



**PUBLIC HEALTH AND FOOD PROTECTION PROGRAM
New Jersey Department of Health**

**CURRENT RECOGNIZED CERTIFICATIONS
(CPR - FIRST AID - LIFEGUARDING - TRAINED POOL OPERATOR)**

CARDIOPULMONARY RESUSCITATION (CPR) CERTIFICATION

NOTE: Professional level CPR is required for all health directors at both day and residential youth camps and by at least one individual at all public recreational bathing facilities. Blended CPR courses (online courses with an instructor evaluated skills test) are recognized. Online courses without an instructor evaluated skills test are not recognized. This list may not incorporate very recent changes made by the individual certifying agencies.

American Red Cross (2-year certifications)

- CPR/AED for the Professional Rescuers and Health Care Providers
- BLS for Healthcare Providers

American Heart Association (2-year certifications)

- BLS Healthcare Provider
- ACLS (Advanced Cardiac Life Support) Healthcare Provider
- PALS (Pediatric Advanced Life Support)
P.E.A.R.S. (Pediatric Advanced Emergency Assessment Recognition and Stabilization)

American Safety and Health Institute (2-year certifications)

- CPR Pro for the Professional Rescuer
- ACLS (Advanced Cardiac Life Support)
- PALS (Pediatric Advanced Life Support)

Emergency Care and Safety Institute (2-year certifications)

- ACLS (Advanced Cardiac Life Support)
- Healthcare Provider CPR

EMS Safety Services Inc. (2-year certification)

- CPR & AED for Professional Rescuer

National Safety Council (2-year certifications)

- Emergency Medical Response
- Basic Life Support for Healthcare and Professional Rescuer

FIRST AID CERTIFICATION (2010 ECC Compliant)

NOTE: Blended first aid courses (online courses with an instructor evaluated skills test) are recognized. Online courses without an instructor evaluated skills test are not recognized. Unless otherwise noted as Advanced Level, all certifications are considered Standard Level and are not acceptable for a Health director at a residential camp facility.

American Red Cross (2-year certification)

- First Aid (good until expires)
- First Aid and CPR/AED)
- Workplace Training: (good until expires)
- Community First Aid and Safety: (good until expires)
- Sport Safety Training:
- Wilderness First Aid: Standard Level (16Hrs) (Wilderness and Remote First Aid)
- First Aid-Responding to Emergencies: Standard Level (24 Hrs)
- Emergency Response: First Aid: Advanced Level (45-50 hours)
- Emergency Medical Response (2011) Advanced Level

National Safety Council (2-year certifications)

- First Aid & CPR and AED
- Pediatric First Aid & CPR
- First Aid: (June 2011)
- Advanced First Aid: (Advanced Level 40 hr course)
- Emergency Medical Response: (Advanced Level 52 hr course)

American Safety and Health Institute (2-year certifications)

- Basic First Aid
- Wilderness First Aid
- Wilderness First Responder (Advanced Level)
- Wilderness EMT Upgrade (Advanced Level)

American Heart Association (2-year certifications)

- Heartsaver First Aid
- Heartsaver First Aid CPR/AED
- Heartsaver Pediatric First Aid

Emergency Care and Safety Institute (2-year certifications)

- First Aid, CPR, and AED, Standard
- Wilderness First Aid (Standard Level)
- First Responder (Advanced Level)

EMS Safety Services Inc. (2-year certifications)

- Basic first Aid certification 2 year

Wilderness Medical Associates (3-year certifications)

- Wilderness First Aid*
- Wilderness Advanced First Aid*
- Wilderness First Responder** (Advanced Level 5-day course)

***Requires an additional Professional level CPR to act as a Health Director.**

****Meets the requirements to be a Health Director in both day and resident camps.**

Other recognized certifications for first aid at resident camps are found at N.J.A.C. 8:25-5.2(a).

- *A physician licensed to practice medicine or osteopathy in New Jersey.*
- *A registered nurse or a licensed practical nurse licensed by the NJ State Board of Nursing.*
- *An individual who is certified in advanced first aid, as a paramedic or emergency medical technician or first responder/CIM accredited by the Department or by the American Red Cross in their First Responder training.*
- *An athletic trainer certified by the National Athletic Trainers' Association Board of Certification. (NATABOC), with the appropriate level of training provided by the National Safety Council, or an equivalent certification approved by the Department.*

Professional level CPR is also required for all health directors at both day and residential youth camps:

LIFEGUARDING CERTIFICATION

(For Swimming Pools and Lake Bathing)

American Red Cross (2-year certification)

- **Lifeguarding (pool only, includes First aid, Pro CPR)**
- **Shallow Water Attendant (pool, Max. 4', includes First aid, Pro CPR)**

Modules

- **Waterfront Lifeguarding**
- **Waterpark Lifeguarding**
- **Lifeguard Management (2012)**

Note: Older certifications remain acceptable till they expire. Latest version of Lifeguarding core module (Lifeguarding pool) must be unexpired and in combination with the additional modules to guard at waterfronts and waterparks.

Starfish Aquatics Institute (1-year certification)

- **Star Guard (pool only)**
- **additional modules required for waterpark, waterfront and wilderness**

***CPR/AED Professional Rescuer, Basic First Aid, Bloodborne Pathogens, and Emergency Oxygen certifications are issued through the American Safety & Health Institute.**

Boy Scouts of America (3-year certification)

- **BSA Lifeguard**

Ellis & Associates Inc... International Lifeguard Training Program (ILTP) (1-year certification)

- **Special Facilities Lifeguard (Water parks and open waters only)**
- **Pool Lifeguard (Max 16' depth flat pools only)**
- **Shallow Water Lifeguard (Max 5' depth flat pools only)**

NOTE: All levels of ILTP include certification in Professional Level CPR, AED, Emergency Oxygen Support and First Aid.

Young Men's Christian Association (2-year certification)

- **YMCA Lifeguard**

National Aquatics Safety Company (1-year certification)

- Water park Deep Water Lifeguard (≥5')
- Water park Shallow Water Lifeguard (<5')
- Basic Lifeguard
- Open Water Lifeguard (excludes Ocean and Tidal waters)

International Life Saving Program

- Certification name specifies qualification*

**Note: A current challenge test is required providing that a recognized lifeguard course was taken and passed in the past four years or must retake a full lifeguard course*

Lifeguard Pro (1-year certification)

- Certification name specifies qualification*

Modules

- Waterfront Lifeguarding
- Waterpark Lifeguarding

**Note: A current challenge test is required providing that a recognized lifeguard course was taken and passed in the past four years or must retake a full lifeguard course*

Ocean and Tidal Waters

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| ➤ United States Lifesaving Association | Annual certification |
| ➤ South Jersey Lifeguard Chiefs Association | Annual certification |
| ➤ North Shore Lifesaving Association | Annual certification |
| ➤ Ocean Lifesaving Association (Provisional) | Annual certification |

TRAINED POOL OPERATORS CERTIFICATION

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| American Swimming Pool and Spa Assn. (ASPSA) <ul style="list-style-type: none">➤ Licensed Aquatic Facility Technician (LAFT) | 5-year certification |
| Association of Pool and Spa Professionals (APSP) <ul style="list-style-type: none">➤ Certified Service Professional (CSP) | 5-year certification |
| Aquatics Training Institute (ATI) <ul style="list-style-type: none">➤ Commercial Pool Technician (CPT) | 5-year certification |
| National Pool and Spa Institute (NSPI) <ul style="list-style-type: none">➤ Professional Pool and Spa Operator (PPSO) | 5-year certification |

National Recreation and Park Association (NRPA)

- Aquatics Facilities Operator (AFO)

3-year certification

National Swimming Pool Foundation (NSPF)

- Certified Pool Operator (CPO)

5-year certification

North Shore Lifesaving Association (NSLA)

- North Shore Certified Pool Operator (NSCPO)

3-year certification

Young Men's Christian Association (YMCA)

- Pool Operator on Location (POOL)

5-year certification

Starfish Aquatics Institute

- AquaTech Pool Operator Certification Program

5-year certification