Isolation and quarantine help protect the public by preventing exposure to people who have or may have a contagious disease.

- **Isolation** separates sick people with a contagious disease from people who are not sick.

- **Quarantine** separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.

<table>
<thead>
<tr>
<th>ISOLATION</th>
<th>QUARANTINE</th>
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<tbody>
<tr>
<td>Isolation is for people who are already sick.</td>
<td>Quarantine is for people who are not sick, but may have been exposed.</td>
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</tbody>
</table>

- Isolation separates and restricts the movement of sick people so they can't spread disease to healthy people.
  - Isolation is a routine procedure in hospitals and healthcare facilities.
  - Isolation is usually voluntary, but officials have the authority to isolate people who are sick if necessary.

- Quarantined people may or may not become sick.
  - Quarantined people may stay at home or another location so they don't spread disease to healthy people.

  - If you are quarantined and you become ill, you can seek medical treatment from a healthcare provider.

  - Quarantine can be voluntary, but officials have the authority to quarantine people who have been exposed to an infectious disease if necessary.