What is NJBRFS?

The New Jersey Behavioral Risk Factor Survey (NJBRFS) is an ongoing, anonymous telephone survey of New Jersey residents. It is partially funded by the Centers for Disease Control and Prevention (CDC) and has been conducted continuously since 1991.

The survey aims to gather representative data from residents regarding health status, chronic health conditions, preventive health behavior, and health risks. The collected data is used to support policy development, program planning, and assessment at the state and local levels.

About the Center for Health Statistics & Informatics

The Center for Health Statistics & Informatics (**CHS**) is a program in the Office of Population Health at the New Jersey Department of Health. CHS is responsible for compiling and releasing statistical information on the health of NJ residents.

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New Jersey Department of Health

TOGETHER
We can keep New Jersey healthy.

Center for Health Statistics & Informatics, a program of the Office of Population Health, New Jersey Department of Health

Who is eligible?

New Jersey residents may randomly receive a phone call to participate in NJBRFS. You must be at least 18 years old and live in a private home or college dormitory.

Who will call me?

Your caller ID will show "**New Jersey Department of Health**" is calling, indicating the call is not spam or a solicitation.

How long will the survey take?

The survey should take about 20-25 minutes to complete.

Is this confidential?

Yes. We do not ask for or collect any personally identifiable information, like your name or address.

Why should I participate?

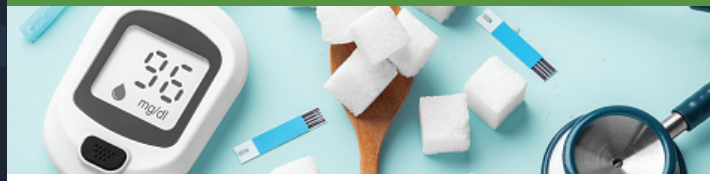
Your voice is important. By taking part in NJBRFS, you are helping us understand your health and the health of the community. You play a crucial role in supporting a healthier New Jersey.

Survey Questions

The annual NJBRFS is designed to assess health-related risk behaviors, chronic health conditions, and the use of preventive services in NJ. Health topics covered include:

- Health status
- Health care access
- Chronic health conditions
- Hypertension awareness
- Cholesterol awareness
- Exercise
- Nutrition
- Arthritis
- Disability
- Cancer screenings
- Immunizations
- Firearm safety
- Tobacco use
- Marijuana use
- Alcohol consumption

Success Stories



Diabetes Action Plan

NJBRFS data on the participation of adults in diabetes self management classes was used to evaluate program need in different counties. This data was also used for the 2017 New Jersey Diabetes Action Plan Report to understand the burden of diabetes in the state.

Tobacco Quit Centers

NJBRFS data on smoking prevalence was used to determine where to distribute funds to serve populations most in need of additional resources. This data supported funding and resources for 11 new Quit Centers. Between July 2020 and May 2022, 4,355 tobacco users were served at the 11 new Quit Centers.