



State of New Jersey

DEPARTMENT OF HEALTH

OFFICE OF EMERGENCY MEDICAL SERVICES

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Approved CPR Certifications & Guidance

Updated: May 3, 2024

- Current New Jersey regulations, N.J.A.C. 8:40, N.J.A.C. 8:40A, N.J.A.C. 8:41 and N.J.A.C. 8:41A, define “CPR Certification” as a valid certification in cardiopulmonary resuscitation to the level of Professional Rescuer or Health Care Provider as issued by the American Heart Association (AHA), the American Red Cross (ARC), the National Safety Council (NSC), or other entity determined by the Department to comply with AHA CPR guidelines
- All Emergency Medical Technician (EMT) candidates are required to complete cardiopulmonary resuscitation (CPR) training prior to the first day of their EMT education and present a valid CPR card and government issued photo identification card for admittance to the National Registry Emergency Medical Technician (NREMT) examination
- In accordance with N.J.A.C. 8:40, N.J.A.C. 8:40A, N.J.A.C. 8:41 and N.J.A.C. 8:41A, all MAVTs, EMTs, Paramedics, MICNs, ACM-FNs and ACM-FPs are required to carry their CPR, proof of certification level (i.e., EMT Card, Paramedic Card), and a valid photo identification card with them while practicing within New Jersey
- The New Jersey Department of Health (the Department) Office of Emergency Medical Services (OEMS) will also accept a valid CPR certification in the form of an eCard. Photocopies and letters of participation from instructors are *NOT* accepted
- OEMS does not recognize CPR training programs that are taught strictly online. CPR certifications must be obtained through an instructor led program with skills verification, a written examination, and include both one and two rescuer CPR (infant, child & adult), use of a bag-valve mask ventilation device (BVM) and semi-automatic external defibrillator (SAED) training

Accepted CPR Certifications

Training Agency	Certification Level
AAOS/ACEP Emergency Care and Safety Institute	Healthcare Provider
American Aquatics and Safety Training	CPR/AED
American Heart Association (AHA)	Basic Life Support (BLS)
American Red Cross (ARC)	Professional Rescuer
American Red Cross (ARC)	Basic Life Support (BLS)
American Red Cross (ARC)	CPR/AED for Professional Rescuers (CPRO)
American Red Cross (ARC)	Lifeguarding/First Aid/CPR/AED
American Safety & Health Institute (HSI)	Professional Rescuer
American Safety & Health Institute (HSI)	Basic Life Support (BLS)
EMS Safety	BLS for Healthcare Providers Professional
Military Training Network	Professional Rescuer
National Safety Council	Basic Life Support for Health Care & Professional Rescuers