

Allergen Advisory

For Customers



**If you have a food allergy,
notify your server!**



Most Common Food Allergies: The “Big 9”



**Crustacean
Shellfish**



Eggs



Fish



Milk



Peanuts



Sesame



Soy



Tree Nuts



Wheat

Reminders

- Talk to **everyone**, tell a **manager**, **host** or your **waiter** about your allergy **before** you are seated
- If you have a **peanut**, **tree nuts**, or **soy allergy**, most **vegan food products** use **nuts or soy** as a dairy **replacement**
- **Consult your physician** about carrying an **epi-pen** in case of an **emergency**

If you have an allergic reaction, call 911 immediately

Additional resources:

nj.gov/health/ceohs/phfpp
foodallergy.org
njrha.org