

State of New Jersey

GOVERNOR'S COUNCIL ON ALCOHOLISM AND DRUG ABUSE PO Box 345 TRENTON, NJ 08625-0345

NEIL VAN ESS Acting Chairman

CELINA LEVY

Acting Executive Director

RESOLUTION

Recognizing the Month of April, 2019 as "Alcohol Awareness Month" in New Jersey

May 16, 2019

WHEREAS, Excessive alcohol use, which includes binge drinking, heavy drinking, and drinking while pregnant, is responsible for approximately 88,000 deaths in the United States each year¹ and \$249 billion in economic costs in 2015; and,

WHEREAS, the Facing Addiction with National Council on Alcoholism and Drug Dependence (NCADD) 2019 Alcohol Awareness Month theme "Help For Today, Hope For Tomorrow" provides a focused opportunity across America to increase awareness and understanding of alcohol addiction, its causes, effective treatment, and recovery; and,

WHEREAS, Alcohol Awareness Month provides an opportunity to decrease stigma and misunderstandings in order to dismantle the barriers to treatment and recovery, and thus make seeking help more readily available to those who suffer from this disease; and,

WHEREAS, Alcoholism, a chronic, progressive disease, genetically predisposed and fatal if untreated, is treatable, people can and do recover, and as many as 20 million individuals and family members presently live lives in recovery; and,

WHEREAS, Alcohol Awareness Month brings to light the fact that drinking alcohol during pregnancy can disrupt fetal development at any stage during a woman's pregnancy, as well as the fact that parents play an important role in giving young people a better understanding of the impact alcohol can have on their lives; and,

WHEREAS, an integral part of Alcohol Awareness Month 2019 was Alcohol-Free Weekend (April 5-7, 2019), when NCADD extends an open invitation to all Americans to engage in three alcohol-free days; and,

NOW THEREFORE BE IT RESOLVED that the Governor's Council on Alcoholism and Drug Abuse hereby recognizes the month of April 2019 as "Alcohol Awareness Month" in New Jersey.

BE IT FURTHER RESOLVED that copies of this resolution shall be transmitted to Governor Phil Murphy, the New Jersey Legislature, Department of Human Services-Division of Mental Health and Addiction Services, Facing Addiction with National Council on Alcoholism and Drug Dependence, Inc. affiliate NCADD-New Jersey, County Alcoholism and Drug Abuse Directors and County Alliance Coordinators.

Neil Van Ess, Acting Chairman

<u> April 2019</u>

PHILIP D. MURPHY Governor

SHEILA Y. OLIVER Lt. Governor