

Frequently Asked Questions for Residents

What can residents do to protect themselves and reduce their risks of exposure?

You can take the following steps to limit your exposure to chromium:

- Limit your basement use as much as possible
- If you do use the basement, remove your shoes before re-entering the rest of the house and clean the bottom of the shoes with a wet wipe or paper towel
- After using the basement, wash your hands
- If you are cleaning in the basement, use wet cleaning techniques such as mopping
- Frequently wash toys and items that come in contact with a child's mouth.

If I'm concerned about my health, what can I do?

If you have health concerns, you should be evaluated by your physician. The Department's experts are available to consult with physicians if needed.

Is there a test I can get to find out if I've been exposed to chromium?

Your physician may discuss with you the blood and urine tests that are available. However, these tests are used in cases where someone has had a short-term, but high-level toxic exposure to chromium in the workplace. Testing is not recommended in cases of low-level chromium exposures in a community setting. If you have further questions, talk to your doctor about your plan of care.

If needed, your medical provider may consult with DHSS experts. Pediatricians may contact the Mount Sinai School of Medicine's Pediatric Environmental Health Specialty Unit at (866) 265-6201. In addition, the Environmental and Occupational Health Sciences Institute at Rutgers University (732) 445-0123 sees adults who have been exposed to contaminants occupationally or environmentally.

Who should I call for additional information on the health consultation?

The public may contact:

New Jersey Department of Health and Senior Services:

Glenn Pulliam, Health Assessor (609) 826-4984, email: Glenn.Pulliam@doh.state.nj.us

Agency for Toxic Substances and Disease Registry:

Leah Graziano, Senior Regional Representative (732) 906-6932, email: lge2@cdc.gov

or visit the website at <http://www.atsdr.cdc.gov/>

Use Search function and type "EC Electroplating"

Who should I call for additional information on the testing and cleanup of the basements and the site?

The public may contact:

Environmental Protection Agency:

Melissa Dimas, Community Involvement Coordinator (212) 637-3677, email:

dimas.melissa@epa.gov

Joseph Cosentino, On-Scene Coordinator (732) 906-6983, email: cosentino.joseph@epa.gov