What to know before you go...

Bugs can spread diseases!!!

Mosquitoes spread diseases such as Zika, dengue, yellow fever and chikungunya...

Going somewhere tropical? Take steps to prevent bug bites.

- Use an approved insect repellent
- Put sunscreen on first, then apply insect repellent
- Wear long sleeves and pants when possible
- Sleep in places with air conditioning or window screens
- Use a bed net if you sleep outdoors
Don't let mosquitoes ruin your trip.

See a doctor if you get sick after traveling. Be sure to tell your doctor that you traveled.