For the 2018–2019 flu season, the New Jersey Department of Health (NJDOH) Vaccine Preventable Disease Program (VPDP) continued the second annual New Jersey College & University Flu Challenge. The Challenge aims to increase awareness surrounding the importance of flu vaccination for students on college campuses. Young adults have been shown to have lower flu immunization coverage rates as compared to other age groups. In addition, college campuses have many communal settings, which make it easier for the flu to spread. If a college student gets the flu, they can experience illness for eight or more days, causing them to miss classes and other events. Those reasons make it extremely important to bring added awareness to the benefits of vaccination.

In New Jersey’s second Challenge, eleven schools participated in the campaign (listed below). The winner of the Challenge was determined based on the highest percentage of students self-reporting that they received the flu vaccine for the current flu season. We are happy to announce that The College of New Jersey is this year’s Challenge winner.

New Jersey College & University Flu Challenge Participants

- Centenary University
- The College of New Jersey
- County College of Morris
- Kean University
- Montclair State University
- New Jersey City University
- Rider University
- Rowan University
- Rutgers University – Camden
- Rutgers University – New Brunswick
- Seton Hall University

Congratulations to all the participants! Please stay tuned for more information on the 2019-20 Flu Challenge. If you have any questions or comments, please contact the Vaccine Preventable Disease Program by calling 609-826-4861, or via email at erika.lobe@doh.nj.gov.