and Drug Abuse hereby recognizes the month of September 2017 as "Suicide Prevention Awareness Month" in New Jersey.

**BE IT FURTHER RESOLVED** that copies of this resolution shall be transmitted to Governor Chris Christie; the New Jersey Legislature; the Division of Mental Health and Addiction Services; the Department of Children and Families; the Department of Health; County Alcoholism and Drug Abuse Directors; County Mental Health Administrators, and County Alliance Coordinators.

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10-18-17

NEIL VAN Ess Acting Chairman

CELINA LEVY

Acting Executive Director

CHRIS CHRISTIE Governor

KIM GUADAGNO Lt. Governor