

PHILIP D. MURPHY Governor SHEILA Y. OLIVER State of Dew Jersey Governor's Council on Alcoholism and Drug Abuse PO Box 345 Trenton, New Jersey 08625-0345

NEIL VAN ESS Acting Chairman CELINA LEVY Executive Director

RESOLUTION

Recognizing the Month of March, 2022 as "Problem Gambling Awareness Month" in New Jersey

March 15, 2022

WHEREAS, approximately 2 million U.S. adults (1% of the population) are estimated to meet criteria for gambling disorder, another 2-3% are considered to meet some of the criteria for problem gambling, and 6-9% of young people and young adults experience problems related to gambling, at an even higher rate than adults, and yet for many residents of the US, gambling disorder remains hidden: and,

WHEREAS, the March 2022 Problem Gambling Awareness Month theme is "Awareness + Action" an effort by the National Council on Problem Gambling to take action, have conversations about problem gambling issues, and direct people to the help they may need; and,

WHEREAS, the Council on Compulsive Gambling of New Jersey (CCGNJ) theme for March 2022 Problem Gambling Awareness Month is "Be Informed - Be Empowered," embodying the philosophy that by providing information people are better equipped to make smart, informed decisions to prevent the onset or worsening of a gambling problem; and,

WHEREAS, problem gambling leads to financial, emotional, social, and physical harms, yet many cases go undetected due to limited assessment, and so Problem Gambling Month 2022 includes March 8th Gambling Disorder Screening Day to support healthcare providers in identifying a gambling disorder; and,

WHEREAS, online gambling increases risk for adolescent and young adult problem gamblers who are significantly more likely than others to skip school, as well as engage in substance use and abuse and other risky behaviors; and,

WHEREAS, those struggling with problem gambling don't have to be alone, support is available, and they can benefit from programs, such as those provided by CCGNJ, that bring great value to prevention efforts by helping to treat and prevent gambling addiction, including 1-800-Gambler for calls and texts; and,

WHEREAS, Governor Murphy has signed a proclamation making March 2022 "Problem Gambling Awareness Month" in New Jersey.

NOW THEREFORE BE IT RESOLVED that the Governor's Council on Alcoholism and Drug Abuse hereby recognizes March 2022 as "Problem Gambling Awareness Month" in New Jersey.

BE IT FURTHER RESOLVED that copies of this resolution shall be transmitted to Governor Phil Murphy, the New Jersey Legislature, the Council on Compulsive Gambling of New Jersey, the Division of Mental Health and Addiction Services, County Alcoholism and Drug Abuse Directors, and County Alliance Coordinators.

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Neil Van Ess, Acting Chairman

March 15, 2022 Date