

NJHealth New Jersey Department of Health

PREGNANCY AND COVID-19 VACCINES

Get the COVID-19 vaccine if you are pregnant, planning to get pregnant, or breastfeeding.

- Getting vaccinated during pregnancy helps protect you and your baby.
- Pregnant people can get the COVID-19 vaccine with other vaccines, like flu or RSV.
- You can get the COVID-19 vaccine at any point during your pregnancy.

Getting COVID-19 can be dangerous for pregnant people and their babies.

- Pregnant people who get COVID-19 are more likely to have problems like early delivery or pregnancy loss.
- Nearly 90% of babies who were hospitalized with COVID-19 had mothers who were not vaccinated during pregnancy.[1]

COVID-19 vaccines do not cause COVID-19 in pregnant people or their babies.

- None of the COVID-19 vaccines contain live virus, so they cannot give you COVID-19.
- They do not affect or change your DNA.
- They also do not affect your ability to get pregnant.

To find COVID-19 vaccines and for more information:
Visit nj.gov/health/covid-19 or scan the QR code.

*Respiratory Syncytial Virus (RSV) is a virus infecting the nose, throat, and lungs that can be dangerous for children.

[1] kffhealthnews.org/news/article/covid-coronavirus-vaccine-shot-pregnancy-babies-protection

Updated October 2026

