

COVID-19 Vaccination Side Effects: What to Expect



Everyone six months and older should receive at least one dose of the 2024-2025 COVID-19 vaccine.

Individuals can get a COVID-19 vaccine at the same time as other vaccines, including the flu vaccine.

Vaccines can have side effects that may vary from person to person. They can start a few days after the shot but are typically mild and may include: *



- Pain, swelling, and redness on arm or leg where shot was given.
- Tiredness
- Sleepiness, irritability/crying, and decreased appetite**
- Fever/chills
- Headache
- Muscle or joint pain
- Nausea/vomiting
- Swollen lymph nodes

* Side effects are more common after additional doses in those 4-17 years of age.
** More common in those 6 months to 3 years.



- Talk with your health care provider if redness or tenderness where the shot was given gets worse after 24 hours, or side effects do not go away after a few days.
- **While severe reactions, like trouble breathing, are rare, call 911 if you think you or your child might be having a severe allergic reaction.**

For more information, visit [cdc.gov/covid/vaccines/getting-your-covid-19-vaccine.html](https://www.cdc.gov/covid/vaccines/getting-your-covid-19-vaccine.html)

To find no cost vaccines and vaccine locations, visit [nj.gov/health/vaccines/covid-19](https://www.nj.gov/health/vaccines/covid-19) or scan the QR code. You can also visit [vaccines.gov](https://www.vaccines.gov).

