

# Multidrug-Resistant Organisms (MDROs)

## What is an MDRO?

A germ that is not killed by the drugs meant to treat them

## How do MDROs spread?



Hands of health care workers, visitors, or family members



Body fluids — drainage from wounds, urine, stool, saliva, blood



Objects or surfaces — bed rails, bedside tables, medical equipment

## How can the spread of MDROs be prevented?

Perform hand hygiene after touching body fluids or dirty surfaces



OR



1. Wet hands



2. Apply soap



3. Press firmly and rub hands for 20 seconds



4. Rinse



5. Use towel to dry hands and turn off water

Use hand sanitizer (ABHS) and rub hands together until dry

## Stopping the spread of germs



- Patients may be placed on precautions to control the spread of germs.
- Facility staff will advise if a patient is on any type of precautions and visitors may be instructed to wear protective gear such as gowns, gloves, or masks.

## Cleaning the environment



- Keep the patient's room and everything around the patient clean and tidy.
- Facility staff will clean the patient's room daily using an approved product.

If you have additional questions, please contact your healthcare provider or visit <https://www.nj.gov/health/cd/topics/ar.shtml>.

Adapted from Florida Department of Health