

# Right to Know Hazardous Substance Fact Sheet

Common Name: NITRIC OXIDE

Synonyms: Nitrogen Monoxide Chemical Name: Nitrogen Oxide

Date: August 1999 Revision: August 2009

# Description and Use

**Nitric Oxide** is a colorless gas with a sharp odor. It is the main component of photochemical smog and occurs as a byproduct of tobacco smoke, and propane, diesel and gasoline engine exhaust. It is also used as bleaching agent for rayon and for making *Nitric Acid* and other *Nitrogen compounds*.

# ► ODOR THRESHOLD = 0.3 to 1 ppm

▶ Odor thresholds vary greatly. Do not rely on odor alone to determine potentially hazardous exposures.

#### Reasons for Citation

▶ Nitric Oxide is on the Right to Know Hazardous Substance List because it is cited by OSHA, ACGIH, DOT, NIOSH, DEP, IRIS, NFPA and EPA.

# SEE GLOSSARY ON PAGE 5.

# FIRST AID

#### **Eye Contact**

▶ Immediately flush with large amounts of water for at least 15 minutes, lifting upper and lower lids. Remove contact lenses, if worn, while rinsing.

# **Skin Contact**

► Remove contaminated clothing and wash contaminated skin with soap and water.

#### Inhalation

- ▶ Remove the person from exposure.
- Begin rescue breathing (using universal precautions) if breathing has stopped and CPR if heart action has stopped.
- ► Transfer promptly to a medical facility.
- ► Medical observation is recommended for 24 to 48 hours after overexposure, as pulmonary edema may be delayed.

#### **EMERGENCY NUMBERS**

Poison Control: 1-800-222-1222 CHEMTREC: 1-800-424-9300 NJDEP Hotline: 1-877-927-6337

National Response Center: 1-800-424-8802

CAS Number: 10102-43-9

RTK Substance Number: 1357

DOT Number: UN 1660

#### EMERGENCY RESPONDERS >>>> SEE LAST PAGE

# **Hazard Summary**

Hazard Rating	NJDOH	NFPA
HEALTH	3	3
FLAMMABILITY	0	0
REACTIVITY	2	0

REACTIVE AND STRONG OXIDIZER
POISONOUS GASES ARE PRODUCED IN FIRE
CONTAINERS MAY EXPLODE IN FIRE

Hazard Rating Key: 0=minimal; 1=slight; 2=moderate; 3=serious; 4=severe

- ▶ Nitric Oxide can affect you when inhaled.
- ► Contact can irritate the skin and eyes.
- ▶ Inhaling Nitric Oxide can irritate the nose and throat.
- ▶ Inhaling Nitric Oxide can irritate the lungs. Higher exposures may cause a build-up of fluid in the lungs (pulmonary edema), a medical emergency.
- ▶ High levels of this substance may reduce the blood's ability to transport *Oxygen*, causing headache, fatigue, dizziness, and a blue color to the skin and lips (*methemoglobinemia*).
- ▶ Repeated high exposure can damage the teeth and can cause headache, dizziness, nausea and vomiting, unconsciousness and death.
- ▶ Nitric Oxide is REACTIVE and a DANGEROUS EXPLOSION HAZARD.
- Nitric Oxide is not combustible, but it is a STRONG OXIDIZER that enhances the combustion of other substances.
- ▶ Nitric Oxide is converted spontaneously in air to Nitrogen Dioxide. For more information, consult the Right to Know Hazardous Substance Fact Sheet on NITROGEN DIOXIDE.

# Workplace Exposure Limits

OSHA: The legal airborne permissible exposure limit (PEL) is **25 ppm** averaged over an 8-hour workshift.

NIOSH: The recommended airborne exposure limit (REL) is **25 ppm** averaged over a 10-hour workshift.

ACGIH: The threshold limit value (TLV) is **25 ppm** averaged over an 8-hour workshift.

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# **Determining Your Exposure**

- ▶ Read the product manufacturer's Material Safety Data Sheet (MSDS) and the label to determine product ingredients and important safety and health information about the product mixture.
- ► For each individual hazardous ingredient, read the New Jersey Department of Health Hazardous Substance Fact Sheet, available on the RTK website (<a href="www.nj.gov/health/eoh/rtkweb">www.nj.gov/health/eoh/rtkweb</a>) or in your facility's RTK Central File or Hazard Communication Standard file.
- ➤ You have a right to this information under the New Jersey Worker and Community Right to Know Act, the Public Employees Occupational Safety and Health (PEOSH) Act if you are a public worker in New Jersey, and under the federal Occupational Safety and Health Act (OSHA) if you are a private worker.
- ▶ The New Jersey Right to Know Act requires most employers to label chemicals in the workplace and requires public employers to provide their employees with information concerning chemical hazards and controls. The federal OSHA Hazard Communication Standard (29 CFR 1910.1200) and the PEOSH Hazard Communication Standard (N.J.A.C. 12:100-7) require employers to provide similar information and training to their employees.

This Fact Sheet is a summary of available information regarding the health hazards that may result from exposure. Duration of exposure, concentration of the substance and other factors will affect your susceptibility to any of the potential effects described below.

### **Health Hazard Information**

#### **Acute Health Effects**

The following acute (short-term) health effects may occur immediately or shortly after exposure to **Nitric Oxide**:

- ▶ Contact can irritate the skin and eves.
- ▶ Inhaling Nitric Oxide can irritate the nose and throat.
- ▶ Inhaling Nitric Oxide can irritate the lungs causing coughing and/or shortness of breath. Higher exposures may cause a build-up of fluid in the lungs (pulmonary edema), a medical emergency, with severe shortness of breath.
- ► High levels of this substance may reduce the blood's ability to transport Oxygen, causing headache, fatigue, dizziness, and a blue color to the skin and lips (methemoglobinemia). Exposure to very high levels may cause trouble breathing, collapse and even death.

#### **Chronic Health Effects**

The following chronic (long-term) health effects can occur at some time after exposure to **Nitric Oxide** and can last for months or years:

#### Cancer Hazard

► According to the information presently available to the New Jersey Department of Health, **Nitric Oxide** has not been tested for its ability to cause cancer in animals.

#### Reproductive Hazard

► According to the information presently available to the New Jersey Department of Health, **Nitric Oxide** has not been tested for its ability to affect reproduction.

#### Other Effects

- ► Nitric Oxide can irritate the lungs. Repeated exposure may cause bronchitis to develop with coughing, phlegm, and/or shortness of breath.
- ► Repeated high exposure can damage the teeth and can cause headache, dizziness, nausea and vomiting, unconsciousness and death.

#### Medical

# **Medical Testing**

For frequent or potentially high exposure (half the PEL or greater), the following is recommended before beginning work and at regular times after that:

▶ Blood methemoglobin level

If symptoms develop or overexposure is suspected, the following is recommended:

► Consider chest x-ray after acute overexposure

Any evaluation should include a careful history of past and present symptoms with an exam. Medical tests that look for damage already done are <u>not</u> a substitute for controlling exposure.

Request copies of your medical testing. You have a legal right to this information under the OSHA Access to Employee Exposure and Medical Records Standard (29 CFR 1910.1020).

#### Mixed Exposures

Smoking can cause heart disease, lung cancer, emphysema, and other respiratory problems. It may worsen respiratory conditions caused by chemical exposure. Even if you have smoked for a long time, stopping now will reduce your risk of developing health problems. NITRIC OXIDE Page 3 of 6

# Workplace Controls and Practices

Very toxic chemicals, or those that are reproductive hazards or sensitizers, require expert advice on control measures if a less toxic chemical cannot be substituted. Control measures include: (1) enclosing chemical processes for severely irritating and corrosive chemicals, (2) using local exhaust ventilation for chemicals that may be harmful with a single exposure, and (3) using general ventilation to control exposures to skin and eye irritants. For further information on workplace controls, consult the NIOSH document on Control Banding at www.cdc.gov/niosh/topics/ctrlbanding/.

The following work practices are also recommended:

- ▶ Label process containers.
- ▶ Provide employees with hazard information and training.
- ▶ Monitor airborne chemical concentrations.
- Use engineering controls if concentrations exceed recommended exposure levels.
- ▶ Provide eye wash fountains and emergency showers.
- Wash or shower if skin comes in contact with a hazardous material.
- ▶ Always wash at the end of the workshift.
- Change into clean clothing if clothing becomes contaminated.
- ▶ Do not take contaminated clothing home.
- ▶ Get special training to wash contaminated clothing.
- ▶ Do not eat, smoke, or drink in areas where chemicals are being handled, processed or stored.
- Wash hands carefully before eating, smoking, drinking, applying cosmetics or using the toilet.

In addition, the following may be useful or required:

- Specific actions are required for this chemical by OSHA.
   Refer to the OSHA Compressed gases Standard (29 CFR 1910.101).
- ► Where possible, transfer **Nitric Oxide** from cylinders or other containers to process containers in an enclosed system.
- ► Purge systems with *inert gas* to prevent formation of *Nitric Acid* and *Nitrogen Dioxide*.

# Personal Protective Equipment

The OSHA Personal Protective Equipment Standard (29 CFR 1910.132) requires employers to determine the appropriate personal protective equipment for each hazard and to train employees on how and when to use protective equipment.

The following recommendations are only guidelines and may not apply to every situation.

# **Gloves and Clothing**

- Avoid skin contact with Nitric Oxide. Wear personal protective equipment made from material which can not be permeated or degraded by this substance. Safety equipment suppliers and manufacturers can provide recommendations on the most protective glove and clothing material for your operation.
- Safety equipment manufacturers recommend Teflon® for gloves and Tychem® TK and Zytron® 500, or the equivalent, as protective clothing materials.

► All protective clothing (suits, gloves, footwear, headgear) should be clean, available each day, and put on before work.

#### **Eye Protection**

- Wear non-vented, impact resistant goggles when working with fumes, gases, or vapors.
- Wear a face shield along with goggles when working with corrosive, highly irritating or toxic substances.
- ▶ Do not wear contact lenses when working with this substance.

#### **Respiratory Protection**

Improper use of respirators is dangerous. Respirators should only be used if the employer has implemented a written program that takes into account workplace conditions, requirements for worker training, respirator fit testing, and medical exams, as described in the OSHA Respiratory Protection Standard (29 CFR 1910.134).

- Where the potential exists for exposure over 25 ppm, use a NIOSH approved full facepiece respirator with a cartridge which is specifically approved for Nitric Oxide. Increased protection is obtained from full facepiece powered-air purifying respirators.
- ▶ Leave the area immediately if (1) while wearing a filter or cartridge respirator you can smell, taste, or otherwise detect **Nitric Oxide**, (2) while wearing particulate filters abnormal resistance to breathing is experienced, or (3) eye irritation occurs while wearing a full facepiece respirator. Check to make sure the respirator-to-face seal is still good. If it is, replace the filter or cartridge. If the seal is no longer good, you may need a new respirator.
- Consider all potential sources of exposure in your workplace. You may need a combination of filters, prefilters or cartridges to protect against different forms of a chemical (such as vapor and mist) or against a mixture of chemicals.
- Where the potential for high exposure exists, use a NIOSH approved supplied-air respirator with a full facepiece operated in a pressure-demand or other positive-pressure mode. For increased protection use in combination with an auxiliary self-contained breathing apparatus or an emergency escape air cylinder.
- ▶ Exposure to **100 ppm** is immediately dangerous to life and health. If the possibility of exposure above **100 ppm** exists, use a NIOSH approved self-contained breathing apparatus with a full facepiece operated in a pressure-demand or other positive-pressure mode equipped with an emergency escape air cylinder.

#### Fire Hazards

If employees are expected to fight fires, they must be trained and equipped as stated in the OSHA Fire Brigades Standard (29 CFR 1910.156).

- Nitric Oxide is not combustible, but it is a STRONG OXIDIZER that enhances the combustion of other substances.
- ► Extinguish fire using an agent suitable for type of surrounding fire.
- ► POISONOUS GASES ARE PRODUCED IN FIRE, including Nitrogen Oxides.
- ► CONTAINERS MAY EXPLODE IN FIRE.
- ▶ Use water spray to keep fire-exposed containers cool.
- ▶ Nitric Oxide may ignite combustibles (wood, paper and oil).

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# Spills and Emergencies

If employees are required to clean-up spills, they must be properly trained and equipped. The OSHA Hazardous Waste Operations and Emergency Response Standard (29 CFR 1910.120) may apply.

If Nitric Oxide is leaked, take the following steps:

- Evacuate personnel and secure and control entrance to the area.
- ▶ Eliminate ignition sources.
- ▶ Ventilate area of leak to disperse the gas.
- ▶ Stop flow of gas. If source of leak is a cylinder and the leak cannot be stopped in place, remove the leaking cylinder to a safe place in the open air, and repair leak or allow cylinder to empty.
- ▶ Ventilate area of spill or leak.
- ▶ Purge system with *inert gas* prior to repairs.
- ▶ It may be necessary to contain and dispose of Nitric Oxide as a HAZARDOUS WASTE. Contact your state Department of Environmental Protection (DEP) or your regional office of the federal Environmental Protection Agency (EPA) for specific recommendations.

# Handling and Storage

Prior to working with **Nitric Oxide** you should be trained on its proper handling and storage.

- ▶ Nitric Oxide reacts with AIR, OXYGEN, WATER and MOISTURE to form toxic and corrosive Nitric Acid and Nitrogen Dioxide.
- ► Nitric Oxide may react violently or explosively with HALOGENS (such as FLUORINE and CHLORINE); NITROGEN TRICHLORIDE; OZONE; and CHLORINE MONOXIDE.
- ▶ Nitric Oxide is not compatible with OXIDIZING AGENTS (such as PERCHLORATES, PEROXIDES, PERMANGANATES, CHLORATES and NITRATES); COMBUSTIBLES; REDUCING AGENTS (such as LITHIUM, SODIUM, ALUMINUM and their HYDRIDES); POTASSIUM; BORON; CARBON DISULFIDE; FUELS; CHLORINATED HYDROCARBONS (such as TRICHLOROETHYLENE and METHYLENE CHLORIDE); OLEFINS; METALS (such as IRON, MANGANESE and MAGNESIUM); and METAL SALTS.
- Store in tightly closed containers in a cool, well-ventilated area away from MOISTURE and SUNLIGHT.

# Occupational Health Information Resources

The New Jersey Department of Health offers multiple services in occupational health. These services include providing informational resources, educational materials, public presentations, and industrial hygiene and medical investigations and evaluations.

#### For more information, please contact:

New Jersey Department of Health Right to Know

PO Box 368

Trenton, NJ 08625-0368

Phone: 609-984-2202 Fax: 609-984-7407

E-mail: rtk@doh.state.nj.us

Web address: http://www.nj.gov/health/eoh/rtkweb

The Right to Know Hazardous Substance Fact Sheets are not intended to be copied and sold for commercial purposes.

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#### **GLOSSARY**

**ACGIH** is the American Conference of Governmental Industrial Hygienists. They publish guidelines called Threshold Limit Values (TLVs) for exposure to workplace chemicals.

**Acute Exposure Guideline Levels** (AEGLs) are established by the EPA. They describe the risk to humans resulting from once-in-a lifetime, or rare, exposure to airborne chemicals.

**Boiling point** is the temperature at which a substance can change its physical state from a liquid to a gas.

A **carcinogen** is a substance that causes cancer.

The **CAS number** is unique, identifying number, assigned by the Chemical Abstracts Service, to a specific chemical.

**CFR** is the Code of Federal Regulations, which are the regulations of the United States government.

A combustible substance is a solid, liquid or gas that will burn.

A **corrosive** substance is a gas, liquid or solid that causes destruction of human skin or severe corrosion of containers.

The **critical temperature** is the temperature above which a gas cannot be liquefied, regardless of the pressure applied.

**DEP** is the New Jersey Department of Environmental Protection.

**DOT** is the Department of Transportation, the federal agency that regulates the transportation of chemicals.

**EPA** is the Environmental Protection Agency, the federal agency responsible for regulating environmental hazards.

**ERG** is the Emergency Response Guidebook. It is a guide for emergency responders for transportation emergencies involving hazardous substances.

**Emergency Response Planning Guideline** (ERPG) values provide estimates of concentration ranges where one reasonably might anticipate observing adverse effects.

A fetus is an unborn human or animal.

A **flammable** substance is a solid, liquid, vapor or gas that will ignite easily and burn rapidly.

The **flash point** is the temperature at which a liquid or solid gives off vapor that can form a flammable mixture with air.

**IARC** is the International Agency for Research on Cancer, a scientific group.

**Ionization Potential** is the amount of energy needed to remove an electron from an atom or molecule. It is measured in electron volts.

**IRIS** is the Integrated Risk Information System database on human health effects that may result from exposure to various chemicals, maintained by federal EPA.

**LEL** or **Lower Explosive Limit**, is the lowest concentration of a combustible substance (gas or vapor) in the air capable of continuing an explosion.

mg/m<sup>3</sup> means milligrams of a chemical in a cubic meter of air. It is a measure of concentration (weight/volume).

A **mutagen** is a substance that causes mutations. A **mutation** is a change in the genetic material in a body cell. Mutations can lead to birth defects, miscarriages, or cancer.

**NFPA** is the National Fire Protection Association. It classifies substances according to their fire and explosion hazard.

**NIOSH** is the National Institute for Occupational Safety and Health. It tests equipment, evaluates and approves respirators, conducts studies of workplace hazards, and proposes standards to OSHA.

**NTP** is the National Toxicology Program which tests chemicals and reviews evidence for cancer.

**OSHA** is the federal Occupational Safety and Health Administration, which adopts and enforces health and safety standards.

**PEOSHA** is the New Jersey Public Employees Occupational Safety and Health Act, which adopts and enforces health and safety standards in public workplaces.

**Permeated** is the movement of chemicals through protective materials.

**ppm** means parts of a substance per million parts of air. It is a measure of concentration by volume in air.

**Protective Action Criteria** (PAC) are values established by the Department of Energy and are based on AEGLs and ERPGs. They are used for emergency planning of chemical release events.

A **reactive** substance is a solid, liquid or gas that releases energy under certain conditions.

**STEL** is a Short Term Exposure Limit which is usually a 15-minute exposure that should not be exceeded at any time during a work day.

A **teratogen** is a substance that causes birth defects by damaging the fetus.

**UEL** or **Upper Explosive Limit** is the highest concentration in air above which there is too much fuel (gas or vapor) to begin a reaction or explosion.

**Vapor Density** is the ratio of the weight of a given volume of one gas to the weight of another (usually *Air*), at the same temperature and pressure.

The **vapor pressure** is a force exerted by the vapor in equilibrium with the solid or liquid phase of the same substance. The higher the vapor pressure the higher concentration of the substance in air.



# Right to Know Hazardous Substance Fact Sheet



Common Name: NITRIC OXIDE

Synonyms: Nitrogen Monoxide

CAS No: 10102-43-9 Molecular Formula: NO RTK Substance No: 1357

Description: Colorless gas with a sharp odor that spontaneously converts to Nitrogen Dioxide in air

HAZARD DATA			
Hazard Rating	Firefighting	Reactivity	
3 - Health 0 - Fire	REACTIVE AND STRONG OXIDIZER that enhances the combustion of other substances.	Nitric Oxide reacts with AIR, OXYGEN, WATER and MOISTURE to form toxic and corrosive Nitric Acid and Nitrogen Dioxide.	
2 - Reactivity  DOT#: UN 1660  ERG Guide #: 124  Hazard Class: 2.3  (Toxic gas)	Extinguish fire using an agent suitable for type of surrounding fire. POISONOUS GASES ARE PRODUCED IN FIRE, including <i>Nitrogen Oxides</i> . CONTAINERS MAY EXPLODE IN FIRE. Use water spray to keep fire-exposed containers cool.  Nitric Oxide may ignite combustibles (wood, paper and oil).	Nitric Oxide may react violently or explosively with HALOGENS (such as FLUORINE and CHLORINE); NITROGEN TRICHLORIDE; OZONE; and CHLORINE MONOXIDE. Nitric Oxide is not compatible with OXIDIZING AGENTS (such as PERCHLORATES, PEROXIDES, PERMANGANATES, CHLORATES and NITRATES); COMBUSTIBLES; REDUCING AGENTS (such as LITHIUM, SODIUM, ALUMINUM and their HYDRIDES); POTASSIUM; BORON; CARBON DISULFIDE; FUELS; CHLORINATED HYDROCARBONS (such as TRICHLOROETHYLENE and METHYLENE CHLORIDE); OLEFINS; METALS (such as IRON, MANGANESE and MAGNESIUM); and METAL SALTS.	

# SPILL/LEAKS

#### **Isolation Distance:**

Small Spill: 30 meters (100 feet) Large Spill: 100 meters (300 feet) Fire: 800 meters (1/2 mile)

Stop flow of gas. If source of leak is a cylinder and the leak cannot be stopped in place, remove the leaking cylinder to a safe place in the open air, and repair leak or allow cylinder to empty.

Purge system with *inert gas* prior to repairs.

# PHYSICAL PROPERTIES

Odor Threshold:0.3 to 1 ppmFlash Point:NonflammableVapor Density:1.04 (air = 1)

**Vapor Pressure:** 26,000 mm Hg at 68°F (20°C)

Specific Gravity: 1.3 (water = 1)
Water Solubility: Soluble

vater colubility.

**Boiling Point:** -177° to -241°F (-116° to -152°C) **Freezing Point:** -198° to -263°F (-128° to -164°C)

**Critical Temperature:** -135°F (-93°C)

Molecular Weight: 30.01

# **EXPOSURE LIMITS**

**OSHA:** 25 ppm, 8-hr TWA **NIOSH:** 25 ppm, 8-hr TWA **ACGIH:** 25 ppm, 8-hr TWA

IDLH: 100 ppm

The Protective Action Criteria values are:

PAC-1 = 0.61 ppm PAC-2 = 14.7 ppm PAC-3 = 24.5 ppm

# PROTECTIVE EQUIPMENT

**Gloves:** Teflon® (>4-hr breakthrough)

**Coveralls:** Tychem® TK and Zytron® 500 (>8-hr breakthrough)

Respirator: SCBA

# **HEALTH EFFECTS**

Eyes: Irritation
Skin: Irritation

**Inhalation:** Nose, throat and lung irritation with

coughing and severe shortness of breath

(pulmonary edema)

Headache, fatigue and blue color to the skin and lips (methemoglobinemia)

# FIRST AID AND DECONTAMINATION

Remove the person from exposure.

**Flush** eyes with large amounts of water for at least 15 minutes. Remove contact lenses if worn.

Remove contaminated clothing and wash contaminated skin with soap and water

Begin artificial respiration if breathing has stopped and CPR if necessary.

Transfer promptly to a medical facility.

**Medical** observation is recommended as symptoms may be delayed.