

PHILIP D. MURPHY Governor

SHEILA Y. OLIVER

State of New Jersey Governor's Council on Alcoholism and Drug Abuse PO Box 345 Trenton, NJ 08625-0345

NEIL VAN ESS Acting Chairman CELINA LEVY Acting Executive Director

RESOLUTION

Recognizing the Month of March, 2021 as "Problem Gambling Awareness Month" in New Jersey

March 16, 2021

WHEREAS, 2 million U.S. adults (1%) are estimated to meet criteria for severe gambling problems in a given year, and another 4-6 million (2-3%) considered to have mild or moderate gambling problems, with gambling remaining a hidden addiction for many for many individuals; and,

WHEREAS, the Problem Gambling Awareness Month 2021 theme is "**Have the Conversation**" an effort by the National Council on Problem Gambling and State affiliates, including the Council on Compulsive Gambling of New Jersey (CCGNJ), to increase public awareness of problem gambling and the availability of prevention, treatment & recovery services, and,

WHEREAS, approximately 4-5% of youth ages 12-17 meet one or more criteria for having a gambling problem, with another 10-14% considered at risk for developing an addiction, and, youth who gamble are more likely to use alcohol or drugs, smoke, and experience depression; and,

WHEREAS, problem gambling leads to financial, emotional, social, occupational and physical harms, yet many cases go undetected due to limited assessment, and so Problem Gambling Month 2021 included a March 9th Gambling Disorder Screening Day to support healthcare providers in identifying a gambling disorder; and,

WHEREAS, the mission of the CCGNJ is to educate the public to the fact that gambling is a treatable illness, providing support and resources for thousands of people in recovery from gambling, as well as their friends and families, through the Council's 1-800-GAMBLER® Helpline an website <u>www.800gambler.org</u>, free and confidential, 24/7, throughout much of the U.S.; and,

WHEREAS, Governor Murphy has signed a proclamation making March 2021 "Problem Gambling Awareness Month" in New Jersey.

NOW THEREFORE BE IT RESOLVED that the Governor's Council on Alcoholism and Drug Abuse hereby recognizes March 2021 as "Problem Gambling Awareness Month" in New Jersey.

BE IT FURTHER RESOLVED that copies of this resolution shall be transmitted to Governor Phil Murphy, the New Jersey Legislature, the Council on Compulsive Gambling of New Jersey, the Division of Mental Health and Addiction Services, County Alcoholism and Drug Abuse Directors, and County Alliance Coordinators.

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Neil Van Ess, Acting Chairman

<u>March 16, 2021</u> Date