Antibiotic Awareness Week is to educate about the proper use of antibiotic drugs. Antibiotics are very powerful in fighting infections when taken correctly, but incorrect use can lead to the bacteria becoming resistant. Together we can preserve the power of antibiotics.

To learn more, go to: www.nj.gov/health/cd/topics/ar.shtml

Did you know?

- Antibiotic resistance is one of the world's largest public health threats.
- Up to 50% of antibiotics prescribed for people are not needed.
- Some bacterial infections are getting harder to treat because the bacteria are getting stronger.

Keep in mind...

**Antibiotics won't help:**
- 1) Colds
- 2) Flu
- 3) Most sore throats
- 4) Bronchitis
- 5) Most ear infections

Wash your hands.
Stay up to date on vaccines.

Be responsible!

- Ask your healthcare professional if there are ways to feel better without antibiotics.
- Don't share antibiotics with others.
- Always take antibiotics for the full prescribed time, even if you feel better!

source: www.cdc.gov/drugresistance/