



State of New Jersey

GOVERNOR'S COUNCIL ON SUBSTANCE USE DISORDER

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PHILIP D. MURPHY
Governor

TAHESHA L. WAY
Lt. Governor

NEIL VAN ESS
Acting Chairman

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Executive Director

RESOLUTION

Recognizing the Month of September 2024 as "Suicide Prevention Awareness Month" in New Jersey

September 17, 2024

WHEREAS, #BeThe1To is the 988 Suicide & Crisis Lifeline's message for *National Suicide Prevention Month* and beyond, to help spread the word about actions we can all take to prevent suicide, with the Lifeline network and its partners working to change the conversation from suicide to suicide prevention, and to actions that can promote healing, help and give hope; and

WHEREAS, the triennial theme for World Suicide Prevention Day for 2024-2026 is "Changing the Narrative on Suicide" with the call to action "Start the Conversation," to raise awareness about the importance of reducing stigma and encouraging open conversations to prevent suicides; and


WHEREAS, National Suicide Prevention Week is the Monday through Sunday surrounding World Suicide Prevention Day, a time to share resources and stories, as well as promote suicide prevention awareness; and

WHEREAS, everyone can play a role in #SuicidePrevention by starting a conversation with a loved one who may be struggling with thoughts of suicide, because when you offer support and model self-care, you are providing hope to those who may need it most; and

WHEREAS, suicide is preventable, and New Jersey provides many suicide prevention resources including 988, 2nd Floor Youth Helpline, Mental Health Cares, Vet2Vet, and Cop2Cop, with the NJ Division of Mental Health and Addiction Services annual Suicide Prevention Conference taking place this coming October 19th.

NOW THEREFORE BE IT RESOLVED that the Governor's Council on Substance Use Disorder hereby recognizes the month of September 2024 as "Suicide Prevention Awareness Month" in New Jersey.

BE IT FURTHER RESOLVED that copies of this resolution shall be transmitted to Governor Phil Murphy; the New Jersey Legislature; the Division of Mental Health and Addiction Services; the Department of Children and Families; the Governor's Council on Mental Health Stigma, County Drug and Alcohol Directors; County Mental Health Administrators, and County Alliance Coordinators.



Neil Van Ess, Acting Chairman

September 17, 2024
Date