Domestic Travel and COVID-19

Wearing a mask over your nose is recommended on planes, buses, trains, and other forms of public transportation as well as at transportation hubs such as airports.

**Up to date on COVID-19 Vaccines**

**Before and during travel**
- Take precautions to protect others while traveling:
  - In areas with high numbers of COVID-19 cases, consider wearing a mask in crowded outdoor settings and for activities with close contact with others who are not up to date on their COVID-19 vaccine.

**After travel**
- Monitor yourself after travel for symptoms of COVID-19. If symptoms develop, isolate yourself, reach out to your health provider, and consider getting tested.

**Not up to date on COVID-19 Vaccines**

**Before and during travel**
- Get tested with a PCR or antigen test 1-3 days before your trip.
- Take precautions to protect yourself and others:
  - Wear a mask in recommended areas.
  - Avoid crowds and maintain social distancing.
  - Wash your hands often and use hand sanitizer.
  - Do not travel if you are not feeling well.

**After travel**
- Quarantine at home for 5 days.
- Get tested with a viral test 3-5 days after travel.
- Self monitor for COVID-19 symptoms.