

State of New Jersey

PHILIP D. MURPHY Governor

SHEILA Y. OLIVER Lt. Governor Governor's Council on Alcoholism and Drug Abuse PO Box 345 Trenton, New Jersey 08625-0345

NEIL VAN ESS Acting Chairman

CELINA LEVY Executive Director

## RESOLUTION

## **Recognizing the Month of April 2022 as** "Alcohol Awareness Month" in New Jersey

April 19, 2022

**WHEREAS**, Alcohol Awareness Month is a national public health awareness campaign originally created by National Council for Alcoholism and Drug Dependence (NCADD) with the aim of raising awareness for communities and to help understand the causes and treatment available what is a leading national health issue; and,

**WHEREAS,** Alcohol Awareness Month also aims to reduce the social stigma associated with alcohol use disorder or AUD, educate people on how the disease can be addressed, and offer help and advice for individuals and families living with AUD; and

**WHEREAS**, according to the 2019 National Survey on Drug Use and Health, nearly 15 million people ages 12 and older had AUD and an estimated 414,000 adolescents ages 12 to 17 had AUD, 4.2 million people ages 12 to 20 reported binge drinking: and

**WHEREAS**, people with AUD were more likely to seek care from a primary care physician for an alcohol-related medical problem, rather than specifically for drinking too much alcohol; and

**WHEREAS**, we know that individuals and families have experienced significantly increased stress due to the prolonged trauma of the pandemic, creating fear, anxiety, and in some cases depression, leading to increased use of alcohol, with some individuals engaged in alcohol misuse, and some subsequently developing AUD;

**WHEREAS**, help is available and there should be no shame or blame placed on individuals and families struggling with an AUD.

**NOW THEREFORE BE IT RESOLVED** that the Governor's Council on Alcoholism and Drug Abuse hereby recognizes the month of April 2022 as "Alcohol Awareness Month" in New Jersey.

**BE IT FURTHER RESOLVED** that copies of this resolution shall be transmitted to Governor Phil Murphy, the New Jersey Legislature, Department of Human Services-Division of Mental Health and Addiction Services, NCADD-NJ, County Alcoholism and Drug Abuse Directors and County Alliance Coordinators.

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Neil Van Ess, Acting Chairman

<u>April 19, 2022</u> Date