



# #NJ ANTIBIOTICS AWARE

SMART USE, BEST CARE

The #NJAntibioticsAware campaign is targeted to educate about the proper use of antibiotic drugs. Antibiotics are very powerful in fighting infections when taken correctly, but incorrect use can lead to the bacteria becoming resistant. Together we can preserve the power of antibiotics!

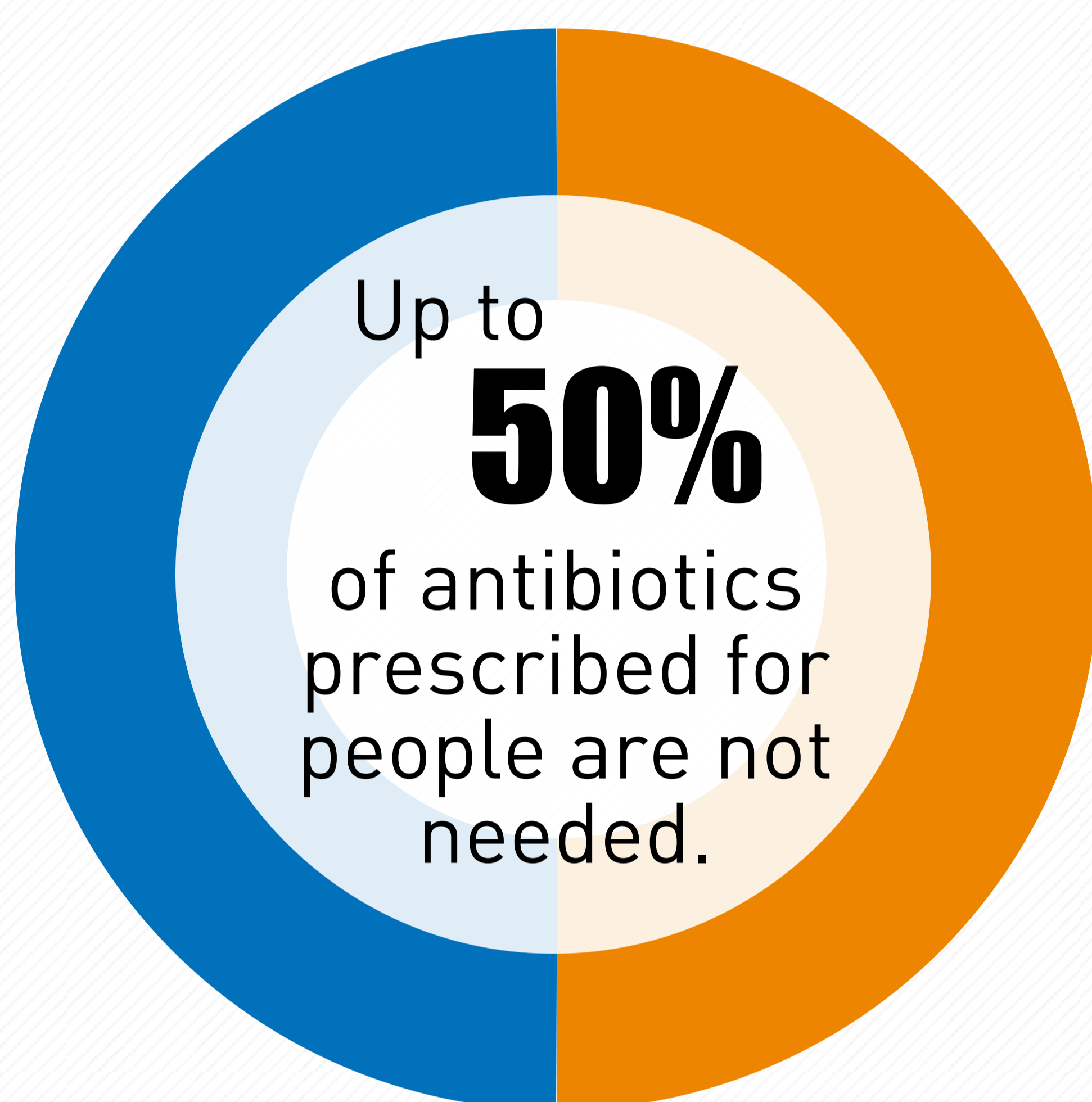
To learn more, go to: [www.nj.gov/health/cd/topics/njantibioticsaware.shtml](http://www.nj.gov/health/cd/topics/njantibioticsaware.shtml)



## Did you know?



Antibiotic resistance is one of the world's most serious public health threats.

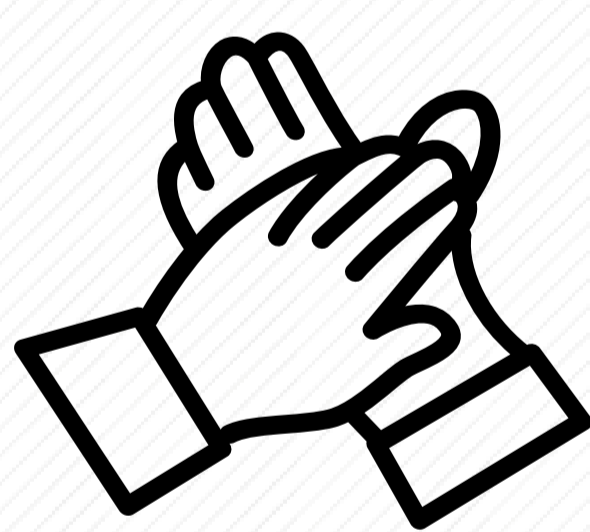


Some bacterial infections are getting harder to treat because the bacteria are getting stronger.

## Keep in mind...

### What you can do to prevent infections:

Wash your hands.



Stay up to date on vaccines.



*Antibiotics won't help fight viruses. In fact, taking them for viral illnesses could do more harm than good!*

### Antibiotics won't help:

- 1) Colds
- 2) Flu
- 3) Most sore throats
- 4) Bronchitis
- 5) Most ear infections

## Be responsible!

Ask your healthcare professional if there are ways to feel better without antibiotics.

Don't share antibiotics with others.



Always take antibiotics for the full prescribed time, even if you feel better!