

Black Maternal Health Week

EVENTS RUNNING FROM APRIL 10 - MAY 5, 2023

**APR
10**

Black Maternal Health Information Tables

Hosted by: Rutgers Southern Regional Child Care Resource & Referral Agency

April 10-April 20, 2023

All 5 county office Atlantic, Cape May, Cumberland, Gloucester, and Salem, the website: www.rusouthernccr&r.org, and [Facebook.com/rusouthernccrr](https://www.facebook.com/rusouthernccrr)

Information tables at each office, information on the Facebook page and website. Rutgers Southern Regional CCR&R will share information with all families throughout the five counties they serve.

Contact: Cheryl Chavis, cheryl.chavis@rutgers.edu

**APR
10**

Learning the Importance of Oral Health During Pregnancy

Hosted by: KinderSmile Foundation

April 10-April 17, 2023; Schedule a Session & Free Exam

Mercer County Residents: 101 North Broad Street, Trenton, NJ 08608

Essex County Residents : 10 Broad Street, Bloomfield, NJ 07003

KinderSmile Foundation is offering oral educational session to underinsured (Medicaid & Managed Care patients) and Uninsured mothers.

Contact: Dr. Nicole McGrath-Barnes, nicole.mgrath@kindersmile.org

**APR
10**

Morning Exercise

Hosted by: Community Connections Outreach (Center for Family Services)

April 10, 2023, 11:00 a.m. - 12:00 p.m.

1324 Little Gloucester Road, Blackwood, NJ 08012

Join Community Connections Outreach for a healthy start to the week! Depending on the weather, we'll be walking around our beautiful space or following YouTube exercise videos.

**Contact: Community Connections Outreach,
Community.Connections1324@gmail.com**

**APR
10**

Maternal Health Diaper Day at CAMcare East

Hosted by: Amerigroup NJ & CAMcare Health

April 10, 2023, 12:00 - 3:00 p.m.

2610 Federal St #1936 Camden, NJ 08105

Amerigroup NJ is hosting a Diaper Day with CAMcare in support of Black Maternal Health Week. Diapers, community resources, and other essentials will be provided to new and expectant mothers.

Contact: Flossie Laws, llaws@camcare.net

**APR
11**

4th Annual Black Maternal Health Week

Hosted by: Perinatal Health Equity Initiative

April 11-17, 2023

Please visit www.perinatalequity.org for more information.

PHEI is one of three organizations in NJ affiliated with the founders of Black Maternal Health Week, the Black Mamas Matter Alliance. They will be hosting a week's worth of events on various topics associated with this year's theme, "Our bodies belong to us, restoring Black autonomy and joy."

Contact: Alexis Smith, alexis@perinatalequity.org

APR
11

Black Maternal Health Week Social Media Discussion

Hosted by: Emotional Well-Being Program at the Partnership for Maternal & Child Health

April 11, 2023

Facebook, Instagram & LinkedIn

In the Spirit of Black Maternal Health Week, PMCH would like to highlight different cultural practices that make up Black women birthing experiences with Lauraine Jondoh, Yessenia Mercedes, Brittney Bennett Mahmoud, Da-sha Warren and Patricia Alcius.

Please tune in on social media at Partnership for Maternal and Child Health of Northern NJ on Facebook and partnership_mch on Instagram.

APR
11

Children's Clothes Pop-Up Giveaway

Hosted by: Center for Family Services

April 11, 2023, 10:00 a.m. - 1:00 p.m.

580 Benson St. Camden, NJ 08103

Giveaway featuring gently used girls clothes from Infant - size 14.

Contact: Candice Brown, candice.brown@centerffs.org

APR
11

Black Maternal Health Week Panel Discussion

Hosted by: Atlantic Health System

April 11, 2023, 12:00-1:00 p.m.

Virtual, please [click here](#) to register.

Join Atlantic Health for a live virtual discussion on the importance of Black Maternal Health. Panelists include First Lady Tammy Murphy; Lisa Gittens Williams, MD, NJ Section ACOG Vice Chair Legislative Chair; Judy Washington, MD, Associate Chief Medical Officer, AMG; Fatima Naqvi, MD, Medical Director, AMG Outpatient Obstetrics and Gynecology; Erica Pulliam, Certified Doula affiliated with the Birth Equity Alliance in NJ, Founder, Partum Tribe. Moderated by Christina Johnson, MD, PhD, AMG Health Equity Lead Physician, Chair AMG Health Equity Workgroup with contributor, Shai Gavi, DO, System Associate Medical Director for Hospital Medicine.

Contact: Shannel Roberts, shannel.roberts@atlanticealth.org

**APR
11**

Aftershock Screening and Facilitated Discussion of Film and Black Health is Beautiful Curriculum

Hosted by: Montclair State University: Gender, Sexuality, and Women's Studies, Justice Studies, Public Health, and Medical Humanities

April 11, 2023, 6:00-8:00 pm

Montclair State University, University Hall, Room 1070

Addressing the disparities in maternal health outcomes and the intersection of reproductive and Black maternal health, join Montclair State for a screening of the Hulu film Aftershock, followed by a discussion of the film, and the community education resource My Black Health Is Beautiful. A discussion will be facilitated by Tara Norman, Director of Diversity, Inclusion, and Health Equity at Planned Parenthood of Northern, Central, and Southern NJ with Jaye Wilson of Melinated Moms (virtual) and Crystal Charley of Salvation and Social Justice (in-person).

Contact: Monica Taylor, taylorm@montclair.edu

**APR
11**

Maternal Child Health-Opioid Use Disorder ECHO: How to Start Buprenorphine in the Office Based Setting

Hosted by: Rutgers Project ECHO

April 11, 2023, 6:30 - 7:30 p.m.

Virtual, please register [here](#).

Damali Campbell-Oparaji, MD, Natalie Roche, MD, and Quinn Ingemi, MA, LPC will lead a discussion on how providers can safely and effectively initiate buprenorphine induction in an office-based setting for the treatment of opioid use disorder. In this ECHO, you will understand how to build a more trusting, empowering relationship for pregnant people with an OUD. You will learn best practices for treatment and identify helpful community resources with a panel of Maternal Child Health and Addiction Medicine specialists and your peers. Help ensure that NJ mothers can give birth safely with the treatment and support they receive within their community.

Contact: Amy Fisher, amy.fisher1@rutgers.edu

**APR
11**

Listen to Black Mamas: Documentary Screening and Talk-Back

Hosted by: Rowan University College of Humanities and Social Sciences, Rowan University Department of Sociology and Anthropology

April 11, 2023, 7:00 - 8:30 p.m.

Rowan University Welcome Center: 131 Rowan Blvd, Glassboro, NJ 08028

In this documentary, host, Dr. Monique Howard sits down with Jaye Wilson, Founder of the New Jersey-based Melinated Moms and Danica LaFortune, CHW Supervisor/ Community Doula as they share their birthing stories. After the screening Dr. Carla Clements will lead a talkback addressing issues that impact Black maternal mortality.

Contact: Dr. Seran Schug, schug@rowan.edu

**APR
12**

Infant Massage

Hosted by: The Children's Home Society of NJ

Wednesdays throughout April 2023

635 South Clinton Avenue Trenton NJ 08611

Shahera Hutchinson will facilitate this month-long class on infant massage and enhancing the bonding experience with infants.

Contact: Shahera Hutchinson, SHutchinson@chsofnj.org

**APR
12**

Wellness Wednesday

Hosted by: East Orange Family Success Center

April 12, 2023, 12:00 p.m.

<https://www.facebook.com/EOFSC/>

Join EOFSC for this SPECIAL Wellness Wednesday as they celebrate Black Maternal Health Week!! They will have Dr. Nastassia K. Harris, Founder & Executive Director, of Perinatal Health Equity Initiative. Dr. Harris will be chatting about turning lemons into lemonade. Title: "Making Lemonade... Taking the despair out of Black birth and focusing on Joy!" Black Maternal Health Week is April 11th-17th! Hope you'll join this informative and necessary conversation around the black birthing experience!

Contact: Cynthia Campbell, cynthia.campbell@centerffs.org

**APR
12**

Diaper Day and Maternal Health Event

Hosted by: Amerigroup NJ

April 12, 2023, 1:00-3:00 p.m.

Amerigroup Community Care Resource Center 236 Main St, Paterson, NJ 07505

Amerigroup's Community Care Resource Center is hosting a Diaper Day event where community members can receive free diapers and learn about available benefits. This event will inform and support mothers and give them a chance to connect and learn about valuable resources to support family health and wellness.

Contact: Deryan Coba, Deryan.Coba@anthem.com

**APR
12**

Affordable Health Insurance Enrollment

Hosted by: Community Connections Outreach (Center for Family Services)

April 12, 2023, 1:00. - 4:30 p.m.

1324 Little Gloucester Road, Blackwood, NJ 08012

Call or email to set up an appointment with a member of the Navigator Exchange program. They offer their healthcare expertise for free, impartial and confidential one-on-one assistance.

Contact: Community Connections Outreach,
Community.Connections1324@gmail.com

**APR
12**

Breaking the Silence

Hosted by: Partnership for Maternal and Child Health of Northern New Jersey

April 12, 2023, 4:00 p.m.

<https://tinyurl.com/4m3xcnsk>

In honor of Black Maternal Health Week, the Unity Family Success Center, Program of the Partnership for Maternal and Child Health of Northern New Jersey will host a FREE virtual workshop in partnership with Lauraine Jondoh, Perinatal Mental Health Coordinator from the Perinatal Mood Disorders Initiative. They will discuss Postpartum, Depression & Anxiety. Postpartum depression and anxiety are extremely common in new moms and oftentimes it goes untreated.

Contact: Patricia Alcius, palcius@pmch.org

**APR
13**

Let's Get Loud : Pursuing Black Maternal Health Solutions

Hosted by: Health Birth Day Inc.

April 13, 2023, 11:00 a.m. - 12:00 p.m.

Virtual, please register [here](#).

A panel of maternal health experts will explore the data on disparities in birth outcomes, share their lived experiences, and discuss evidence-based solutions to improve maternal health and birth outcomes. Our panelists include Rose L. Horton, Dr. Joy Baker, Tomeka Isaac and Jasmine Hammonds

Contact: Jodi Long, long.jodi@healthybirthday.org

**APR
13**

CBO (Community Based Organization) Landscape Research Data Share

Hosted by: NJ Birth Equity Funders Alliance

April 13, 2023, 10:00-11:30 a.m.

Virtual, please register [here](#).

CBO (Community Based Organization) Landscape Research Data Share - The New Jersey Birth Equity Funders Alliance(NJBEFA) partnered with a research and evaluation company to uncover the Community-based organizations doing birth equity work in New Jersey and understand their needs in order to learn and share how to better serve them. Cecile Edwards, Senior Manager of NJBEFA will share these findings with community in the spirit of trust-based philanthropy and participatory research. NJBEFA hopes to expand the conversation and gain additional context as well as build a transparent relationships with organizations doing the work in Birth Equity in NJ.

Contact: Cecile Edwards, cecile@njbefa.org

**APR
13**

Black Maternal Health Matters

Hosted by: BRICK Education Network

April 13, 2023, 12:00 - 12:40 p.m.

[Registration Link Available Here.](#)

Join BRICK for a Zoom briefing as we speak to experts in the field of perinatal health who are working to reduce health disparities for black women by disrupting systems that have been failing Black birthing people for centuries. We will hear from some amazing Black women who are improving health outcomes for Black birthing people and ensuring their children are healthy and kindergarten ready. Our speakers include Dr. Nastassia K. Harris (Founder and Executive Director of the Perinatal Health Equity Initiative), Sydney L. Wilson-Hunter (Director of Programs at Mamatoto Village), and Jazmin Rivera (Managing Director of Programs, Monitoring & Evaluation, BRICK Education Network).

Contact: Wislande Guillaume, wguillaume@brickededucation.org

**APR
13**

Black Maternal Health Awareness Joyful Walk 2023

Hosted by: New Destiny Family Success Centers, Inc

April 13, 2023, 12:00 - 2:00 p.m.

<https://forms.gle/ygAefNN3G95Bb5yJ9>

On behalf of the HCPC Healthy Women Task Force Team we are inviting Black mommas and all women of color from our community as we walk together in unity for a joyous walk to celebrate Black Maternal Health Week as we raise awareness on black maternal disparities. Join us at Eastside Park on Thursday April 13th from 12:00 p.m-2:00 p.m. Healthy snacks and resources will be provided. The first 50 people to arrive will receive a tote bag and a Children's book! Registration is highly encouraged!

Contact: Vanessa Velez, vvelez@newdestinyfsc.org

**APR
13**

Black Maternal Health Awareness

Hosted by: Cooper University Hospital

April 13, 2023, 12:00 - 3:00 p.m.

Lobby, Cooper University Hospital

Manned table with health information for women of color, including: Baby Friendly and Benefits of Breastfeeding, Mental Health/Substance use/Postpartum Depression support resources, Postpartum warning signs.

Contact: Gunda Simpkins, simpkins-gunda@cooperhealth.edu

**APR
13**

Maternal Infant Health Hub: Midwifery Collaborative

Hosted by: New Jersey Health Care Quality Institute and the Burke Foundation

April 13, 2023, 1:00 - 2:00 p.m.

Zoom Registration Link: <https://njhcqi.info/MIHHubCol041323>

In honor of Black Maternal Health Week, the Maternal Infant Health Hub's Midwifery Collaborative will discuss the historical importance of midwifery in Black and BIPOC communities and the importance of supporting the midwifery model of care across all workspaces. This virtual convening will highlight how midwifery improves Black maternal health and will feature key Black leaders in health care, including Toshira Maldonado, M.Ed, CPE, Bridget Howard, CNM, MSN, and Mariekarl Vilceus-Talty, MA, BSN, NE-BC, LNC.

Contact: Armonie Pierre-Jacques, apierrejacques@njhcqi.org

**APR
13**

**Exploring the Maternal Experience Survey:
Addressing Racism and Informing New Models of
Maternal Care to Promote Health Equity**

Hosted by: Prematurity Prevention Initiative, NAACP Atlantic City Black Infant and Maternal Mortality Task Force

April 13, 2023, 1:00-2:00 p.m.

<https://www.nlm.gov/training/class/exploring-maternal-experience-survey>

This presentation explores the data and will address how understanding the maternal experience can contribute to improved outcomes. Outcomes from the “Maternal Experience Survey for Women of Color”, an initiative of the Prematurity Prevention Initiative, NAACP Atlantic City Black Infant and Maternal Mortality Task Force, which collected first person birth experiences throughout New Jersey will be shared. The role first person accounts of birthing experience to inform systemic changes will be explored.

Contact: Cathy Butler-Witt; E: CButler@snjpc.org

**APR
13**

Parent Cafe

Hosted by: Center for Family Services

April 13, 2023, 4:00 p.m.

580 Benson St. Camden, NJ 08103

You can come and talk with other parents who maybe having similar difficulties with parenting. Share your stories and the tricks you have tried.

Contact: Candice Brown, candice.brown@centerffs.org

**APR
13**

Chop And Chew With a Doula

Hosted by: Community Doulas of South Jersey

April 13, 2023, 5:00 - 6:00 p.m.

180 White Horse Pike, Clementon, NJ 08021 (Building Bridges FSC)

We are going to have a doula come by and spread information about their services, how to obtain them and spread general awareness of the importance of support during pregnancy. This will be before Art Gallery Night so participants can stay after for another showing of community artist displaying their art.

Contact: Enrique Arreola. Enrique.Arreola@centerffs.org

**APR
14**

UPO Community Baby Shower

Hosted by: United Passaic Organization

April 14, 2023, 10:00 a.m. - 3:00 p.m.

Missionary Baptist Church, 163 Autumn St, Passaic, NJ 07055

Amerigroup is joining United Passaic Organization to host a Community Baby Shower event, complete with food pantry service, to support expectant mothers and families in the community. For this special event we'll provide essential baby items and connect with resources to help support growing families. Mothers can come connect with other families, receive valuable resources, and enjoy a fun and supportive atmosphere at this Community Baby Shower event.

Contact: Deryan Coba, Deryan.Coba@anthem.com

**APR
14**

“Safe Beginnings Story Hour”- The Importance of Reading to Your Baby

Hosted by: AtlantiCare

April 14, 2023, 12:00 - 1:00 p.m.

Medical Arts Pavilion- 7 S. Ohio Avenue, Atlantic City NJ 08401

Teaching Moms and Babies to bond over story time and the importance of reading

Contact: Shanita Alvarez-Crawley, shanita.alvarezcrawley@atlanticare.org
Sandra Garrett- Sandra.Garrett@atlanticare.org

**APR
14**

Black Maternal Health Week: SJFMC presents Aftershock Film Screening and Panel Discussion

Hosted by: Southern Jersey Family Medical Centers, Inc

April 14, 2023, 12:00 - 3:30 p.m.

[Eventbrite Link Available Here.](#)

Join SJFMC as we work to improve black maternal health with our transformative event featuring the eye-opening documentary film Aftershock and a panel discussion with beautiful Black and brown mothers from Atlantic City to share stories of their birth experience. This free event includes lunch and an hour of networking.

Contact: Destiny C Wood, destiny.wood@sjfmc.org

**APR
14**

Managing Diabetes in Children

Hosted by: WomenRising, Inc.

April 14, 2023, 1:00 - 2:00 p.m.

Call (551)350-4831 to RSVP and receive the link to the virtual event

Community Health Worker, Melanie Machuca-Perera will speak about ways to manage your child's type 1 diabetes to prevent type 2 diabetes from developing. Caregivers/participants will have an opportunity to share experiences and strategies.

Contact: Melanie Machuca-Perera mperera@womenrising.org

**APR
14**

Undiagnosed Mood Disorders and Maternal Mortality and Morbidity in NJ

Hosted by: Labakcare

April 14, 2023, 6:00 - 7:00 p.m.

Zoom Link Available Here. (Passcode: 3aA2gi)

This discussion will focus on the consequences of undiagnosed mood disorders and the high maternal mortality and morbidity rates in NJ.

Contact: Omolabake Fadeyibi, Labakcare@gmail.com

**APR
15**

Matters of the Womb

Hosted by: East Orange Family Success Center & League of Extraordinary Gentlemen

April 15, 2023, 9:00 a.m. - 2:00 p.m.

132 South Harrison, East Orange, NJ, 07018

This forum will have a variety of guest speakers and create an opportunity for dialogue around the current state of Black Women's Health, some key factors that women can expect in each stage of life, and discussions around common women's health concerns such as child bearing, fibroids, menopause, etc.

Contact: Cynthia Campbell, cynthia.campbell@centerffs.org

**APR
15**

**Black Maternal Health Conference:
Black in Our Hands
Restoring Trenton's Maternal Health**

Hosted by: Melanin & Motherhood, Salvation & Social Justice and Greater Mt. Zion AME Church

April 15, 2023, 10:00a.m.-1:00p.m.

Greater Mt. Zion AME Church, 34 Pennington Ave, Trenton, N.J

On Saturday, April 15, 2023, from 10 am to 1:00 pm, we will be hosting a FREE EVENT at Greater Mt. Zion AME Church in Trenton, New Jersey about restoring Black maternal health! We will be discussing how Black maternal health has changed over the centuries and why it's important that Black mothers and their babies are Black in our Hands. Our goal is to host 100 Black women living in and around the City of Trenton to discuss Trenton's Black Maternal Health. [REGISTER HERE.](#)

Contact: Crystal Charley, crystalcharley@sandsj.org

**APR
15**

It Takes A Village Community Baby Shower

Hosted by: L.A.M.P/Motherhood Academy

April 15, 2023, 12:00 - 3:00 p.m.

Deeper Life Christian Tabernacle Church 202 Bayard Street, Trenton, N.J

L.A.M.P, in partnership with Motherhood Academy and Deeper Life Ministries of Trenton, is organizing a FREE COMMUNITY BABY SHOWER that will take place on Saturday April 15th in Trenton from 12pm to 3pm. Key Event Sponsor: Sigma Gamma Rho Sorority Incorporated-Epsilon Zeta Sigma Chapter. Our goal is to reach 25 pregnant first-time mothers and /or a mother in need. Registration for pregnant mother's opened on March 1st. Please [REGISTER HERE.](#) The first 25 to register will receive a baby tub bundle gift filled with baby items and resources. Each mom is allowed to bring one guest. Light Lunch will be served and we will have RAFFLE GIVEAWAYS carseats, strollers and much more!

Contact: Guerline M. Pierre, lamp4change@gmail.com

**APR
15**

Sharing the Love: A Black Maternal Health Week Celebration

Hosted by: The Montclair Alumnae Chapter Delta Sigma Theta Sorority, Inc. in partnership with Rho Lambda Lambda Chapter of Omega Psi Phi Fraternity, Inc., Partnership for Maternal and Child Health of Northern New Jersey, and The Township of Irvington

April 15, 2023, 10:00 a.m. - 1:00 p.m.

Chris Galtling Center, 285 Union Ave, Irvington, NJ 07111

Registration [Link Available Here.](#)

Join us for this free community baby shower and celebration featuring yoga, nutrition sessions, health information, guest speakers, giveaways and more! Free diapers while supplies last.

Contact: info@pmch.org, 973-268-2280

Esther Kuykendoll, Ekuykendoll@gmail.com

**APR
17**

Horizon NJ Health Pop-Up Baby and Kid Pantry celebrating Black Maternal Health Week Diaper and Wipes Distribution

Hosted by: Rayne Health Advisors & Horizon NJ Health

April 17, 2023, 10:00 a.m. - 1:00 p.m. (while supplies last)

337 Straight Street, Paterson, NJ 07501

Come join Horizon NJ Health and Rayne Health Advisors for a diapers and wipes distribution outside of their location.

Contact: Rayne Hernandez, raynehealthadvisors@gmail.com

**APR
17**

Maternal and Child Health Awareness Fair

Hosted by: AtlantiCare

April 17, 2023, 10:00 a.m. - 2:00 p.m.

AtlantiCare Life Center Conference Room: 2500 English Creek Avenue, Building 200, Egg Harbor Township, NJ 08234

Maternal and Infant/Child health providers, services, and presentations to raise awareness of BMH and infant needs. Email address can be used to register.

Contact: Shanita Alvarez-Crawley, shanita.alvarezcrawley@atlanticare.org

**APR
17**

Pathways to Parenthood: 'Caring for LGBTQ+ Families through Pregnancy, Labor and Delivery.'

Hosted by: Southern New Jersey Perinatal Cooperative and Garden State Equality

April 17, 2023, 1:00 - 3:00 p.m.

Click on this link to save your spot: <https://bit.ly/3lkACIY>

To our professional community: the Cooperative is proud to team up with our partners at Garden State Equality for the next installment in our Pathways to Parenthood series entitled: 'Caring for LGBTQ+ Families through Pregnancy, Labor and Delivery'. We encourage registered nurses, physicians, certified doulas, social workers, community health workers, certified nurse midwives and advanced practice nurses to join us for this important conversation.

Contact: Jennie Sherlock-Loeb, JSherlock@snjpc.org

**APR
17**

Afternoon Exercise

Hosted by: Community Connections Outreach (Center for Family Services)

April 17, 2023, 2:00 - 3:00 p.m.

1324 Little Gloucester Road, Blackwood, NJ 08012

Join us for a healthy start to the week! We'll either take a walk around our beautiful space or follow a few low-impact exercise videos, depending on the weather.

**Contact: Community Connections Outreach,
Community.Connections1324@gmail.com**

**APR
17**

Black Maternal Health Matters Community Townhall

Hosted by: Community Doulas of South Jersey

April 17, 2023, 6:00 p.m.

[Link to Zoom Meeting Available Here](#)

Virtual Townhall meeting for the community. Open discussions on the importance of black maternal health. Are you interested in learning more about Black Maternal Health? Join us for an open discussion on Black Maternal Health. Q & A session will be welcomed. This virtual event will be shared across social media platforms. Follow us Facebook and IG: @communitydoulasofsj to learn more about doulas and services provided.

Contact: Angela Turner, angela@cdosj.org

**APR
17**

What is Respectful Care?

Hosted by: University Hospital and the ACOG District III

April 17, 2023, 6:30 - 8:00 p.m.

[Zoom Registration Link Available Here.](#)

Viewing of the film, Toxic: A Black Mother's Story, followed by an expert panel discussion

Contact: Brooke Tippens, tippenc@uhnj.org

**APR
18**

Neonatal Abstinence Syndrome and Substance Exposed Infants ECHO: An Introduction to Current Trends and New Approaches to the Care of Substance Exposed Infants

Hosted by: Rutgers Project ECHO

April 18, 2023, 7:30 - 8:30 a.m.

[Zoom Meeting Link Available Here.](#)

Experts in medical and social science will lead a dialogue and working sessions with your peers where you will discuss birthing hospital best practices and current quality improvement implementation.

This ECHO is intended for healthcare providers working in birthing hospitals in NJ.

Contact: Amy Fisher, amy.fisher1@rutgers.edu

**APR
18**

Maternal Health Innovation ECHO: Team-Based Approach to Hemorrhage Management

Hosted by: Rutgers Project ECHO and NJ Department of Health

April 18, 2023, 8:00 - 9:00 a.m.

[Zoom Meeting Link Available Here.](#)

Brandie Wooding, MSN, BSN, RNC-OB, Nurse Consultant, NJ Maternal Care Quality Collaborative & Julie Blumenfeld, DNP, CNM, IBCLC, FACNM, Program Director, Nurse Midwifery & Dual Women's Health/Nurse Midwifery, Assistant Professor, Advance Practice Division, School of Nursing, Rutgers Biomedical and Health Sciences will be leading the discussion on "Team-Based Approach to Hemorrhage Management". Brandie & Julie will discuss training methodologies for birthing teams to manage obstetrical hemorrhage and review best practices implemented by hemorrhage management champions in birthing hospitals across NJ.

The Maternal Health Innovation ECHO aims to reduce maternal morbidity and mortality through education that addresses systemic and social inequities, strengthens the maternal and child health workforce, and builds a collaborative learning community to drive sustainable change.

Contact: Amy Fisher, amy.fisher1@rutgers.edu

**APR
18**

Great Start, Great Future Series: Connected Caregivers

Hosted by: Newark Trust for Education

April 18, 2023, 5:00 - 7:00 p.m.

[Zoom Link Available Here.](#)

Have you heard about the Nurtured Heart Approach? Join us to learn more about this supportive approach to raising a child. Guided discussion by Mary and Cynthia, Families as Decision Makers Initiative Members and Great Start, Great Future caregivers.

Contact: Lissette Morales, lmorales@newarktrust.org

**APR
18**

Virtual Community Screening of Short Film Toxic: A Black Woman's Story

Hosted by: Hackensack Meridian Health

April 18, 2023, 5:30 - 7:00 p.m.

Virtual, please email contact for more information.

Hackensack Meridian Health will host a Virtual Community Screening of Toxic: A Black Woman's Story - The film explores some of the factors that impact many black women's experiences during pregnancy. The film sets the stage for robust conversations among health care professionals, social service professionals, educators, policy makers, women, their families and all members of the community about how to reduce infant deaths, Tuesday, April 18 5:30pm-7:00pm Followed by a Panel Discussion with: Avonia Richardson-Miller, EdD, MA, CDE® , SVP, Chief Diversity Officer Hackensack Meridian Health; Brittany Reid, MD, FAAP, Director of Neonatology Hackensack JFK University Medical Center; Nadia Primus, MBA, MSN, RN, CPPS Director Quality and Safety Improvement Hackensack Meridian Health; Mariekarl Vilceus-Talty President and CEO, Partnership for Maternal Health of Northern Jersey; Moderated by Tade Ayeni, Ed.D. MA Dir., Diversity, Equity, & Inclusion and Assistant Professor of Medical Sciences HMSOM and Black TMRG Co-Chair.

Contact: Marie Anderson, Marie.Anderson@hmn.org

**APR
18**

Maternal Child Health and Opioid Use Disorder
ECHO: Dosing Guidance After Initial Buprenorphine
Induction

Hosted by: Rutgers Project ECHO

April 18, 2023, 6:30 - 7:30 p.m.

[Zoom Registration Link Available Here.](#)

Damali Campbell-Oparaji, MD, Natalie Roche, MD, and Quinn Ingemi, MA, LPC will lead a discussion on follow-up needed after initial buprenorphine induction is started in the office-based treatment setting for opioid use disorder.

In this ECHO, you will understand how to build a more trusting, empowering relationship for pregnant people with an OUD. You will learn best practices for treatment and identify helpful community resources with a panel of Maternal Child Health and Addiction Medicine specialists and your peers. Help ensure that NJ mothers can give birth safely with the treatment and support they receive within their community.

Contact: Amy Fisher, amy.fisher1@rutgers.edu

**APR
19**

The Art of Rest

Hosted by: Lotus PT and Wellness

April 19, 2023, 10:00 a.m.

14 Ridgedale Ave, Suite 125, Cedar Knolls, NJ 07927

The purpose of The Art of Rest is to create space for intentional rest through gentle, restorative movement and rest practices including meditation and sound healing. Led by Dr. Kenael Segal, a wellbeing educator, this class guides participants through healing practices to combat toxic societal expectations.

This class will introduce participants to another way of living, one that is slower, more calm and promotes wellbeing over anything else.

Participants can register at: <https://intakeq.com/booking/q7ptwb?serviceld=e1a9897c-b69c-420e-a959-0a0478b0e698>.

Contact: Dr. Kenael Segal, drk.segal@gmail.com

**APR
19**

Cooking With Nathan

Hosted by: Community Connections Outreach (Center for Family Services)

April 19, 2023, 5:30 - 7:00 p.m.

1324 Little Gloucester Road, Blackwood, NJ 08012

This is a community cooking class. Everyone will learn a different recipe each class and then eat together as a community.

Contact: Community Connections Outreach,
Community.Connections1324@gmail.com

**APR
20**

Energy Assistance Day

Hosted by: South Jersey Gas

April 20, 2023, 11:00 a.m. - 2:00 p.m.

3050 Spruce Ave, Egg Harbor, New Jersey 08234

Community Outreach Event to learn about the resources available in your community for energy, housing and foreclosure assistance.

*State funded Energy Assistance Programs for gas, electric, oil utilities.

Contact: Christina Teel, cteel@sjindustries.com

**APR
21**

Feminine Care Supplies and Resources

Hosted by: Inland FSC

April 21, 2023, 11:00 a.m. - 4:00 pm

3050 Spruce Avenue, Egg Harbor Township, NJ 08234

We will be distributing feminine care products, while our community partner Krista Bair will speak about AtlantiCare's Women's Health Services, Safe Beginnings Program, Centering Pregnancy and Centering Parenting Program. We will also have our Parents As Teachers program information and registration available to all event participants.

Contact: Angela Collado, angela.collado@centerffs.org

**APR
21**

Grocery Bingo

Hosted by: Community Connections Outreach (Center for Family Services)

April 21, 2023, 3:00 - 4:00 p.m.

1324 Little Gloucester Road, Blackwood, NJ 08012

Come on over for an afternoon of bingo, with groceries as prizes!

**Contact: Community Connections Outreach,
Community.Connections1324@gmail.com**

**APR
26**

Black Maternal Health Conference- "Choose To Improve"

Hosted by: Central Jersey Family Health Consortium

April 26, 2023, 8:30 a.m. - 2:30 p.m.

5Maggianos Little Italy Restaurant- 600 Commons Way. Bridgewater, NJ 08807

This conference will bring awareness by informing and engaging participants on the plight of Black Maternal Health concerns . Participants will be empowered to move to a call of community action in order to "Choose to Improve".

Speakers: Robyn D'oria CEO /CJFHC

Dr. Kimberly Holmes, DCF, Essence Sutherland- RN, Family Connects.

This is an event you do not want to miss.

Contact: Judith Francis, Jfrancis@cjfhc.org

**APR
26**

Greats & Grands

Hosted by: Center for Family Services

April 26, 2023, 4:00 p.m.

580 Benson St. Camden, NJ 08103

Space where grandparents can come together to offer support or talk about being a grandparent, small support like group.

Contact: Candice Brown, candice.brown@centerffs.org

APR
28

Healthy Birth Outcomes

Hosted by: Partnership for Maternal and Child Health of Northern New Jersey

April 28, 2023, 4:00 pm

<https://tinyurl.com/24mjb6u6>

In honor of Black Maternal Health Week, the Unity Family Success Center will host a FREE virtual presentation. We will discuss Healthy Birth Outcomes for before, during and after pregnancy. We will also go into detail about how to keep a mom and baby healthy and get the support and information they need to lead a healthy life for moms and their babies.

Contact: Patricia Alcius, palcius@pmch.org

MAY
5

Community Baby Shower

Hosted by: Neighborhood Health

May 5, 2023, 12:00 - 3:00 p.m.

1700 Myrtle Ave, Plainfield NJ 07063 (rear Annex building)

Educating, Supporting, and Empowering Prenatal & Postpartum Patients for improving maternal and infant health.

Registration is required, please call 908-753-6401 x1611 for any questions or concerns.

Contact: Loren Artis, lartis@nhscnj.org

Reducing Implicit Bias in Maternal & Child Health

Hosted by: New Jersey Hospital Association

On-Demand, Open Access Education Program

<https://education.njha.com/courses/52453>

The program examines the implicit biases that feed disparities in a four-part course that breaks down the conscious and unconscious biases within all individuals; describes their impact on healthcare access and treatment for Black and brown women; and explores interventions to defuse them. Meika Neblett, MD serves as faculty. Complimentary programming; continuing education credits are available.

Contact: Natalie Jones, njones@njha.com