



# PREGNANCY, FERTILITY, AND COVID-19 VACCINES



## Get the COVID-19 vaccine if you are pregnant, planning a pregnancy, or breastfeeding.

- Vaccination during pregnancy builds antibodies (protection) that can help keep you and your baby healthy and safe.
- Nearly 90% of babies hospitalized with COVID-19 had mothers who didn't get the COVID-19 vaccine during pregnancy.<sup>1</sup>



## COVID-19 is more dangerous for pregnant people.

- Pregnant people are at higher risk for complications that can affect their pregnancy, like preterm labor (delivering before 37 weeks) and miscarriage (loss of pregnancy).



## Get the COVID-19 vaccine anytime during pregnancy.

- The Centers for Disease Control and Prevention (CDC) and other medical organizations recommend vaccination anytime during pregnancy.
- Pregnant people may get a COVID-19 vaccine and the flu shot at the same time.



## COVID-19 vaccines do not affect DNA or cause problems with getting pregnant or fertility.

- COVID-19 vaccines do not affect or mix with our DNA.
- They are also safe for people who are trying to get pregnant.



## To find COVID-19 vaccines and for more information:

- Visit [nj.gov/health/vaccines/covid-19](https://nj.gov/health/vaccines/covid-19) or scan the QR code.
- Visit [vaccines.gov](https://vaccines.gov).
- Call the CDC Information Line at 1-800-232-0233.
- Visit [cdc.gov/covid/vaccines/pregnant-or-breastfeeding.html](https://cdc.gov/covid/vaccines/pregnant-or-breastfeeding.html).

