How long do I need to monitor for symptoms?
Check for symptoms for 21 days after last close contact with the person with monkeypox.

How often should I take my temperature?
Check for fever twice per day (morning and evening).

What symptoms should I look for?
- Fever \( \geq 100.4°F \)
- Chills
- New swollen lymph nodes (around the neck, armpit, or groin)
- New skin rash

What should I do if fever or rash develop?
Immediately self-isolate and contact your local health department.

What should I do if only chills or swollen lymph nodes develop?
- Self-isolate for 24-hours and monitor temperature.
- If fever or rash develop, immediately contact your local health department.
- If fever or rash do not develop, but chills or swollen lymph nodes persist, contact a healthcare provider.