

State of Pew Jersey GOVERNOR'S COUNCIL ON SUBSTANCE USE DISORDER P. O. Box 345 TRENTON, NEW JERSEY 08625-0345

NEIL VAN ESS Acting Chairman

CELINA LEVY Executive Director

RESOLUTION

Recognizing the Month of April 2024 as "Alcohol Awareness Month" in New Jersey

June 18, 2024

WHEREAS, Alcohol Awareness Month is a time to raise awareness of alcohol use and misuse, to help find and share resources on alcohol use and misuse prevention, treatment, and recovery support services for individuals, families, and communities, to help those who may be struggling; and

WHEREAS, alcohol is the most prevalent substance involved in substance-related emergency department visits, and the fourth-leading cause of preventable death in the United States, according to the National Institute on Alcohol Abuse and Alcoholism (NIAA); and

WHEREAS, according to the CDC, though alcohol misuse and binge drinking, especially among youth, lead to injuries and deaths in car crashes, it is important to know it can also increase the chances of cancer, suicide, unintended pregnancies, sexually transmitted infections, and other negative health outcomes across the lifespan; and

WHEREAS, the CDC cites early initiation of drinking as being associated with development of an alcohol use disorder (AUD) later in life; and

WHEREAS, as we experience what many are now calling a mental health crisis, especially among youth, individuals are far more at risk for alcohol misuse that could lead to alcohol use disorder; and

WHEREAS, Alcohol Use Disorder is preventable through strong community supports and effective treatment, as well as approaches that include effective population-level policy strategies that can reduce underage drinking, as well as excessive drinking among adults.

NOW THEREFORE BE IT RESOLVED that the Governor's Council on Substance Use Disorder hereby recognizes the month of April 2024 as "Alcohol Awareness Month" in New Jersey.

BE IT FURTHER RESOLVED that copies of this resolution shall be transmitted to Governor Phil Murphy, the New Jersey Legislature, Department of Human Services-Division of Mental Health and Addiction Services, NCAAR, County Alcohol and Drug Use Directors and County Alliance Coordinators.

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Neil Van Ess, Acting Chairman

<u>June 18, 2024</u> Date

PHILIP D. MURPHY Governor

TAHESHA L. WAY Lt. Governor