



State of New Jersey

GOVERNOR'S COUNCIL ON SUBSTANCE USE DISORDER

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PHILIP D. MURPHY
Governor

TAHESHA L. WAY
Lt. Governor

NEIL VAN ESS
Acting Chairman

CELINA LEVY
Executive Director

RESOLUTION

Recognizing the Month of September 2024 as "Recovery Month" in New Jersey

September 17, 2024

WHEREAS, National Recovery Month, which started in 1989, is a national observance held every September to promote and support new evidence-based treatment and recovery practices, the nation's strong and proud recovery community, and the dedication of service providers and communities who make recovery in all its forms possible; and

WHEREAS, the theme for 2024 is "Recovery is For Everyone: Every Person, Every Family, Every Community," that highlights the fact that recovery is possible for all individuals and reinforces the message that no one is ever alone in their journey towards healing and wellness; and

WHEREAS, the Substance Abuse and Mental Health Services Administration defines recovery as a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential; and

WHEREAS, the process of recovery is highly personal and occurs via many pathways, including clinical treatment, medications, faith-based approaches, peer support, family support, self-care, and other approaches, with recovery characterized by continual growth and improvement in one's health and wellness and managing setbacks, and because setbacks are a natural part of life, resilience becomes a key component of recovery; and

WHEREAS, the Governor's Council on Substance Use Disorder and its Alliance to Prevent Substance Use Disorder remain committed to supporting recovery in communities across New Jersey and raising awareness about resources such as Reach NJ.

NOW THEREFORE BE IT RESOLVED that the Governor's Council on Substance Use Disorder hereby recognizes the month of September 2024 as "Recovery Month" in New Jersey.

BE IT FURTHER RESOLVED that copies of this resolution shall be transmitted to Governor Phil Murphy, the New Jersey Legislature, the Division of Mental Health and Addiction Services; NCAAR, County Alcoholism and Drug Directors, County Alliance Coordinators, and County Mental Health Administrators.

Neil Van Ess, Acting Chairman

September 17, 2024
Date