



Caught Red-Handed

Purpose:

To demonstrate effective hand hygiene and safe removal of gloves. Hand hygiene procedures include the use of alcohol-based hand rubs (60%-95% alcohol) and hand washing with soap and water¹.

Supplies:

- One or two bottles of washable poster paint (bright red works well against blue gloves)
- Examination gloves (assorted sizes)

Directions:

1. Have everyone put on, or don gloves, then squirt about 5 mL of poster paint into each person's hand.
2. Have them close their eyes and rub their gloved hands with the paint, as if they were washing their hands at the sink. Remind them to clean their hands per facility policy and procedure.
3. Ask the group to open their eyes and inspect their gloved hands. Have they missed any spots? Highlight the commonly missed areas which include the fingertips, thumbs, and between the fingers - refer to CDC's Fact Sheet at www.cdc.gov/handhygiene/pdfs/Provider-Factsheet-508.pdf.
4. Next, demonstrate how to safely remove, or doff gloves - refer to CDC's personal protection equipment poster at www.cdc.gov/hai/pdfs/ppe/ppe-sequence.pdf. Have them demonstrate how to remove the gloves without contaminating their hands with the paint. Did anyone get "caught red-handed"?
5. Lastly, remind everyone that wearing gloves is NOT a substitute for cleaning their hands! Hand hygiene must be performed after removal of gloves. Provide staff with alcohol-based hand sanitizer in the palm of their hand and demonstrate how to apply to all surfaces until both hands are dry. Refer to CDC's Clean Hands Count for Healthcare Providers at www.cdc.gov/handhygiene/providers/index.html¹ for additional references.



Teachable moment: Gloves don't provide 100% protection against germs. Performing hand hygiene after removal of gloves is important!

See CDC infographic at www.cdc.gov/handhygiene/pdfs/provider-infographic-508.pdf.



For more information, contact the **New Jersey Department of Health, Infection Control Assessment and Response Team** at (609) 826-5964 or via email at CDS.ICAR@doh.nj.gov. Find more great resources and information at www.picnet.ca/resources/activities/.