NOTE: Professional level CPR is required for all health directors at both day and residential youth camps and by at least one individual at all public recreational bathing facilities. Blended CPR courses (online courses with an instructor evaluated skills test) are recognized. Online courses without an instructor evaluated skill test are not recognized. This list may not include the most recent changes made by the individual certifying agencies.

### American Red Cross
- CPR/AED for the Professional Rescuers and Health Care Providers
- BLS

### American Heart Association
- BLS Provider (formerly BLS Healthcare Provider)
  - BLS instructor-led training (100% classroom)
  - HeartCode® BLS (blended course)
- ACLS (Advanced Cardiovascular Life Support) Healthcare Provider
  - ACLS for Experienced Providers (100% classroom)
  - ACLS instructor-led training (100% classroom)
  - HeartCode® ACLS (blended course)
- PALS (Pediatric Advanced Life Support)
  - PALS (100% classroom)
  - HeartCode® PALS (blended course)
- P.E.A.R.S. (Pediatric Advanced Emergency Assessment Recognition and Stabilization)
  - P.E.A.R.S (100% classroom)

### American Safety and Health Institute
- BLS for Healthcare Professionals and Rescuers
- ACLS (Advanced Cardiac Life Support) for Healthcare Providers and Rescuers
- PALS (Pediatric Advanced Life Support) for Healthcare Providers and Rescuers

### Emergency Care and Safety Institute
- eACLS (Advanced Cardiac Life Support)
  - eACLS (blended course)
- Healthcare Provider CPR and AED (Equivalent to BLS)

### EMS Safety Services
- CPR & AED for Professional Rescuer (Equivalent to BLS)

### National Safety Council
- NSC Basic Life Support for Healthcare and Professional Rescuers
- NSC Emergency Medical Response (40-52 hrs)
## FIRST AID CERTIFICATION (2015 CPR and ECC Compliant)

**NOTE:** Blended first aid courses (online course with an instructor evaluated skills test) are recognized. Online courses without an instructor evaluated skills test are not recognized. Unless otherwise noted as Advanced Level, all certifications are considered Standard Level and are not acceptable for a Health director at a residential camp facility.

### American Red Cross
- First Aid (Blended and Classroom)
- First Aid, CPR & AED (Blended and Classroom)
- Wilderness First Aid: Standard Level (Wilderness and Remote First Aid)
- First Aid - Responding to Emergencies: Standard Level (21 Hr. course is advanced First Aid, longer if it includes CPR)
- Emergency Medical Response Advanced Level

### American Heart Association
- Heartsaver® First Aid (blended and classroom)
- Heartsaver® First Aid CPR/AED (blended and classroom)
- Heartsaver® Pediatric First Aid CPR/AED (blended and classroom)

### American Safety and Health Institute
- Basic First Aid
- Wilderness First Aid Level 1
- Wilderness First Aid Level 2
- CPR/AED and Basic First Aid Combination
- Pediatric CPR/AED and First Aid
- MEDIC First Aid Basic Plus
- MEDIC First Aid Pediatrics Plus
- Advanced First Aid

### Emergency Care and Safety Institute
- Standard First Aid, CPR and AED
- Wilderness First Aid (Boy Scouts, Basic 8hrs, Basic 16hrs, and Advanced 32-40hrs.)
- First Responder also know as Medical Responder (Advanced level)
- Advanced First Aid, CPR, AED

### EMS Safety Services
- Basic First Aid

### Wilderness Medical Associates
- Wilderness First Aid*
- Wilderness Advanced First Aid*
- Wilderness First Responder** (Advanced Level 5, 7 or 8-day course, each with min. 70hrs.)

### National Safety Council
- NSC First Aid
- NSC First Aid, CPR & AED
- NSC Pediatric First Aid, CPR & AED
- NSC Advanced First Aid, CPR & AED

* Requires an additional Professional level CPR to act as a Health Director.
** Meets the requirements to be a Health Director in both day and resident camps.
Requirements for a health director at all resident camps (N.J.A.C. 8:25-5.2 (a)):

- A physician licensed to practice medicine or osteopathy in New Jersey.
- A registered nurse or a licensed practical nurse licensed by the NJ State Board of Nursing.
- An individual who is certified in advanced first aid, as a paramedic or emergency medical technician or first responder/CIM accredited by the Department or by the American Red Cross in their First Responder training.
- An athletic trainer certified by the National Athletic Trainers’ Association Board of Certification (NATA/BOC), with the appropriate level of training provided by the National Safety Council, or an equivalent certification approved by the Department.

**LIFEGUARDING CERTIFICATION**

*(For Swimming Pools and Lake Bathing)*

### American Red Cross (2-year certification)

- Lifeguarding (pool only, includes First aid, CPR Pro)
- Aquatic Attraction Lifeguarding (For pools that are equal to or less than 3 feet)
- Shallow Water Lifeguarding (For water up to 5 feet includes CPR Pro and First Aid)
- Shallow Water Attendant (pool, Max. 4’, includes First aid, CPR Pro) Modules
- Waterfront Lifeguarding (Non-surf bodies of water, lakes, ponds, streams)
- Waterpark Lifeguarding (Online - Does not include in water skills)
- Lifeguard Management (2012)

**NOTE:** Older certifications remain acceptable until the expiration date. Latest version of Lifeguarding core module (Lifeguarding pool) must be unexpired and in combination with the additional modules to guard at waterfronts and waterparks.

### Starfish Aquatics Institute (1-year certification)

- Star Guard (pool only)
  *additional modules required for waterpark, waterfront and wilderness

*CPR/AED Professional Rescuer, Basic First Aid, Bloodborne Pathogens, and Emergency Oxygen certifications are issued through the American Safety & Health Institute.

### Boy Scouts of America (2-year certification)

- BSA Lifeguard

### Ellis & Associates Inc. International Lifeguard Training Program (ILTP) (1-year certification)

- Special Facilities Lifeguard (Water parks and open waters only)
- Pool Lifeguard (Max 16’ depth flat pools only)
- Shallow Water Lifeguard (Max 5’ depth flat pools only)

**NOTE:** All levels of ILTP include certification in Professional Level CPR, AED, Emergency Oxygen Support and First Aid.

### Young Men’s Christian Association (1-year certification)

- YMCA Lifeguard

### National Aquatics Safety Company (1-year certification)

- Water park Deep Water Lifeguard (>5’)
- Water park Shallow Water Lifeguard (<5’)
- Basic Lifeguard
- Open Water Lifeguard (excludes Ocean and Tidal waters)
### Lifeguard Pro (1-year certification)

- Certification name specifies qualification.
  - Modules
  - Waterfront Lifeguarding
  - Waterpark Lifeguarding

**NOTE:** A current challenge test is required providing that a recognized lifeguard course was taken and passed in the past four years or must retake a full lifeguard course.

### OCEAN AND TIDAL WATERS

<table>
<thead>
<tr>
<th>Organization</th>
<th>Certification Period</th>
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<tr>
<td>United States Lifesaving Association</td>
<td>3-year certification</td>
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<td>South Jersey Lifeguard Chiefs Association</td>
<td>Annual certification</td>
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<tr>
<td>North Shore Lifeguards Association</td>
<td>Annual certification</td>
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<tr>
<td>Ocean Lifesaving Association (Provisional)</td>
<td>Annual certification</td>
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<tr>
<td>NJ Certification United States Lifesaving Association</td>
<td>Annual certification</td>
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### TRAINED POOL OPERATORS CERTIFICATION

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<th>Organization</th>
<th>Certification Period</th>
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<tbody>
<tr>
<td>American Swimming Pool and Spa Assn. (ASPSA)</td>
<td>5-year certification</td>
</tr>
</tbody>
</table>
  - Licensed Aquatic Facility Technician (LAFT) |
| Association of Pool and Spa Professionals (APSP) | 5-year certification |
  - Certified Service Professional (CSP) |
| Aquatics Training Institute (ATI) | 5-year certification |
  - Commercial Pool Technician (CPT) |
| National Pool and Spa Institute (NSPI) | 5-year certification |
  - Professional Pool and Spa Operator (PPSO) |
| National Recreation and Park Association (NRPA) Aquatics | 3-year certification |
  - Aquatics Facility Operator (AFO) |
| National Swimming Pool Foundation (NSPF) | 5-year certification |
  - Certified Pool Operator (CPO) |
| North Shore Lifeguards Association (NSLA) | 3-year certification |
  - North Shore Certified Pool Operator (NSCPO) |
| Young Men’s Christian Association (YMCA) | 5-year certification |
  - Pool Operator on Location (POOL) |
<table>
<thead>
<tr>
<th>Starfish Aquatics Institute</th>
<th>AquaTech Pool Operator Certification Program</th>
<th>5-year certification</th>
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**POOL DIRECTOR CERTIFICATION**

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<th>Pool Operation Management</th>
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<tr>
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<td>Garden State Pool Director Certification</td>
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<tr>
<td><strong>American Red Cross</strong></td>
<td>Lifeguard Management with in-Person Supplement</td>
<td>3-year certification</td>
</tr>
<tr>
<td><strong>Making Waves Swim School</strong></td>
<td>New Jersey Pool Director</td>
<td>3-year certification</td>
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