

## State of New Jersey

Governor's Council on Alcoholism and Drug Abuse PO Box 345 Trenton, New Jersey 08625-0345

RESOLUTION

## Recognizing the Month of April 2020 as "Alcohol Awareness Month" in New Jersey

## September 15, 2020

**WHEREAS**, Alcohol Awareness Month is a public health program organized by the National Council on Alcoholism and Drug Dependence as a way of increasing outreach and education regarding the dangers of alcoholism and issues related to alcohol; and

**WHEREAS,** Alcohol Awareness Month provides an opportunity to decrease stigma and misunderstandings in order to dismantle the barriers to treatment and recovery, and thus make seeking help more readily available to those who suffer from this disease; and

**WHEREAS**, an estimated 88,000 people, approximately 62,000 men and 26,000 women, die from alcohol-related causes annually, making alcohol the third leading preventable cause of death in the United States; and

WHEREAS, research indicates that alcohol use during the teenage years could interfere with normal adolescent brain development and increase the risk of developing Alcohol Use Disorder, with underage drinking contributing to a range of acute consequences, including injuries, sexual assaults, and even deaths, including those from car crashes; and

**WHEREAS**, individuals and families may experience increased stress during this pandemic, along with fear and anxiety which can be overwhelming, causing strong emotions and leading to increased use of alcohol, which makes it important to know that telehealth and other online supports are available, accessible, and effective.

**NOW THEREFORE BE IT RESOLVED** that the Governor's Council on Alcoholism and Drug Abuse hereby recognizes the month of April 2020 as "Alcohol Awareness Month" in New Jersey.

**BE IT FURTHER RESOLVED** that copies of this resolution shall be transmitted to Governor Phil Murphy, the New Jersey Legislature, Department of Human Services-Division of Mental Health and Addiction Services, Facing Addiction *with* National Council on Alcoholism and Drug Dependence, Inc. affiliate NCADD-New Jersey, County Alcoholism and Drug Abuse Directors and County Alliance Coordinators.

PHILIP D. MURPHY

Governor

SHEILA Y. OLIVER

Lt. Governor

**9 · 15 · 2020** Date

NEIL VAN Ess Acting Chairman

CELINA LEVY Executive Director